

ST. CATHERINE, WHITESTONE

with

Pathfinder Village

and

ST. THOMAS, OLDRIDGE

Parish Magazine



*St. Catherine's Church, Whitestone 1841
(drawn from Nature and on Stone by W. Spreat)*

Rector

Reverend Martin Wood, The Rectory, Church Lane, Cheriton Bishop EX6 6HY 01647 24119

Whitestone and Oldridge Churchwarden

Dr. Jane Richards, Quarryfield House, Whitestone (01392 811492)

NORTH KENN MISSION COMMUNITY

SERVICES FOR AUGUST 2013

Sunday August 4th

8.00 am	Whitestone	Holy Communion	Canon John Tutton
9.30 am	Holcombe Burnell	Parish Communion	Revd Tim Gorringe
11.00 am	Tedburn St Mary	at the Methodist Church	
3.00 am	Pathfinder	Holy Communion	Canon Geoffrey Moore
6.00 pm	Cheriton Bishop	Evening Prayer	Lay led

Sunday August 11th

9.30 am	Whitestone	Parish Communion	Canon John Tutton
9.30 am	Holcombe Burnell	Holy Communion	Revd David Ursell
11.00 am	Cheriton Bishop	Family Service	Canon John Tutton
3.00 am	Pathfinder	Prayer and Fellowship	
6.00 pm	Tedburn St Mary	Evening Prayer	Lay led

Sunday August 18th

8.00 am	Tedburn St Mary	Holy Communion	Canon John Tutton
9.30 am	Cheriton Bishop	Parish Communion	Revd Tim Gorringe
11.00 am	Whitestone	Summer Event - Songs, Picnic & Tower visits	
3.00 am	Pathfinder	Evensong	Lay led
6.00 pm	Holcombe Burnell	Evensong	Lay led

Sunday August 25th

8.00 am	Cheriton Bishop	Holy Communion	Revd Tim Gorringe
9.30 am	Tedburn St Mary	Parish Communion	Revd Martin Wood
11.00 am	Holcombe Burnell	Family Service	Revd Martin Wood
3.00 pm	Pathfinder	United Service	
6.00 pm	Whitestone	Evening Prayer	Revd Martin Wood

Every Thursday 10.30 am Pathfinder Holy Communion (BCP)

August 1st	Canon Geoffrey Moore;
August 8th	Canon John Tutton
August 15th	Canon John Tutton
August 22nd	Revd Martin Wood
August 29th	Revd Martin Wood

Do you remember Super Saturday?

It is a year ago, on day eight of the 2012 London Olympics, that Great Britain won six gold medals. It was called Super Saturday, the greatest Olympic day in our history. Saturday started with two successive golds at Eton Dorney to cap the most successful Olympic rowing regatta for Great Britain. It ended with the nation enjoying its best ever athletics session at a summer Games as three gold medals came in the space of just an hour. Sandwiched in between, there was another track cycling success to savour, as the women's team pursuit took gold in the London Velodrome with another world record. Great Britain took their tally of gold medals at London 2012 to 29, giving them third place in the table, with only the United States and China above them. Depending on how you count the medals, on gold medals alone Great Britain came third overall or on total medals we were fourth overall. There have been whole Olympic games where the Great Britain team have won less than six golds in the entire games and ended up as low as thirty six in the medals table. We would have to go back over 100 years to be ranked third in the medals table. The question that needs looking at is why has team Great Britain done so well in this last Olympic games. The obvious answer might be home advantage. The competitors have been able to prepare at the Olympic venues. They are able to stay in their normal environment instead of travelling to a foreign climate and culture. The support of the home crowd can bring out the best performances. The home advantage can be huge as long as the ability is there to be released. However, the national lottery funding of the athletes training programme is surely the biggest factor in the enhanced performance. Since the national lottery funding has come into place we have risen from tenth place to fourth and now third.

It is clear that it is the investment of time and money that brings real change. It is worth remembering that this does not just apply at the elite level, but it has to filter down to the grass roots level as well. It is very clear in the bible it is at grass roots level that God has particular interest. The parable of the lost sheep reminds us that God looks for the one lost sheep and leaves the other ninety nine behind to find that lost sheep. Unlike the gold medal table which measure winners, the Christian faith looks for those left behind and offers help to bring them along rather than leave them behind. It is very much about taking part rather than focusing on first place. Coming last and helping someone else has its own rewards.

Rev. Martin Wood. The Rectory, Church Lane, Cheriton Bishop EX6 6HY 01647 24119 (Tuesday to Sunday)

DAILY OFFICE (MATTINS AND EVENSONG)

Martin will be saying the Daily Office (Mattins and Evensong) in each of the churches once a week at 9.00 am and 3.00 pm as follows:

Tuesday: Holcombe Burnell

Wednesday: Tedburn St. Mary

Thursday: Cheriton Bishop

Friday: Whitestone

He will be very pleased to see anyone who wishes to join him or speak to him at these times as well.

