

ST. CATHERINE, WHITESTONE

with

Pathfinder Village

and

ST. THOMAS, OLDRIDGE

Parish Magazine



*St. Catherine's Church, Whitestone 1841
(drawn from Nature and on Stone by W. Spreat)*

Rector

Reverend Martin Wood, The Rectory, Church Lane, Cheriton Bishop EX6 6HY 01647 24119

Whitestone and Oldridge Churchwarden

Dr. Jane Richards, Quarryfield House, Whitestone (01392 811492)

NORTH KENN MISSION COMMUNITY

SERVICES FOR OCTOBER 2013

Sunday October 6th

9.00 am	Whitestone	Holy Communion	Revd Martin Wood
9.30 am	Holcombe Burnell	Harvest Communion	Revd Tim Gorringe
11.00 am	Tedburn St Mary	Family Service	Revd Martin Wood
3.00 pm	Pathfinder Village	Harvest Praise	Canon Geoffrey Moore
6.00 pm	Cheriton Bishop	Harvest Songs of Praise	Revd Martin Wood

Sunday October 13th

9.30 am	Holcombe Burnell	Holy Communion	Canon John Tutton
9.30 am	Whitestone	Parish Communion	Revd Tim Gorringe
11.00 am	Cheriton Bishop	Family Service	Revd Martin Wood
3.00 pm	Pathfinder	Fellowship and Prayer	
3.00 pm	Oldridge	Harvest Evensong	Revd Martin Wood
6.00,pm	Tedburn St Mary	Harvest Praise	Revd Martin Wood

Saturday October 19th

6.00 pm	Whitestone	Saturday Surprise	Revd Martin Wood
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Sunday October 20th

8.00 am	Tedburn St Mary	Holy Communion	Revd Tim Gorringe
9.30 am	Cheriton Bishop	Parish Communion	Revd Martin Wood
3.00 pm	TEIGNMOUTH	DEANERY SERVICE	

Sunday October 27th

8.00 am	Cheriton Bishop	Holy Communion	Revd Tim Gorringe
9.30 am	Tedburn St Mary	Parish Communion	Revd David Ursell
11.00 am	Holcombe Burnell	Family Service	Lay led
3.00 pm	Pathfinder	United Service	
3.00 pm	Whitestone	Evening Prayer	Lay led

Every Thursday

10.30 am	Pathfinder	Holy Communion (BCP)	
	October 3rd		Revd Martin Wood
	October 10th		Revd Martin Wood
	October 17th		Revd Martin Wood
	October 24th		Revd Martin Wood
	October 31st		Canon Geoffrey Moore

Is time flexible?

On Sunday the 27th October the clocks change from British Summer Time to Greenwich Mean Time. It is quite fun to see those who have missed the time adjustment when they turn up an hour early for church! It is not so much fun to get it wrong yourself! I have got it wrong twice. Once I turned up an hour early forgetting that the clocks had changed. Another year I turned my clock the wrong way, so making me 2 hours late! It was at that point I learned the mnemonic

"The clocks spring forward in spring and fall back in autumn"

So I now know which way the clocks go, it is just a case of remembering before going to bed. There is then the task of changing all the clocks. In our house there is at least one clock in every room and then the microwave, cooker, the heating controls and the car clocks! Remembering how to change the car clock can be a bridge too far and I wait six months for the clock to come back around to the right time.

So what happens to the hour? The Summer Time Act 1972 originally defined the period of British Summer Time to start at 2 am (GMT) on the morning of the day after the third Saturday in March or, if that was Easter Day, the day after the second Saturday. It was to end at 2 am (GMT) on the day after the fourth Saturday in October. In recent years it has been changed so as to bring the date of the start of Summer Time into line with that used in Europe. So Summer time is now in force from the last Sunday in March until the last Sunday in October. I had not realised that Easter affected the date of summer time or that it was fixed on the Sunday after the third Saturday. This year 2013 summer time would have started on 24th March but the new rules meant that it started on 31st March which was Easter Day and fifth Sunday!

When I worked shifts, people were very quick to claim an hour of overtime for the extra hour but were very silent about losing an hours pay for a shorter nightshift. Time does not stop for an hour or speed up to make up an hour. We just change the settings of the clock. What is interesting about time is that, although it is a constant, it feels different depending on what we are doing at the time. When we are busy, time flies by and an hour passes quickly. Two minutes silence on Remembrance Sunday seems to take a long time; an hour of silent stillness is often beyond our comprehension.

The bible seems more interested in what people do rather than how long it takes, to get to the place that God desires. Constantly, people wait on God and his timing which sometimes is measured in years and not hours. It appears to me that God is more patient than we could ever be. We are challenged to see if we are moving closer to God. It is the direction we move in that is more important, than how long it takes.

Rev.Martin Wood. The Rectory, Church Lane, Cheriton Bishop EX6 6HY 01647 24119 (Tuesday to Sunday)

DAILY OFFICE (MATTINS AND EVENSONG)

Martin will be saying the Daily Office (Mattins and Evensong) in each of the churches once a week at 9.00 am and 3.00 pm as follows:

Tuesday: Holcombe Burnell

Wednesday: Tedburn St. Mary

Thursday: Cheriton Bishop

Friday: Whitestone

He will be very pleased to see anyone who wishes to join him or speak to him at these times as well.

Christianity Explored course starts on 1st October

This is an informal 7-week course for anyone who wants to investigate Christianity with a group of other people.

It will take place at Whitestone House on Tuesday evenings at 8pm-9.30.

Tea, coffee and puddings served!

More information from Freddie & Emma Hawkins via email
freddie_hawkins@yahoo.com or telephone 811583

On Sunday October 13th, there will be NO service in St Catherine's as it is Oldridge Harvest Festival at 3.0 pm

ADVANCE NOTICE
The service on Remembrance Sunday (10th November) will be a Parish Communion at 9.30.am followed by coffee and then the Service of Remembrance starting at 10.50 am.

SATURDAY SUPRISE

The autumn series started last month, and we meet again in October and November. This Saturday evening Service was started about five years ago to accommodate those who found family worship on a Sunday morning difficult because of conflicting children's activities. And we felt that by meeting in the Parish Hall we were bringing the Church more into the centre of the community.