We extend our sympathy to the Wood family on the death of Martin's mother whose funeral was at Cheriton Bishop on Friday, 19th July 2013.



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**On Sunday August 18th
at St Catherine's Church**

we are having a

SPECIAL FAMILY SUMMER HOLIDAY EVENT

starting at **11.00 am**

Songs and hymns - what's your favourite ?
(Let John and Ruth Hutchinson know on 01647 61401)

Children's Treasure Hunt/Quiz

Inside church tours

Picnic in the churchyard - Bring your own Picnic

and finally - by popular acclaim -
Tower Visits from 2.0.pm

EVEN SUNDAYS CAN BE SURPRISING !

In preparation of the Summer Event, the
Annual Churchyard Working Party

will take place on **Saturday 10th August**
starting at 10.00 am.

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THOUGHTS ABOUT WHITESTONE

Having moved from the suburbs of London nine years ago, I have been amazed at the wonderful sense of community spirit here in Whitestone.

I feel very happy and honoured to be here, surrounded by such lovely, lovely people! The care and compassion of all of the villagers never ceases to amaze me! I don't have a bad word to say about anyone here, everyone is so kind.

If there was an award for the most loving, tightly knit community, we would win hands down without a doubt! Maybe we should make up a new award!

Anyway, thanks for all the lifts!
Much love,
Annie Hanson

HARVEST CELEBRATIONS

This year, the Harvest Celebrations will take place on **Sunday September 22nd**.

At 6.00 pm, there will be Songs of Praise in St Catherine's Church followed by a Harvest Supper in the Parish Hall featuring the Great Whitestone Bake Off for a plaited loaf.

If you want to compete, please use the recipe below.

Entertainment will be provided by the Whitestone Handbell Ringers.

Plaited Loaf Recipe

500g Strong bread flour white/ wholemeal or a mixture of your choice
350g Water, at blood temperature
10g Fresh yeast (or 5g dried yeast)
10g Salt.

Method

Put flour in large bowl and rub in yeast or add dried yeast. Add salt and mix to soft dough with measured water. Work into a ball and then tip onto a work surface and knead until glossy and no longer sticking to surface. Lightly flour bowl and replace ball of dough in to it and cover with a clean tea towel. Leave until doubled in size. Tip out onto a lightly floured surface and work it until air bubbles are removed. Shape into a plaited loaf of your choice, 3 strands or, if you are feeling adventurous, 6 strands! Leave on greased baking sheet to prove until doubled in size, covered with tea towel. Preheat oven to 225°C or gas mark 8 and bake for approximately 25 ins. When cooked, the loaf should sound hollow when tapped on the bottom.

ADVANCE NOTICE

ENQUIRER'S COURSE

A new enquirers' course for those interested in investigating Christianity will begin on **2 October 2013.**

The course will take place over seven evenings at the home of Freddie & Emma Hawkins.

For more information or to register your interest please email: freddie_hawkins@yahoo.com or call Freddie on 811226.

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WHITESTONE PARISH COUNCIL MEETING HELD AT WHITESTONE PARISH HALL ON THURSDAY 27TH JUNE 2013 AT 7.30PM

Attendance: Chairman – Councillor P Nierop
Councillors Mrs M Belt, Mrs P Fisher, L Hickman, Mrs L Luxton, D Munro, R Phillips, A Reed
Mrs P Vaughan, Clerk to the Council
Mrs Greenfield
Apologies: Councillors S Heathcote (illness), M Quinn (illness),

The Chairman opened the meeting which was to discuss necessary building work at School Houses to provide a long term solution to damp problems arising from the chimney construction.

Councillor R Phillips declared an interest as his son has undertaken work for the Council.

47. Report by Asset Management Group on School Houses

47.1 Estimates and decisions on building work required for chimneys were discussed with the following quotations being considered.

Three sets of quotations for either:-

Taking down chimneys and rebuilding at a cost of

1. £7,611.00 +VAT
2. £13,398 + VAT or an alternative £11,393.00 + VAT
3. £9,200 (no VAT)

Removing chimneys

1. £5,384.50 + VAT
2. £5,732.00 + VAT
3. £11,200 (no VAT)

To removing render and re-pointing etc. £7,400

These quotations were discussed and Cllr Reed confirmed that Teignbridge District Council Planning Department had advised that there were no planning issues arising from these proposals. On a recommendation from the Asset Management Group it was proposed and seconded that the chimneys should be removed but the use of one chimney retained by installing a stainless steel flue. All in favour with one abstention.

47.2 Following further discussion the quotation 2 for removing chimneys from Skinner Construction at a cost of £5,732.00 was proposed and seconded for acceptance with all in favour as it offered best value.

47.3 Discussion then took place on the proposal from the Asset Management Group for the handing over of the management of all building work to the Letting Agents. Cllr Reed and Cllr Hickman had paid a visit to Devon Lettings and they are willing to implement this by obtaining estimates and liaising with the Asset Group for further work required which includes the refurbishment of the bathroom at No 1.

48. Finance

The following accounts for work carried out at School Houses were proposed and seconded. All in favour:-

- | | |
|--|---------|
| 48.1 Hire of dehumidifier | £162.12 |
| 48.2 Interior work | £496.20 |
| 48.3 Agreed works for wall to front of 2 School Houses | £350.00 |
| 48.4 Additional work at front of 2 School Houses | £333.40 |

PUBLIC PARTICIPATION

Mrs Greenfield said that she was sorry that the decision had been made to remove the chimneys at School Houses.

The meeting closed at 8.15pm.

MINGO FABRICATION

Tony Mingo

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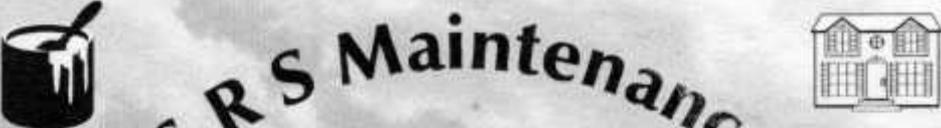
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WHITESTONE PARISH COUNCIL - JULY 2013

DRAFT MINUTES of Whitestone Parish Council meeting held at Whitestone Parish Hall on Thursday 11th July 2013 at 7.30pm to be ratified at Parish Council meeting on 12th September 2013

Attendance:

Chairman – Councillor P Nierop
Councillors Mrs M Belt, Mrs P Fisher, S Heathcote,
L Hickman, Mrs L Luxton, D Munro,
R Phillips, M Quinn. A Reed.

District Councillor P Bromell

County Councillor J Brook

Mrs P Vaughan, Clerk to the Council

Mrs B Netherway, Mrs S Greenfield

The meeting was preceded by the July Draw for the 100 Club in support of the Parish Hall Development Fund. The lucky number was 24 belonging to Vicky Bryant.

The Chairman opened the meeting and the minutes of the Parish Council Meetings held on 13th June and 27th June 2013 having been circulated were taken as read and signed as a true copy by the Chairman.

PLANNING

Planning Application

13/01771/TPO Felling of one tree at Whitestone House. Notification received that this application has been withdrawn.

Refusal of variation of condition following grant of planning permission

13/00448/VAR Removal of condition 8 on planning permission 506/72 limiting occupation by agricultural worker only at Farm Barton

Grant of Conditional Planning

13/01191/VAR Variation of Condition 2 on planning permission 12/03442/FUL to change roof to natural slate at Nadder Park, Nadderwater

MATTERS FOR DISCUSSION

Road signs for Merrymeet and Marylands

Cllr Belt brought to the attention of the meeting the lack of street signing for Marylands and much of Merrymeet which resulted in confusion for delivery vehicles and post. Following discussion the Clerk was instructed to contact Teignbridge District Council regarding the possibility of signing being erected.

Crossway Park

The Annual Inspection Report, having been circulated to Councillors, was discussed. Some items had been noted which were of low/very low risk and Cllr Munro and Cllr Phillips volunteered to undertake the necessary remedial work which had been recorded. The Inspection Company had included a repeat inspection agreement form and following discussion it was resolved that this be returned with a request for an inspection for next year only.

Update by Asset Management Group on School Houses

Only two estimates have been received regarding the work required on the bathroom at No 1. as one firm had declined to quote. These estimates were for £5,511.60 + VAT and £4,747.81 + VAT. The work required was discussed and it was resolved that the Asset Group be authorised to accept the quotation of £4,747.81 subject to clarification of details with priority given to removal of

the sub standard storage water tank. It was reported that the gate at No 2 School Houses has now been installed and the invoice for £386 as agreed is presented for payment in the expenditure section. Councillor R Phillips declared an interest as his son has undertaken this work.

New Councillor's Training

The Clerk reported investigating training courses run by the Devon Association of Local Councils and said that there would be one run in Exeter on 5th December at a cost of £25. Cllr Hickman indicated that he would be willing to attend and the Clerk will make the necessary booking.

COUNTY COUNCILLOR REPORT

Cllr Brook reported that Broadband is rolling forward within Devon. He also gave some information regarding funding from a European Fund. Meetings have been in progress regarding the updating of the road network.

MATTERS RAISED BY THE CHAIRMAN

Cllr Nierop reported contact with Foot Anstey regarding the missing deeds for the Parish Hall and the houses and he would be signing a declaration that all efforts had been made to trace the existence of these documents.