The format is very informal and light-hearted, with a selection of traditional hymns and modern worship songs, accompanied by a small band of musicians. There's a simple talk based on a familiar Bible story, illustrated by a Power Point sequence, and there's time to think and to pray.

Starting at 6.00pm it is guaranteed to last no more than forty five minutes, so that it doesn't interfere with either afternoon nor evening activities. Whilst the original intention was to focus on families, everyone of every age, whether a regular churchgoer or not, is welcome and should find something to meet a need. If you haven't been before, we strongly recommend you to give it a try, If you find it's not for you, there's absolutely no need to feel a commitment. And there's no collection!!

Whitestone PCC.

S A T U R D A Y
U
R **SATURDAY**
P **19TH OCTOBER**
R **PARISH HALL**
I **6.00 - 6.45pm**
S **JUST FOR YOU!**
E **DON'T MISS IT!!!**
! **See you there!**

SAMARITAN'S PURSE Christmas Shoebox Appeal.

Here we are again! If you would like to be involved, then please start tracking down some shoeboxes to fill in time for this Christmas's delivery to needy children around the world. Full details in next month's magazine, but the deadline will be November 16th. Leaflets giving information about suitable contents are available from me at Heath Barton, Heath Lane. 01647 61401.

Ruth Hutchinson.

CHURCH HOUSE EDUCATIONAL FOUNDATION

Applications for grants for students and those eligible, residing within the present ecclesiastical parish of Whitestone, should reach the Hon. Secretary in writing before
10th NOVEMBER 2013

Hon. Secretary Mrs. J. Thomas
2 Barton Cottages, Whitestone, Exeter EX4 2LB

BETSEY ENGLISH FURNEAUX

Betty Furneaux, who died on August 30th at Treelands, was baptised Betsey English Furneaux, but we all knew her as Betty.

She moved to Higher Hare Whitestone from north of Tedburn near Posbury, in the early 1950s and from then on was involved in many of the parish organisations both here and in Tedburn.

Amazingly she was a member of Tedburn St Mary WI for 71 years and their President on two occasions.

She was a staunch Conservative and the local secretary for 25 years and in that role was very proud to have met Michael Heseltine.

She served on the Whitestone Parish Hall Management Committee for at least 25 years and was one of the signatories of the conveyance from the Church House Education Foundation of which she was also a faithful member.

She was involved with the Whitestone Players from the outset and did a magnificent job organising the catering, setting her successors a high standard to continue. She was skilled in catering and ran Higher Hare as a B and B for a long time.

She lived alone in the cottage after her brother, Douglas, died, latterly with support from carers as she became less mobile, and only moved into Treelands very recently.

She was always good for a chat and reminiscing about the people and events she had known

St Catherine's Planned Giving

This is an invitation to those who are not already members of the Planned Giving Scheme to consider joining at the start of the Planned Giving Year in November.

If you would like to help maintain the fabric of our beautiful church for future generations, contribute towards the cost of the day to day ministry of our Parish and support our chosen charities, this scheme is for you!

Planned Giving is simply a commitment to give a regular and set amount to the church during the forthcoming year. This enables expenditure to be planned with a little more certainty. It is not just about supporting the fabric of our own churches or helping to pay the Stipends of our Clergy, much of what the church raises each year is donated to Christian based charities.

If you would like to know more about the various ways of taking part in the Planned Giving Scheme please contact either myself, Philip Nierop on 01647 61419 or Anna Kellagher on 01392 273864 for an informal and confidential chat. Thank you.

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GARDENER'S DELIGHT!

Vegetable & Flower Seed bargains

Whitestone residents are again invited to join a scheme started last year and run by members of Whitestone Gardener's Club to obtain quality seeds at reduced prices.

Discounts of between 35% and 50% are available to clubs and allotment societies, depending on order size, in a scheme offered by Kings Seeds, a Company renowned for the purity and quality of its seeds.

If you are interested please contact Philip Nierop, preferably by e-mail philip@thenierops.co.uk or by phone 01647 61419 by 30th October 2013. Please head e-mails SEEDS.

For those expressing an interest we will supply a seed list for completion and return during November and plan to distribute the seeds by mid January.

Remember, this scheme is open to all residents. You do not have to be a Gardener's Club member although we would always welcome new members.

Philip Nierop

MINGO FABRICATION

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VILLAGE VOICES - A REPORT

Following our performance supporting the opening of the newly refurbished Parish Hall (where we sang the premiere and final performance of our newly composed song, "Brand New Hall"), Village Voices are having a well-earned rest until October.

The choir of 30 voices also sang a piece by William Byrd, Non Nobis Domine, and "The Rhythm of Life" to great acclaim.

This rounds off our first year where we have dipped into all sorts and styles of music, including rock and pop, music from the shows, gospel, early and world music. We have performed four times this year, accompanied by David Lee, guitar and Gene Alford, piano.

We are happy to welcome new voices in all sections. This is a non-audition choir with a non-judgemental conductor. Backing tracks are provided to aid learning. We rehearse on Thursdays from 7.45 to 9.30 pm in the Parish Hall. Our next rehearsal will be Thursday October 3rd. Do come and join us.

JUST FOR FUN

I was diagnosed with antisocial behaviour disorder, so I joined a support group. We never meet.

THE GREEN CORNER

Trees are good aren't they? They take in carbon dioxide and give off oxygen for us to breathe and we can use their stored solar energy by burning them. As well as that, they cool the air around them by as much as 10 degrees so helping to cool the planet and they slow the run-off of rainfall.

They're also good because:

- decomposing leaves form humic acid which fertilises plankton growth when it reaches the oceans.
- they can clean up toxic wastes because of a dense community of microbes as thick as your finger round the roots.
- hiking through the woods has been shown to reduce stress chemicals and to help the immune system fight tumours and viruses. Also, Taxane, from the Pacific yew tree is a powerful anti-cancer drug.

And if you decide you want to plant a tree, when's the best time? Answer "20 years ago". And what's the second best time? "Today!"