FINANCE

Completion of Annual Audit

The Clerk reported on the successful conclusion of the Annual Audit by the Audit Commission for the year ended 31st March 2013 with no matters giving cause for concern that relevant legislation and regulatory requirements have not been met. Copies of the audit report can be obtained on application to the Parish Council Clerk. Notices to this effect have been posted on notice boards within the Parish. The account for £240 was submitted for approval in the expenditure section. A vote of thanks was passed to the Clerk for her work in regard to this.

Income

School Houses rents received in July £1,375 - Letting Agency fees £132 (including £22 VAT) = £1,243

Expenditure

Cllr R Phillips declared an interest as his son has undertaken work for the Council.

The following accounts were proposed and seconded for payment. All in favour

Grant Thornton £240 (including £40 VAT)

The Play Inspection Company Ltd £71.94 (including £11.99 VAT)

Whitestone Parish Hall Management Committee (July) £125

Clerk's expenses and quarterly salary £237.86 (no VAT)

Whitestone Parish Hall – hire of meeting room for Parish Plan meetings £22.50

Quickprint £12.00 (including £2 VAT)

Samco Estates £386.00 (no VAT)

Frost Fencing (£80.00 (no VAT). This expenditure had been passed at the May meeting but the cheque was not received - presumably lost in post.

Nat West Bank Statement as at 28th June:

Current Account £ 200.00

Business Reserve Account £16,108.52

Business Reserve Account £ 3,397.79

£19,706.31

*This balance includes £200.64 P3 Grant money

CORRESPONDENCE

Notification from Devon County of temporary road restrictions for maintenance works in preparation for a programme of surface dressing in 2014-2015 from Monday 15th July to Saturday 30th November. Advance warning signs for the road closure will be placed on site at least 7 days before the planned commencement of the works. Roads within Whitestone are as follows:- C359 Waddlesdown Cross to Hackney Farm; W2902 Twiscombe corner - Pounddown corner. Roads within Tedburn St Mary are:- U3803 Twisted Oak Cross to Cummins Cross; C379 Crediton Inn end to Twisted Oak Cross

A response from Devon County Highways on points raised at June meeting was read to the meeting.

Teignbridge District Council are asking residents to take part in a survey "Having a say in Teignbridge leisure facilities". It can be done on www.teignbridge.gov.uk/liveconsultations and is open to everyone – old or young alike, whether 'sporty' or not.

REPORTS

The following reports were made:-

- Subsidence in Hill Lane (halfway) and the road surface badly scarred by a tractor
- 150mm deep hole in Oldridge Road (half a mile from Hangmans Corner/Cuttiford Corner)

Cllr Belt reported attending the Rural Aid Fund meeting when the application for £1,850 for the renewal of the flat roofing at the rear of the Parish Hall had been granted.

Cllr Nierop congratulated Cllr Belt and Jock Kirkpatrick on the success of the Fete organised on Saturday last which had been very enjoyable. Cllr Belt added that the evening event was also successful.

PUBLIC PARTICIPATION

Mrs Greenfield gave the following report on the Parish Plan Steering Group on Tuesday 2nd July 2013:- "The meeting was again give over to developing and refining the questions for the full questionnaire. This work is likely to continue over the next few meetings".

Mrs Greenfield gave thanks for the response from Devon County Highways to the questions she had raised at the June meeting.

FOLK at the OAK

Folk songs and instrumental music
Come and join in - Free entry
Every 3rd Tuesday 8pm

Next meeting: 20th August

Royal Oak

Nadderwater

***The last date for contributions to the
September 2013 Parish Magazine is
Saturday 17th August***

***Please send articles to Jock Kirkpatrick
2 Merrymeet, Whitestone
kirkpatrick@eclipse.co.uk***

BOOKING THE PARISH HALL

Please contact the Booking Clerk, Ros Hanson, to arrange bookings for the Parish Hall.

Ros Hanson

Tel: 01392 811878

email: ros4hanson@gmail.com

If you have any comments to make on the content, layout or any other matters concerning this magazine, please contact the Editor: Mrs Jennifer Kellagher, East Rowhorne, Nadderwater, Exeter EX4 2LQ 01392 273864.

We always welcome any suggestions to improve the magazine.

If you wish to place an advertisement, please contact the editor for the current rates.

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THE GREEN CORNER

Bio fuels have got a bit of a bad name since it became clear that they were using land and resources that could have been used for growing food.

But research is going on in lots of places across the world into using the sea instead of land by growing seaweed. And when you think how much sea there is, with no obstructions in the way, one can see it makes sense to try.

Kelp grows far more quickly than land plants and turns sunlight into chemical energy five times more efficiently. The ethanol (alcohol) can be mixed with petrol or natural gas to be used for transport, heating or electricity production. A California firm has even produced a genetically modified bacterium that can produce about 1kg of ethanol from 3kg of dried seaweed.

Prof Mike Cowling, the chief scientist at the Crown Estate (which controls the leases for the seafloor) thinks we could have 10,000 sq. miles of seaweed farms by 2050. Even now, the UK government has included up to 3,000 sq. miles of seaweed cultivation in its future energy plans.

So, hopefully, all is not lost - although the military still seem to think we face significant civil unrest in the years to come. Maybe that explains why they are apparently always in attendance at climate change conferences. Rear Admiral Neil Morisetti (William Hague's climate envoy) said climate change is one of the biggest threats we face in the 21st century.

Join us for a (longer) cycle ride on Sunday August 18th

We're expanding our horizons this month and plan to cycle to Crediton via Heath Cross, returning via Venny Tedburn and Tedburn St Mary after coffee and cakes at Crediton station café.

If you'd like to join us, meet at the Parish Hall 10 am (or Heath Cross about 10.10 am) and we should be back about 12.30 or so, depending on how long we spend in the café!

Hope you can join us,

Peter Hanson, Dave Lee and friends.

Motto of the month

"As you age, don't think less of yourself,
think of yourself less."

George Vaillant,

George Vaillant is an American psychiatrist who, after a study of 824 people over 60 years, is fascinated why some become "sad sick" whilst others become "happy well"

SHORT MAT BOWLS

The mats have arrived and we intend to start the winter season at the beginning of September. Two sessions each week, one on Wednesday afternoon from 2.30 pm to 4.30 pm and the other on Friday evenings from 7.30 pm to 9.30 pm. The cost will be £1 per person per session. The need for sets of bowls is still a priority. If anyone can help, please contact Dave Oakey on 01392 811585. Final details in next months magazine.

Derek Fisher
(Secretary, Committee of Management)

ISCA INDOOR BOWLS CLUB

After the very enjoyable visits by the Social Club to the ISCA Indoor Bowls Club at Whipton, we are pleased to see that they will be holding an open day on **September 8th** for anyone to try out indoor bowls.

This event is to run all day with a FREE BUFFET. If anyone, including children, is interested, please contact Gill or Dave Oakey on 811585.



WHITESTONE PLAYERS

are pleased to announce that the next Pantomime will be

ALI BABA and the 40 THIEVES

to take place from
3rd to 9th February 2014.

Read Through Auditions will take place on Wednesdays

25th September 2013

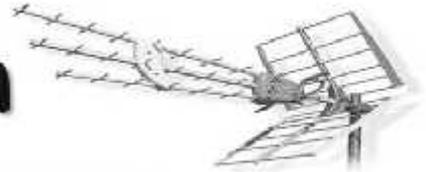
2nd October 2013

9th October 2013

at 7.30 pm in the Billiard Room of the Parish Hall.

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MARY'S DAIRY DIARY July on the Farm

The summer is slowly cranking up – we are past the longest day. The mad rush of spring catching up on lost time after our extended winter - everything from March to June happening at once - has quieted. Now we want the sedate and orderly progression of seasons. As farmers, we are so reliant on the weather happening at the right time in the right order.

We sit on top of natural processes, imagining we control them. The weather gave us a little slap to remind us who's boss.

Last month, we had a lovely Open Farm Sunday.

Thanks to everyone who came, we all enjoyed showing off what we do on the farm. The highlight was when three children told Hamish they wanted to be farmers when they grew up: made it all worth it, as he said. It's a huge privilege for us to grow delicious food in a lovely place, with the endless fascination of working with those natural processes.

I saw a big dog fox ranging the long grass of the cow pastures: he looked round at me to see if I posed any risk, then went on his way. On the other side of the copse, moments later, I saw a half grown fox cub skittering around in dust and sunbeams. He saw me & dashed into the bushes. I had a watched feeling as I went past, as if he were in there, learning where to put me: threat, fun or food.

CROPS - we are looking at the hangover from the difficult weather. All the winter and early spring sown crops look mangy, gaps where there should be crop, fields ranging from almost OK, to gappy, to one field with almost total crop failure. It doesn't help that we've counted more deer than we've ever seen, 200 red deer in one field at the top of the farm – a lot of extra mouths for the farm to feed. Yields will be down – what gives yield is all the ears looking regular and orderly, the field looking replete and full. We've also sown spring barley where we couldn't get the winter wheat in, and the shorter growing period gives a lower yield. The rest of Europe sounds like the crops are doing well, so prices have dipped too – hey ho, no-one said it was easy.