THE HEALTH CORNER

A paper published last month in Nature cites a nine-year study which found obese people have lower gut microbe diversities and also showed a link with heart disease, diabetes and cancer. Another study reports putting overweight people on low-calorie diets quickly increased their gut diversity. Together, the two studies suggest eating less could help enrich your gut flora, which could help you stay lean, in turn reducing your risk of associated diseases.

Not for the squeamish! Another method of microbe enrichment is the faecal transplant, a medical procedure wherein faecal matter from a person with healthy microbiota is used as a suppository to seed the intestinal flora of a sick person. Faecal transplants are proving incredibly effective at treating some diseases. For instance, Maryn McKenna described recent research comparing faecal transplants with antibiotics in the treatment of a chronic, potentially deadly form of diarrheal caused by *Clostridium difficile*, or *C. diff*. The faecal transplants proved so much more effective that the trial was ended early, for ethical reasons. **Ninety-four percent of sufferers treated with faecal transplants recovered from the disease after two treatments, while just 32 percent recovered on antibiotics. The researchers determined they could not, in good conscience, continue treating *C. diff* patients with antibiotics.**

Who'd have thought it!

THEFT OF DOGS

Dog owners are reminded to be vigilant after a report has been received that dogs have been stolen in Devon to be used as bait in dog fights.

If your dog is free to play in your garden, please ensure that fences are strong and high enough to prevent your dog wandering. Never leave dogs tied up unattended outside shops. Always keep your dog on a lead unless on safe open walking areas.

WHITESTONE PARISH COUNCIL - 1ST AUG 2013

Ratified Minutes of Whitestone Parish Council meeting held at Whitestone Parish Hall at 7.30pm on Thursday 1st August 2013

Attendance: Chairman – Councillor P Nierop
Councillors Mrs M Belt, Mrs P Fisher, D Munro, M Quinn

Mrs P Vaughan, Clerk to the Council

Apologies: Councillors L Hickman, R Phillips, A Reed

The Council meeting included the August draw for the 100 Club in support of the Parish Hall Management Development Fund. The number drawn was 07 and belongs to Andrea Kane.

The Chairman opened the meeting which was called to discuss the following planning application that requires a response within a 21 days deadline.

57. 13/01962/VAR Variation of condition 2 on planning application 11/00872/FUL to amend design of extension to be free-standing at Heath House, Whitestone. The Council examined the application and plans and discussion followed. It was felt that, although the variation is not objected to, the Council would prefer a style which does not require a further 2ft extension to a building which is already of significant size.

58. FINANCE

The Clerk presented the following cheques which require authorisation for payment and these were proposed and seconded for payment. All in favour.

58.1 Ace Scaffolding Specialists £192.00 (including £32 VAT)

58.2 Whitestone Parish Hall Management Committee (August) £125.

The meeting closed at 7.45pm.

WHITESTONE PARISH COUNCIL - 15TH AUG 2013

Ratified Minutes of Whitestone Parish Council meeting held at Whitestone Parish Hall at 7.30pm on Thursday 15th August 2013

Attendance: Chairman – Councillor P Nierop
Councillors Mrs M Belt, S Heathcote, L Hickman, A Reed.

Mrs P Vaughan, Clerk to the Council

Mr and Mrs Trowbridge

Apologies: Councillors Mrs P Fisher, R Phillips.

The Chairman opened the meeting which was called to discuss the following planning application that requires a response within a 21 days deadline.

59. 13/01712/OUT Outline for demolition of existing, disused outbuildings and erection of dwelling and creation of double garage on land adjacent to Hindcross, Whitestone.

The Council examined the application and discussion followed with Mr Trowbridge answering some questions regarding the protected species survey regarding the bats which are considered to be using the buildings which are to be demolished. It was felt that there were no objections to the outline planning application as it would prove an improvement.

The meeting closed at 7.40pm

WHITESTONE PARISH COUNCIL - SEPT 2013

DRAFT Minutes of Whitestone Parish Council meeting held at Whitestone Parish Hall at 7.30pm on Thursday 12th September 2013 to be ratified at Council meeting on 10th October 2013

Attendance: Chairman – Councillor P Nierop
Councillors S Heathcote, L Hickman, R Phillips,
A Reed, D Munro, M Quinn.

Mrs P Vaughan, Clerk to the Council
PC 10658 Robert Condy-Young, PCSO 30234 Paul Tucker

Mr D Friend, Mrs S Greenfield

Apologies: Councillors Mrs M Belt, Mrs P Fisher,
Mrs L Luxton

The meeting was preceded by the September draw for the 100 Club in support of the Parish Hall Management Development Fund. The number drawn was 18 and belongs to Jennifer Kellagher.

The Chairman welcomed PC Condy-Young and PCSO Tucker to the meeting and PC Condy-Young said that he was attending in order to introduce himself. He gave a presentation to the meeting detailing his duties as he has responsibility for this area and gave advice on various items raised by Councillors which included speeding and fly tipping. The Clerk said that she had received the August Police report for the Whitestone area and this was distributed.

PUBLIC PARTICIPATION

Mr Friend read his prepared statement in which he brought to the attention of the Council his objections to the planning permission for the gypsy encampment at Springdale Farm. He has been pursuing these objections with the Planning Inspectorate but not having received satisfaction he is taking it to the Parliamentary and Health Service Ombudsman. He explained that he is also in touch with the Teignbridge Planning Department regarding a barn which was erected on the site which does not have planning permission.

The Chairman thanked Mr Friend for his report.

The Chairman opened the meeting and the minutes of the Parish Council Meetings held on 11th July and 1st and 15th August 2013 having been circulated were taken as read and signed as a true copy by the Chairman

PLANNING

Planning Application

13/02491/FUL Retention of extension to existing stone yard at Williams Field.

There were some objections to this application as it was noted that this application was termed as FUL and not agricultural which raises fears that this site is not now deemed agricultural. Concerns were expressed by Councillors and a member of the public regarding the water which already runs from this site and it was requested that the applicant should be made to put in proper drainage now that the yard area has been extended as water runs across the nearby road and freezes in the cold weather. Councillors also repeated concerns raised in relation to previous applications and requested that a restriction should be imposed to prevent non agricultural or industrial use of this site.

Variation of Condition following Grant of Conditional Planning Permission

13/01962/VAR Variation of condition 2 on planning application 11/00872/FUL to amend design of extension to be free-standing

MATTERS FOR DISCUSSION

Road signs for Merrymeet and Marylands

Cllr Belt had a meeting with an official at Teignbridge District Council and clarified the positions of the requested signage for Merrymeet but it was learnt that there could not be a road sign for Marylands as this is the name for the four houses and not an official road sign. It was also noted that the signs for Pound Lane and Hill Lane will be renewed and also a sign will be placed within the village indicating Church Lane. The Clerk was instructed to write to the owners of the Maryland properties requesting that they sign these properties "Marylands" in order to minimise potential problems with delivery companies and the emergency services.

Crossway Park

Councillors gave an update on repair works which had been raised by the Annual Inspection. The Clerk raised concerns regarding a stock valuation which had been completed by the firm conducting the annual inspection which varied from the sum on our insurance cover. It was resolved that the pricing of the relevant items should be researched and the valuations be reported back to the October meeting.

School Houses

Councillor Reed gave a very full report of the Asset Management Group on work completed at School Houses and future works required and these were discussed at length. This report also included the repair work required for the roof of the store at the rear of the garages. A vote of thanks was given to the Asset Group for their concise report and continuing work in carrying these works forward.

It was resolved that a rent review proposal submitted by Devon Lettings be implemented

MATTERS RAISED BY THE CHAIRMAN

Cllr Nierop congratulated Fred Fisher on attaining his 100th birthday this weekend

The official opening of the improved Parish Hall had taken place on the 7th September and Cllr Nierop, on behalf of the Parish Council, thanked all those parishioners who had taken part in this refurbishment and the improvements which enhance the facilities and make the Hall so much more appealing.

He reported that he had dealt with complaints regarding odour resulting from sewage sludge on fields.

The Council's budget process will commence next month and all organisations wishing to apply for grants will be asked to apply to the Clerk.

Notices had been obtained for "No dogs allowed in the children's play area" and these have been put up

County Highways have confirmed that drainage works planned outside Little Folly will not be progressed this year but will be reconsidered for inclusion in the programmes of works for 2014-15.

FINANCE

Income

School Houses rents received for August £1,305 -
Letting Agency fees £132 (including £22 VAT) = £1,173
School Houses rents received for September £1,375 -
Letting Agency fees £132 (including £22 VAT) = £1,243

Expenditure

The following accounts were proposed and seconded for payment. All in favour.

R J Brooks £5,877.37 includes £979.56 VAT
Whitestone Parish Hall Management Committee
(September) £125
Clerk's expenses £62.90
Whitestone Parish Hall – hire of meeting room for Parish
Plan meetings £22.50
Skinner Construction Ltd £7,206.72 includes £1,201.12
VAT

CORRESPONDENCE

- A report from Simon Pearson of Devon County Highways has indicated that he has inspected Hill Lane and issued necessary repair work to their contractor.
- Booking has been confirmed for Cllr Hickman to attend a New Councillor's Course on the 5th December
- Notification has been received for the DALC AGM and Annual Conference on 12th October at Westpoint. Cllr Nierop and Cllr Belt have indicated that they would like to attend. The fee will be £20 per person.

REPORTS

- Blocked road gully outside 2 School Houses
- Road surface on the Oldridge to Trowbridge/Crediton road
- Cllr Heathcote mentioned that his wife is involved in a project called Restore, based in Exeter. It is set up to help young women who have been rescued from the sex traffic industry. Restore provides support to them through housing and integration back into society with such help as life skills, educational input and health. He said he was advertising this for two reasons, i.e. (1) to raise awareness of the issues of the sex slave industry and modern day slavery in general which is worse now than it has ever been in regard to numbers and statistics and (2) awareness of the Restore Project or similar projects like it. If anyone is interested in fund raising or would like to know more please contact Ruth Heathcote on 07713 626763.
- Cllr Munro gave his apologies for October meeting.

PUBLIC PARTICIPATION

Mrs Greenfield gave the following report on the Parish Plan Steering Group:-
"The committee has continued to meet during both August and early September to progress work on the full questionnaire. We have been considering layout and presentation as well as finalising question content and wording. We will be continuing this work over the next few meetings".

The meeting closed at 9.05pm.

VACANCY FOR COUNCILLOR

Whitestone Parish Council have a vacancy for a Councillor. If you are interested please contact Pat Vaughan, Clerk to the Council, on 01392 411628 for further details.

BOOKING THE PARISH HALL

Please contact the Booking Clerk, Ros Hanson, to arrange bookings for the Parish Hall.

Ros Hanson
Tel: 01392 811878
email: ros4hanson@gmail.com

***The last date for contributions to the
November 2013 Parish Magazine is
Wednesday 16th October***

***Please send articles to Jock Kirkpatrick
2 Merrymeet, Whitestone
kirkpatrick@eclipse.co.uk***

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POLICE

TeignValley/ Rural Report August 2013

Between 01/08/2013 – 31/08/2013 there has been a total of 8 crimes across the Teign Valley/rural villages and Tedburn St Mary.

Crimes reported – Total 8

Domestic - 1
Possession of Drugs– 1
Criminal damage – 1
Attack on animals – 2
Dog attack – 2
Theft – 1

In our last monthly report we highlight issues with Anti Social behaviour in the Tedburn St Mary area. We are continuing to work with partners, Tedburn St Mary primary school, and local residents also liaising with the young people of Tedburn St Mary to tackle this Anti Social Behaviour issues in the village and work with them to provide more for the youth in the area.

If you are experiencing any Anti Social behaviour please report it to us, however if you have any ideas on how to help reduce Anti Social behaviour in the area please contact 101 and speak to the local Neighbourhood team.