The maize is the bright spark – fields looking even, a beautiful carpet of pale green against the soil, gradually filling in the gaps till there is a forest you can sit under, broad leaves almost visibly and audibly growing. It reassures us that we can get things to grow – it knocks your confidence in yourself when try as you might, it doesn't work.

The grass is growing, and we're hoping the lack of a peak for growth in May will give us longer spring-like growth to refill our silage stores. The first cut of silage normally fills several bays – this year, it was a little sparse, so we will look to harvest a second cut this month. Our plans for the future are to grow more grass on the same area and stock more tightly with more dairy heifers (breeding less beef animals from our dairy cows). So we are slowly improving our fencing and sharpening up our grass management to take us forward.





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HEIFERS - The dairy heifers are catching up from their lacklustre growth over the last year. We are weighing them to be sure: they all have shiny coats, a good sign, but it's good to cross check with what is actually happening.

COWS - We weighed the cows, too and discovered the spring herd is a little lighter than we thought they were – partly the late spring, but largely we have bred them a little smaller over the years to be happy with grazing early and late in the season. Smaller cows are hardier, and lighter cows put less pressure on the ground at muddy times of year. We had a visit from some dairy farmers from Pembrokeshire, where they know about cows and grass, and they praised how our cows looked. Again, good to have that affirmation when it's been a tricky year. The cows are carrying on milking well – like the grass, a lower peak, but more persistent.

CHEESE - We've done some work on our milk to handle it more gently, pumping it more evenly out of the parlour and bottom filling the milk tank rather than dropping it from the top. The milk doesn't foam up, which was a sign that the fat particles are getting damaged. The milk is making well into cheese, so I'm looking forward to tasting the cheese when it comes through – I will look for greater roundness and balance in the flavour at the end of the flavour.

RECIPE

Janine Watkins www.webakelove and @webakelove, food writer and great cook from Worcester gave me this recipe – I love the way she gives you hints and tips as well as the recipe.

Cheese and Herb Scones

- * 350 g of Plain flour
- * 100 g of SR flour
- * 1 teaspoon of baking powder
- * 60 g Quicke's butter, cold, cubed
- * 50 g of grated vintage Quicke's cheddar
- * 1 spring onion chopped
- * 1 tablespoon of seasonal herbs (parsley, wild garlic, chives, thyme or sage would all work well)
- * 150ml milk, plus extra for milk washing

Method

Rub the butter into the flour until resembling breadcrumbs.

Add the baking powder and mix.

Add the cheese, onion and herbs and mix.

Add the milk until the mixture just comes together, then tip out onto a floured surface and form a rectangle by pushing the mixture together. Cut into regular squares by cutting in half lengthways then horizontally into equal size squares.

Pop on a lined baking sheet, brush with milk and bake at 200°C for 12-15 minutes until golden brown.

Yum, best enjoyed fresh from the oven with butter and ham. Or can be kept till the next day. A quick 7 seconds in the microwave will freshen them up.

Tip with scones the less you handle them the better, if you overwork them they may become heavy and pastry like. You want all the lovely air bubbles created from the baking powder reacting with the milk to stay in the mixture and to create air pockets with baked, creating light, fluffy scones.

Mary Quicke

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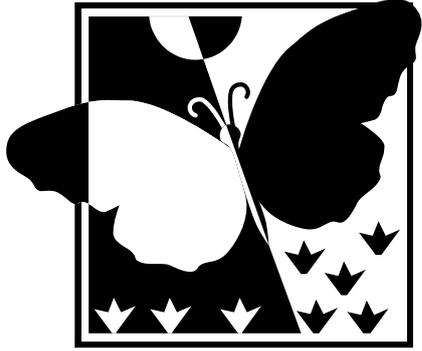
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GOOD COMPANIONS

Meeting In Pathfinder Village Hall --- 2.30pm
Speakers for August

7th August.....Social afternoon.....With Cream Tea
21st August.....Jeff Merrett MB.....Dream-A-Way, Children's Charity

We had a lovely day for our outing to Torquay with some beautiful seaside weather, and the matinee show 'Annie Get Your Gun' was thoroughly enjoyed by all. Thank you June for taking charge, and Gina and Sue for organizing the draw.

Our meetings for the month were well received with two good speakers, firstly John Allen showing some lovely pictures of garden birds. He informed us that there is a rather worrying decline in numbers of many of our popular garden birds.

Maria Knowlton, our second speaker, one of the founders and major fund raiser of the Francisco Rojas School in Arequipa, Peru, explained how they gave up their family home in Peru and used the home to educate some of the poor children who had no chance of an education. In Peru the children's parents have to pay for their education. The home has a Christian background, and this is of help in teaching the children as Peru is predominantly Catholic.

We are considering running a coach to 'The Princess Theatre' at Torquay in September to see the comedian Kenn Dodd. If you fancy this please give either Angela or John a call, even if you are not a club member you will be very welcome to join us.