Police have been investigating two crimes relating to animal mutilation/ animals being killed. The crimes both happened in the area of Bridford, Teign Valley. As these crimes have both been to the same address with approximately one month between each incident it is thought they are likely to be linked to each other. These are awful crimes and have left the owners of the animals distressed. There has also been an attack on a lamb in the area of Tedburn St Mary. There has been a press release relating to this awful crime, we are urging anyone that has any information in relation to these crimes, or has any information that is relevant, to please call 101 and quote crime number JC/13/376.

There has been and unfortunate increase in theft from motor vehicles from across our whole area though luckily we have only had one crime in this area, and no crime of this type this month. This is a timely reminder that when leaving a vehicle unattended please do not leave any valuables in your vehicle and ensure the vehicle is secure.

The Tour of Britain passes through our area on Friday 20th September as it weaves up the Teign Valley before climbing up some steep hills to Moretonhampstead. Expect some traffic delays around lunch time on this date.

We can be contacted via the central switchboard on 101 or by e-mail on Teignbridge@devonandcornwall.pnn.police.uk

PCSO 30659 Leanne West
PC 10658 Robert Condy – Young
PC 14939 Alison Hooper

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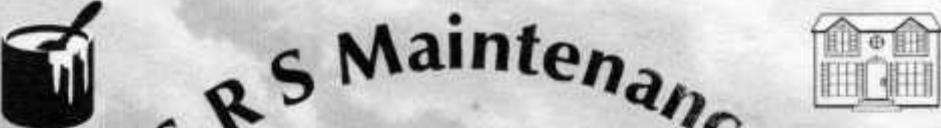
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Cuban Airwaves Whitestone's own Salsa Band

Every month "Cuban Airwaves"
meet to play a set playlist in the
parish hall. Everyone is
welcome, especially any budding
acoustic musicians, singers or
percussion players.



We play popular Cuban and other Latin music and sheet
music is available if required. We meet on a Friday
evening at 7:30 pm so please ring if you are interested to
find out details of this month's session.

Booked dates until the end of the year are:
27th September (Billiard Room)
18th October (Main Hall)
15th November (Main Hall)
20th December (Main Hall)

Please make a note in your diary.

Dave Lee

Join us for a cycle ride on Sunday October 13th

This month we're going to cycle along the Granite
Way which for the most part is an old railway line
between Okehampton and Lydford. It forms part of
the National Cycle network route 27 (Devon coast
to coast) and is 11 miles each way with no steep
hills.

There's a café at Meldon Viaduct as well as one at
Okehampton station and we can decide on the
day whether to cycle the whole distance or less.
If you'd like to join us, meet at the Parish Hall
10am and we should be back about 2pm or so,
depending on how long we spend in the café!

Hope you can join us,

Peter Hanson, Dave Lee and friends.

ALI BABA and the 40 THIEVES

We are hoping to start rehearsals for the children
at the beginning of November.

If your child is 5 years or older and would be inter-
ested in dancing in the pantomime, please contact
Nikki or Sophie on 811740 and we will confirm the
rehearsal dates.

Many thanks,

Nikki Collins

SHORT MAT BOWLS

We shall begin the winter season this month.
Two sessions each week starting
Wednesday, September 25th 10-12 and then
Friday 27th 7.30-9-30 p.m.

The cost will be £1 per person per session. The
need for sets of bowls is still a priority, please
contact Gill or David Oakey if you are able to help
on 811585 .

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WHITESTONE PLAYERS

are pleased to announce that the
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ALI BABA and the 40 THIEVES

to take place from
4th to 8th February 2014.

Read Through Auditions will take
place on Wednesdays

25th September 2013

2nd October 2013

9th October 2013

at 7.30 pm in the Billiard Room of
the Parish Hall.

Why not come and see if there is
part for you !

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MARY'S DAIRY DIARY

September on the Farm

I was watching the house martens gathering on the telephone line, chatting away. One came back from the wood, and there was a murmur through them. They all took off in a flock, darting, swooping, scything over the trees, even flying in under the leaves. It looked like the one was a scout, reporting back that the flies were particularly fat, juicy and plentiful in the wood. Too soon they gather on the wire for the last time, and are gone until the spring. The house is suddenly still, quieter, and the insects return, made bold now they are no longer being harvested to feed chicks. It's an end of summer moment when they go.

The house martens bred well this year; a lot more will leave for Africa than came. Other birds did well this year here: we had two barn owl chicks fledged, and it has been difficult for them elsewhere. We heard the distinctive wail of young kestrels begging for food. Our mix of farmland and woodland, and this season, easier than last year, has worked for them.

CROPS - Plenty is all around us, the hedgerows and orchards rich with fruit, and we bring in the harvest. The season has been such a mix – cold and wet till April, then hot and dry: now what? We check our stores – will we have enough to feed the cows through the winter? The maize loved the heat, where last year it shivered in the cold. This year, it should put on a third of its bulk in September, storing the last of the summer's sun for the winter. This year, the grass was slow to start growing and quick to stop as it burned off in the heat. We will make a little more grass silage this month if the rain penetrates to the roots. We will need it to dilute the maize silage. Too much maize and the milk gets too white and the curd too hard and brittle for what I'm looking for. Mostly we will use it to give a little summer richness to the cows as they graze the grass deep into the winter and in early spring, where it will be diluted with the green stuff. We are growing fodder beet for the first time for a while. It chased the water down, and is starting to sit in remarkable towers of feed with its little topknot of leaves – extraordinary that those leaves have filled that fat root. Badgers are drawn to fodder beet's rich sweetness. We will fence them off the fodder beet where we plan to outwinter the cows.



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COWS - The autumn cows have calved. Milk is a beautiful balance for cheese, and the cows are recovering well from calving, returning to their shiny-coated well being soon. The grass came back just in time to keep them going, just like the spring.

CALVES - It is lovely to see another generation of beautiful calves find their feet and follow the milk bar, associating people with food for their whole lives. Adam saw some yearlings processing across the barley into the woods one evening last month, and could just call them back into the field. They got food, but not the half remembered glory of the milk bar. Perhaps they were fed up with the prickly awns of the barley, just like the deer, and wanted some soft grass to eat. It turned a breakout into the woods into a short and manageable excursion.