Angela Paddy, Chairman 01647 61934
John Hunt, Secretary 01647 61958

Cuban Airwaves Whitestone's own Salsa Band

Every month "Cuban Airwaves" meet to play a set playlist in the village hall. Everyone is welcome, especially any budding acoustic musicians, singers or percussion players.

We play popular Cuban and other Latin music and sheet music is available if required. We meet on a Friday evening so please ring if you are interested to find out details of this month's session.

Call Dave Lee on 01392-811579 or email Dave.lee1071@gmail.com.



TO ALL WHITESTONE PARISHIONERS

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**7PM FOR 7-30PM,
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(For catering purposes - free glass of bubbly and light refreshments will be provided - please let Derek Fisher on 811979 know by 31st August if you wish to attend)

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GARDEN VISITS

IDEAS FROM THE GARDEN CLUB

August should be the month for a well earned break, but these past few weeks of such hot dry weather will have meant you have to watch many plants suffer through lack of water. The most needy being those in pots or hanging baskets. Also newly planted shrubs and trees, tomatoes and soft fruit will need a regular supply.

A few jobs for around the garden:

1. Collect ripening seed.
2. Trim hedges.
3. Lift and dry shallots and onions.
4. Cut and dry herbs for winter use.
5. Prop up heavily laden fruit trees.
6. Keep ponds topped up in hot weather.
7. Pot bulbs for Christmas flowering.

Try and visit a NGS GARDEN. There's plenty open each day in August. These gardens open for charity and are always worth a visit!

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TABLE TENNIS

Table Tennis in the Parish Hall takes its summer break and will resume on **2nd September 2013**. Remember that, for Table Tennis, everybody is welcome for an evening's fun, entertainment and fitness workout for only £1.50. Up to four tables available. Just remember that children under 16 must be accompanied by a responsible adult.

WHITESTONE WALKERS

Next Walk – Sunday, **4th August**

Please see the website for details of the next walk.

PARISH COUNCIL MEETING

There is no Meeting of the Whitestone Parish Council scheduled for August. The next full Council Meeting will be on: **Thursday 12th September** at 7.30pm. Members of the Public and Press are invited to attend.

WHITESTONE HANDBELL RINGERS

(for information, contact Mrs Chris Piper 01392 811365)

If anyone would like to join us, we welcome both experienced and learners alike. At present we practice every Wednesday afternoon between 2 and 3 p.m. If you would like to know more, please contact Mrs. Chris Piper.

WHITESTONE ARTS & CRAFTS MORNING

Treat yourself to a morning in which to pursue a project of your choice. Bring your materials and settle to work with like-minded people!

Come to Whitestone Parish Hall on Thursday **25th July**, 9:30 to 12:30. Everyone is welcome. Cost is only £2.00 and includes tea/coffee and biscuits.

There is no meeting in August. The next session will be Thursday, **19th September**.

For more information, contact Sandy Oxford on 078669 20719. No need to book - just come along and join us.

BENEFICE CHOIR

Anyone who would like to join the choir and sing please contact Jackie Lightband (811527). New recruits always welcome.

WHITESTONE BABY & TODDLER GROUP

For all children aged 0-8yrs. You don't have to be a regular at Whitestone Baby & Toddler Group to join in the holiday fun!! Every Tuesday during the 6 week break we will be open as normal 10:00am to 12noon providing a place to play, make friends and have a chat!

£2.00 first child and 50p for each additional.

We have many exciting activities planned including A sports day, a messy play day, a pirate day, a cooking day, a safari day, beach day, etc.

To see the full list of activities and fun, please contact us at:

- whitestonebabyandtoddlergroup@live.co.uk
- our Facebook page, or
- our whitestone-devon.org.uk page

Why not pop in to one of our sessions and pick up a leaflet.

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WHITESTONE SOCIAL CLUB

(Coordinator Pauline Fisher, tel. 01392 811979)

Forthcoming Events on Monday:

- 22nd July** Games evening
28th August Met Office visit 11:00 am (fully booked)
23rd Sept. Worldwide Drug Smuggling
(NOT how to do it!)
28th Oct. Talk by Sally Tipping (Local Magistrate)
25th Nov. "It Shouldn't Happen to a Vicar "

The Social Club are holding a Games Evening for members at the Parish hall on Mon 22nd July at 7.30 p.m. (outside if the weather continues to be kind !) The usual arrangements for the 'bring and share of food and drink' applies for the start at 7.30 pm. If you have a game, puzzle or bit of amusement you'd like to bring along, please do.

The other 'Bring & Share' food & drink evenings are a great way to meet other people in the village. In particular newcomers to the village can get to know people, make new friends and find out what is going on. There's also a book swap club. All meetings start 7:30 pm in the Parish hall.