CHEESE - I think September cheese is some of my favourite – milk settled, rich from the grass with good amounts of clover, and well balanced with enough fibre in the grass and enough sugar from the still-warm sun. The work is less demanding, too, as the days cool. Our amazing team of cheesemakers maintain all the work required to make the cheese just so when the temperatures soar, but it's easier when temperatures are sensible. The stores keep less dry too; easier to keep the cheese just so while maturing. Our photovoltaic panels have been giving us electricity, and also keeping the sun off the main store roof, a double benefit.

AWARDS - At The Great Taste Awards, we received 3 gold stars for Vintage, and 1 gold star for Raw Milk Cheddar. Vintage also won a place in the Great Taste Top 50 Foods. In addition, we picked up Gold for our Mature and Ewes Milk Cheddar at the Taste of the West Awards, as well as Silver for our Extra Mature and Raw Milk, plus Bronze for our Oak Smoked Cheddar.

Recipe

The quinces don't last well in store, so I harvest them as they come ripe. I core them, take out the gritty bit close to the core, and boil them to a soft puree, then moulai them to take out the skin. I freeze it by the litre container, to bring out through the winter. It's only when you add the sugar, in really alarming quantities, that the aromatic richness of the quince is revealed. To some puree, I add as much sugar equal in weight to the puree and let it dry in racks on silicon sheets, over the Rayburn or in the airing cupboard. When it becomes a jelly I can handle, I cut it into cubes and shake it with yet more sugar. Dry it further and serve with cheese or give it as lovely home made sweetmeat for Christmas presents.

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**RE- OFFICIAL OPENING OF THE
REFURBISHED WHITESTONE PARISH
HALL**

**COPY OF THE HANDWRITTEN LETTER TO
MARY BELT FROM MARY COLCLOUGH,
CHAIRMAN OF TEIGNBRIDGE DISTRICT
COUNCIL'S RURAL AID FUND**

Dear Mary,
Norman and I would like to thank you for your welcome to Whitestone and the very pleasant evening we spent in your village hall. I enclose a copy of the item I included in the TDC Members newsletter including the photos taken by Jock.

Look forward to seeing you again next year when the Committee get together again

Best Wishes,
Mary

MEMBERS NEWSLETTER
A message from the Fund Chairman

In my role as Chairman of the Rural Aid Committee I was invited to open the refurbished Whitestone Parish Hall.

The hall committee is appreciative of the help that grant money from the Rural Aid fund which has enabled them to transform a tired building into a very pleasant and well designed hall. This also had the backing and help from the community that it serves. The result is superb. Well done, Whitestone!

Just to remind you, £55,000 is set aside in the TDC budget yearly and all of this is allocated to projects around rural areas of the district by a dedicated committee. Many of these projects include improvements to village halls which, after all, are the hub of a rural community, but also provide, amongst other things, on the spot leisure facilities. This year, for example, money has been given towards a hall kitchen installation, roof repairs, refurbishment of a hall floor, disabled toilet provision, river bank repairs, new play equipment, an allotment project and a broadband project.

I take this opportunity to thank my fellow Councillors for their support for on-going provision from the budget, the Rural Aid Committee members and Gary Powell who deals with the day to day running of the Committee. I hope the work continues for years to come.

Mary Colclough

Chairman of the Teignbridge Rural Aid Committee

MEL STRIDE MP FOR CENTRAL DEVON

To contact Mel Stride, please write, call or email him at the details below.

Mel Stride MP 01392 823306
House of Commons
London
SW1A 0AA

mel.stride.mp@parliament.uk
mel.stride.mp@parliament .uk

For a monthly update on Mel's work in Central Devon and Westminster, sign up to his email bulletin 'SNAPSHOT' via the website.

If you have any comments to make on the content, layout or any other matters concerning this magazine, please contact the Editor: Mrs Jennifer Kellagher, East Rowhorne, Nadderwater, Exeter EX4 2LQ 01392 273864.

We always welcome any suggestions to improve the magazine.

If you wish to place an advertisement, please contact the editor for the current rates.



Cllr Mary Colclough after unveiling the Certificate to commemorate the opening of the refurbished Parish Hall. The Certificate states:

The project to improve the structure and facilities of the Parish Hall was started in 2008 and provided the hall with a new roof, lobby area, toilets, kitchen and kitchenette.

"The work could not have been done without the financial assistance of grants from Teignbridge District Council Rural Aid Fund Devon County Council Investing in Devon (Airport Fund)

The Big Lottery Whitestone Parish Council Coldplay - J Van Mars Foundation as well as a great deal of local fundraising. Nor could the project have been completed without the many volunteer hours spent on both planning and practical building works.

The Whitestone Parish Hall Management Committee are extremely grateful to all those who have helped to bring this project to fruition."



Some of the 70 or so parishioners who witnessed the opening ceremony and performances by Village Voices and Cuban Airwaves.



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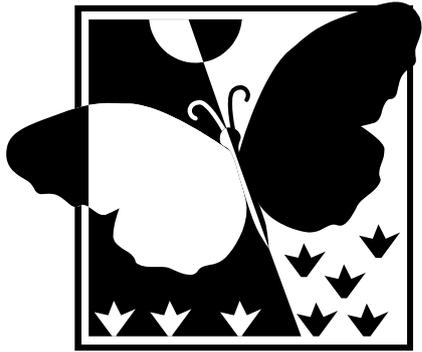
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GOOD COMPANIONS

Meeting In Pathfinder Village Hall --- 2.30pm
Speakers for October

2nd October.....Bernard Hughes.....The Inland Waterways of England & Wales
16th October.....Sue Densham.....Alaska

August the 21st, we welcomed Jeff Merrett MBE, who is the chairman of the well known local charity 'DREAM - A - WAY' that provides holidays to local people of all ages with special needs, disabilities or serious illness and reside within Devon, Cornwall, and the Isles of Scilly. He explained that it was run entirely by volunteers and no one received any salary or expenses.

Our second speaker, local lady Hazel Slack, gave us an insight into the goings on that happen when attending a 'Queens Garden Party'. Hazel attended a 'Queens Garden Party' during her time as Lord Mayor of Exeter and came to our meeting dressed very smartly in the outfit that she wore when attending said garden party.

It does not seem possible but we are having to think ahead about Christmas and, for those members who have missed meetings, we have arranged this year to stay local and have booked our Christmas dinner at Fingle Glen for the 20th November.

We look forward to seeing you in October.

Angela Paddy, Chairman 01647 61934
John Hunt, Secretary 01647 61958



VEGETABLES TREES & SHRUBS
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GARDEN VISITS

Interested?

Then join our friendly gardening club

We meet every third Monday of the month
at 7:30pm in Whitestone Parish Hall

Contact - Gill Oakey, 811585

TIPS FROM THE GARDEN CLUB

Autumn colours, shorter days, night frosts, clear sunny days a sure sign winter is approaching !

1. Rake up fallen leaves and pile up to make leaf mold.
2. Dig over empty areas of flower and vegetable beds.
3. Cut off old flowering stems of rambling roses.
4. Plant garlic cloves in seed trays.
5. Rake moss and thatch out of your lawns.
6. Lift and store dahlias, gladioli, and summer flowering bulbs.
7. Place netting over ponds to stop autumn leaves falling in.
8. Harvest remaining apples and pears before they are too damaged by early frosts.

Manuring your empty beds at this time of year is essential for good growth. If you do not have a compost heap, try a local stable for a load of horse manure. Everything will grow so much better next year !!

Happy Gardening

VILLAGE VOICES

The Parish Hall has been booked for the Whitestone choir - Village Voices - for the first quarter of 2014.

January 2nd, 9th, 16th (NOT 23rd, 30th and 6th Feb)

February 13th, 20th, 27th

March 6th, 13th, 20th, 27th

Same times as usual: Thursday at 7.45 - 9.30 pm
Liz Watkins



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Newsletter - October 2013

The children have made a great start on their work based on our topic 'People who help us' and we have been talking about who helps us with the horses and what we do to help. The children have also made a chart on their 'Helping at Home' books and are currently working on designing their bedrooms for our wall display. Over the next few weeks the children will be learning about people who help us at pre-school, people who help keep us safe and people who help keep us healthy and happy.



We are now registered as a Forest Childrens Provider because we believe that spending time outdoors is very important. The children go outdoors every day, at least once a day, no matter what the weather because we believe that fresh air and open space is good for them! We have a fully enclosed garden that the children can access whenever they want, but we are also close to parks and woodland areas and we will try to visit one of these places once a week.

We currently have spaces for all aged children at pre-school so if you are interested please call or pop into any session to see what we have on offer. As well as the funding for the 3-4 year olds we also accept the Zaether funding for eligible 2 year olds.

We still offer our popular drop in sessions on any morning from 10am to 12:30pm for Parents/Carers to come with their children. These sessions are a great introduction for children to a pre-school life. A charge of £5 per session is payable. However, if you attend two sessions or more in the same week the subsequent sessions will be half price.

Tempest Photography will be coming out on the 26th October from 3pm onwards so if you would like to have individual or group family photos taken please let me know as I can book you in. These make lovely Christmas presents.

Tedburn Toddlers

We are a relaxed, friendly group for babies & toddlers and their parent/carer to play, socialise and have fun! Why not join us for a coffee and a chat while your children play in a fun, safe environment. We meet in Tedburn Village Hall on Mondays during term time from 9.30am to 11.30am.



Thanks to everyone for your continued support.
From the Staff and children of Sara's School.



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The man nods. "Now give me the medical term so I can tell my wife."

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TABLE TENNIS

Regular Table Tennis takes place in the Parish Hall on Monday evenings 7:30 to 10 pm except when the Social Club is meeting. This means, for **October**, we will be meeting on the **7th, 14th** and the **21st**.

Remember that, for Table Tennis, everybody is welcome for an evening's fun, entertainment and fitness workout for only £1.50. Up to four tables available.

Just remember that children under 16 must be accompanied by a responsible adult.

WHITESTONE WALKERS

Due to many of the walkers undertaking the Abbot's Way walk on the first Sunday of the month, the next walk will be on Sunday, **13th October**. It will be led by James Bryant. Details of the walk will appear on the website. Meet at 9:30 am at the Parish Hall as usual.

PARISH COUNCIL MEETING

The Whitestone Parish Council meeting will be on: Thursday **10th October** at 7.30pm.

Members of the Public and Press are invited to attend.

WHITESTONE HANDBELL RINGERS

(for information, contact Mrs Chris Piper 01392 811365)

If anyone would like to join us, we welcome both experienced and learners alike. At present we practice every Wednesday afternoon between 2 and 3 p.m.

If you would like to know more, please contact Mrs. Chris Piper.

WHITESTONE ARTS & CRAFTS MORNING

There is time and space in Whitestone Parish Hall for us to pursue a project of our choice. At the last meeting, Rag Rug making was undertaken for the first time!

Bring a project and materials and share ideas with other people who enjoy art and craft activities. The £2 cost covers tea/coffee and biscuits and the hire of the Hall.

Dates:- Thursday **10th October**
Thursday 31st October
Thursday 21st November
Thursday 12th December

from 9.30 am to 12.30 pm.

There is no need to book; just come along and join us. Everyone is welcome.

For more information, contact Sandy Oxford on 078669 20719.

WHITESTONE BABY & TODDLER GROUP

For all children aged 0-8yrs. Tuesday - 10:00am to noon. A place to play, make friends and have a chat! £2.00 first child and 50p for each additional child.

To see the full list of activities and fun, please contact us at:

- whitestonebabyandtoddlergroup@live.co.uk
- our Facebook page, or
- our whitestone-devon.org.uk page

Why not pop in to one of our sessions and pick up a leaflet.