WHITESTONE BOOK CLUB

(Coordinator Sandy Oxford 07866 920719)

From 2 - 4 pm on the second Monday of each month, the Book Club meets in the Whitestone Parish Hall. Cost £1.50 to cover Hall booking charge.

The Book to read for our next meeting, which is on Monday, **12th August**, is "Mr Golightly's Holiday" by Sally Vickers.

CHURCH BELL RINGING

We practise most Thursday evenings at St Catherine's Church from 7:30 to 9:00pm.

If you would like to learn, find out more, or are a visiting ringer, we would be very pleased to see you. To confirm that we are practising on a particular Thursday, please telephone James Bryant on 01392 811391.

GARDENING CLUB

The August meeting on Monday, 19th will consist of an evening visit to Jennifer Kellagher's garden at East Rowhorne. She tells me that the Assistant Gardener has not been around much this year so the garden is not as colourful as usual but the view is just as spectacular. Jennifer has kindly offered to allow anyone so inclined to enjoy a dip in the swimming pool but as the evenings start to draw in a bit and cool somewhat she suggests an early arrival at about 6.45pm. I have another commitment that evening so will not be there and I suggest anyone needing a lift arrange it themselves by contacting a member who lives close by but if still a problem contact Gill Oakey, chairman on 811585.

PILATES IN THE PARISH HALL

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DATES FOR YOUR DIARY

Mon	22 July 2013	Social Club - Games Evening - Whitestone Parish Hall - 7:30 pm
Thu	25 July 2013	Arts & Crafts Morning - Parish Hall - 9:30 am to 12:30 pm
Thu	01 August 2013	Pilates at 6:45 pm - Whitestone Parish Hall
Sun	04 August 2013	Whitestone Walkers
Wed	07 August 2013	Pathfinder Good Companions - Social Afternoon with a Cream Tea Pathfinder Village Hall - 2:30 pm
Thu	08 August 2013	Pilates at 6:45 pm - Whitestone Parish Hall
Sat	10 August 2013	Annual Church Working Party - St Catherine's Church - 10 am
Mon	12 August 2013	Whitestone Book Club - Parish Hall - 2 to 4pm
Thu	15 August 2013	Pilates at 6:45 pm - Whitestone Parish Hall
Sat	17 August 2013	LAST DATE FOR SUBMISSION OF ARTICLES FOR AUGUST MAGAZINE
Sun	18 August 2013	Special Family Summer Holiday Event - St Catherine's Church - 11:00 am
Sun	18 August 2013	Cycle Ride - Whitestone Parish Hall - 10:00 am
Mon	19 August 2013	Gardening Club - Visit to Jennifer Kellagher's garden - 6:45 pm
Tue	20 August 2013	Folk at the Oak - Royal Oak - 8pm
Wed	21 August 2013	Pathfinder Good Companions - Jeff Merrett MB - Dream-A-Way, Children's Charity -Pathfinder Village Hall - 2:30 pm
Thu	22 August 2013	Pilates at 6:45 pm - Whitestone Parish Hall
Wed	28 August 2013	Social Club - Met Office visit (Fully booked) - 11:00 am
Thu	29 August 2013	Pilates at 6:45 pm - Whitestone Parish Hall
Mon	02 September 2013	Table Tennis - Parish hall - 7:30pm
Sat	07 September 2013	Formal Opening of Improved Parish Hall - 7:30 pm
Sun	08 September 2013	ISCA Indoor Bowling Club Open Day
Thu	12 September 2013	Parish Council Meeting - Parish Hall - 7:30 pm
Sat	14 September 2013	Saturday Surprise - Whitestone Parish Hall - 6:00 pm to 6:45 pm
Thu	19 September 2013	Arts & Crafts Morning - Parish Hall - 9:30 am to 12:30 pm
Sun	22 September 2013	Harvest Celebrations - St Catherine's (6 pm) & Parish Hall (afterwards)
Mon	23 September 2013	Social Club - Worldwide Drug Smuggling - Whitestone Parish Hall - 7:30 pm
Wed	25 September 2013	Pantomime read-through audition - 7:30 pm - Billiard Room, Parish Hall
Wed	02 October 2013	Christianity Course start - Home of Freddie & Emma Hawkins
Wed	02 October 2013	Pantomime read-through audition - 7:30 pm - Billiard Room, Parish Hall
Wed	09 October 2013	Pantomime read-through audition - 7:30 pm - Billiard Room, Parish Hall
Sat	19 October 2013	Saturday Surprise - Whitestone Parish Hall - 6:00 pm to 6:45 pm
Sat	16 November 2013	Saturday Surprise - Whitestone Parish Hall - 6:00 pm to 6:45 pm