SHORT MAT BOWLS

(Contact David Oakey tel. 01392 811585)

Don't miss the opening sessions in the Parish Hall -

Wednesday **25th September** 10 am to noon

Friday **27th September** 7:30 to 9:30 pm

Cost is only £1

Short Mat Bowls sessions are planned for every

Wednesday (10 to noon) and Friday (7:30 to 9:30 pm)

WHITESTONE SOCIAL CLUB

(Coordinator Pauline Fisher, tel. 01392 811979)

Forthcoming Events on Monday:

- 23rd Sept.** Worldwide Drug Smuggling
(NOT how to do it!)
- 28th Oct.** Talk by Sally Tipping (Local Magistrate)
- 25th Nov.** "It Shouldn't Happen to a Vicar"
- 16th Dec.** Christmas Festivities (to be finalised)

The other 'Bring & Share' food & drink evenings are a great way to meet other people in the village. In particular newcomers to the village can get to know people, make new friends and find out what is going on. There's also a book swap club. All meetings start at 7:30 pm in the Parish hall.

WHITESTONE BOOK CLUB

(Coordinator Sandy Oxford 07866 920719)

The next Book Club meeting will be on Monday, **14th October** from 2 - 4 pm in the Whitestone Parish Hall. Cost £1.50

Last month's book was beautifully written and the story un-put-downable so our new text has a lot to live up to! The book to read for October is "The Reader" by Bernhard Schlink.

CHURCH BELL RINGING

We practise most Thursday evenings at St Catherine's Church from 7:30 to 9:00pm.

If you would like to learn, find out more, or are a visiting ringer, we would be very pleased to see you. To confirm that we are practising on a particular Thursday, please telephone James Bryant on 01392 811391.

GARDENING CLUB

(Secretary: Derek Fisher, tel. 01392 811979)

Do you grow vegetables? I try but usually fail spectacularly and am constantly in awe of those club members who seem to have a never-ending supply of crops throughout the year. How do they do it? Maybe our speaker for October, Don Cockman, whose subject is 'Growing Delicious Vegetables, will be able to offer simple advice that even I can employ. Join us at 7-30pm on **Monday 21st October** to learn the secrets. £1 Door fee to cover draw ticket, tea and biscuits and don't forget the October competition for the longest vegetable. That's me out this month - I'll probably change the category next year!

November's meeting will be about orchids. No meeting in December but please give some thought to next year's visits. Day visits do not seem well supported - maybe more evening visits would suit?

PILATES IN THE PARISH HALL

Please join us for Pilates with an expert instructor. Thursdays 6.45pm
Classes cost £6.50 or £30 for 6

BENEFACTIVE CHOIR

Anyone who would like to join the choir and sing please contact Jackie Lightband (811527). New recruits always welcome.

VILLAGE VOICES

(Liz Watkins tel.01392 811285)

This month, rehearsals are booked for the following Thursdays at 7:45 pm.

October 3rd, 10th, 17th and 24th (NOT 31st!)

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Phone Tim at any time:

Business line: 01392 427415

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ACS

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Mob: **07971 843720**

25 Merrymeet, Whitestone, Exeter, Devon EX4 2JP

DATES FOR YOUR DIARY

Mon	23 September 2013	Social Club - Worldwide Drug Smuggling - Whitestone Parish Hall - 7:30 pm
Wed	25 September 2013	Short Mat Bowls - Parish Hall - 10am to noon
Wed	25 September 2013	Pantomime read-through audition - 7:30 pm - Billiard Room, Whitestone Parish Hall
Fri	27 September 2013	Cuban Airwaves - 7:30 to 9:30 pm
Tue	01 October 2013	Christianity Explored Course - Home of Freddie & Emma Hawkins
Wed	02 October 2013	Pathfinder Good Companions - Bernard Hughes - The Inland Waterways of England & Wales - Pathfinder Village Hall - 2:30 pm
Wed	02 October 2013	Pantomime read-through audition - 7:30 pm - Billiard Room, Whitestone Parish Hall
Fri	04 October 2013	Concert in the Church - Ben & Alfie - Holcombe Burnell - 7:30 pm
Wed	09 October 2013	Pantomime read-through audition - 7:30 pm - Billiard Room, Whitestone Parish Hall
Thu	10 October 2013	Arts & Crafts Morning - Parish Hall - 9:30 am to 12:30 pm
Thu	10 October 2013	Parish Council Meeting - Parish Hall - 7:30 pm
Sun	13 October 2013	Cycle Ride - Whitestone Parish Hall - 10:00 am
Sun	13 October 2013	Whitestone Walkers - Meet at Parish Hall car park - 09:30 am
Mon	14 October 2013	Book Club - Whitestone Parish Hall - 2 to 4 pm
Tue	15 October 2013	Folk at the Oak - Royal Oak - 8pm
Wed	16 October 2013	LAST DATE FOR SUBMISSION OF ARTICLES FOR NOVEMBER MAGAZINE
Wed	16 October 2013	Pathfinder Good Companions - Sue Densham - Alaska Pathfinder Village Hall - 2:30 pm
Sat	19 October 2013	Saturday Surprise - Whitestone Parish Hall - 6:00 pm to 6:45 pm
Mon	21 October 2013	Gardening Club - Don Cockman "Growing Delicious Vegetables" - Billiard Room - 7:30 pm
Mon	28 October 2013	Social Club - Sally Tipping, Local Magistrate - Whitestone Parish Hall - 7:30 pm
Thu	31 October 2013	Arts & Crafts Morning - Parish Hall - 9:30 am to 12:30 pm

WEEKLY EVENTS IN OCTOBER

	Dates	Event
Mon	7th, 14th, 21st	Table Tennis - Whitestone Parish Hall - 7:30 to 10:00 pm
Tues	1st, 8th, 15th, 22nd, 29th	Baby & Toddler Group - Whitestone Parish Hall - 10 am to noon
Tues	1st, 8th, 15th, 22nd, 29th	Christianity Explored Course - Home of Freddie & Emma Hawkins
Wed	2nd, 9th, 16th, 23rd, 30th	Short Mall Bowls - Whitestone Parish Hall - 10:00 am to noon
Thu	3rd, 10th, 17th, 24th, 31st	Pilates - Whitestone Parish Hall - 6:45 to 7:45 pm
Fri	4th, 11th, 18th, 25th	Short Mall Bowls - Whitestone Parish Hall - 7:30 to 9:30 pm