

**ST. CATHERINE, WHITESTONE**

with

**Pathfinder Village**

and

**ST. THOMAS, OLDRIDGE**

*Please note that subscriptions for the magazine for 2014 were due as of January. The price has been kept at £4 for the year, so please give this amount to the person who distributes the magazine to you. Thank you.*

*Parish Magazine*



*St. Catherine's Church, Whitestone 1841  
(drawn from Nature and on Stone by W. Spreat)*

**Rector**

Reverend Martin Wood, The Rectory, Church Lane, Cheriton Bishop EX6 6HY 01647 24119

**Whitestone and Oldridge Churchwarden**

Dr. Jane Richards, Quarryfield House, Whitestone (01392 811492)

# NORTH KENN MISSION COMMUNITY

## SERVICES FOR MARCH 2014

### Sunday March 2nd

<b>9.00 am</b>	<b>Whitestone</b>	<b>Holy Communion</b>	<b>Revd Tim Gorringe</b>
9.30 am	Holcombe Burnell	Holy Communion	Canon John Tutton
11.00 am	Tedburn St Mary	Family Service	Revd Martin Wood
3.00 pm	Pathfinder Village	Holy Communion	Revd Martin Wood
6.00 pm	Cheriton Bishop	Evening Prayer	Revd Martin Wood

### Ash Wednesday March 5th

10.30 am	Pathfinder Village	Holy Communion	Revd Martin Wood
7.30 pm	Holcombe Burnell	Holy Communion	Revd Martin Wood

### Sunday March 9th

<b>9.30 am</b>	<b>Whitestone</b>	<b>Parish Communion</b>	<b>Revd Martin Wood</b>
9.30 am	Holcombe Burnell	Holy Communion	Revd Tim Gorringe
11.00 am	Cheriton Bishop	Family Service	Revd Martin Wood
3.00 pm	Pathfinder	Fellowship and Prayer	
3.00 pm	Tedburn St Mary	Evening Prayer	Lay led

### Saturday March 15th

<b>6.00 pm</b>	<b>Whitestone Hall</b>	<b>Saturday Surprise</b>	<b>Revd Martin Wood</b>
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### Sunday March 16th

9.00 am	Tedburn St Mary	Holy Communion	Revd Tim Gorringe
9.30 am	Cheriton Bishop	Parish Communion	Revd Martin Wood
3.00 pm	Pathfinder	Evensong	Revd Martin Wood
6.00 pm	Holcombe Burnell	Evensong	Lay led

### Sunday March 23rd

10.30 am	Tedburn St Mary	Team Communion	Revd Martin Wood Revd Tim Gorringe to preach
3.00 pm	Pathfinder	United Service	

### Sunday March 30th

9.30 am	Cheriton Bishop	Holy Communion	Revd Tim Gorringe
9.30 am	Tedburn St Mary	Parish Communion	Canon John Tutton
<b>9.30 am</b>	<b>Whitestone</b>	<b>Mothering Sunday Service</b>	<b>Revd Martin Wood</b>
11.00 am	Holcombe Burnell	Family Service	Revd Martin Wood

### Mothering Sunday

<b>Thursdays 10.30 am</b>	<b>Pathfinder</b>	<b>Holy Communion BCP</b>
	<b>13th, 20th, and 27th</b>	<b>Revd Martin Wood</b>

*Please note: 4th and 5th Sundays reversed so that each parish can have its own Mothering Sunday worship*

## Lent begins

March this year sees the beginning of Lent on Ash Wednesday, 5th March. You might think that Lent is very late this year and you would be right. This is because Easter is much later this year on Sunday 20th April, therefore so is Lent. In two hundred and fifty years, Easter only occurs eight times on 20th April in 1919 1924 1930 2003 2014 2025 2087 2098. After this year Easter comes back to 20th April in 2025 and then we have wait 62 years for its return. If your birthday is on 20th April you will probably only have to share it with Easter two or three times in your life time.

You might ask what Lent is? It is something that has evolved rather than been created, which makes defining it difficult. It is the preparation for the Easter celebration. In getting ready for Easter, Christians are encouraged to observe a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy word. It is fair to say that the most well-known disciplines are self-denial and fasting which are sometimes associated with giving up chocolate for Lent.

I want to draw your attention to the last two items which are reading and meditating on God's holy word. Perhaps coming to a Lent course might encourage you to read and meditate on God's word. This year the Lent course will look at the Creed. It will be led by Tim Gorrington and it runs for five weeks starting on Wednesday 12th March in Whitestone Village Hall. The Creed is said in church each Sunday. It is something we might know by heart yet not really know what the words mean or where they came from. I am sure that studying the Creed will deepen our knowledge of God and our faith. May I commend you to come and see if it suits you? There is no commitment to come each week, come when you can.

If the Lent course is not for you then perhaps you might think of other things to take up and do during Lent. I think Lent often has negative undertones and giving things up often adds to sense of bleakness. I think taking up something might add a more positive dimension. It is surprising how by doing something little it can make big difference. Here are a few of my suggestions: ring someone up that you have not talked to in a while, offer to help someone you see struggling, make time to treat someone you love and tell someone how you appreciate their work or help. There are endless possibilities to enrich other people around us and that will make a much happier world. Do something good for someone else and for Lent!

*Rev. Martin Wood. The Rectory, Church Lane, Cheriton Bishop EX6 6HY 01647 24119 (Tuesday to Sunday)*

### **DAILY OFFICE (MATTINS AND EVENSONG)**

Martin will be saying the Daily Office (Mattins and Evensong) in each of the churches once a week at 9.00 am and 3.00 pm as follows:

**Tuesday: Holcombe Burnell**

**Wednesday: Tedburn St. Mary**

**Thursday: Cheriton Bishop**

**Friday: Whitestone**

He will be very pleased to see anyone who wishes to join him or speak to him at these times as well.

From the Register

The funeral of Josephine Swift, late of Pathfinder Village and Treelands, was held at St. Catherine's on the 6<sup>th</sup> February 2014. She was a regular attender at Pathfinder Church and always known as Josie .

The funeral of Joyce Pike of Hill Farm, Whitestone was held at St. Catherine's on the 14<sup>th</sup> February 2014 at 11am.

## Concerts in the Church

### Holcombe Burnell Church

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**Thursday 20<sup>th</sup> March**  
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**S A T U R D A Y**

**U** Saturday  
**R** 15th March  
**P** PARISH HALL  
**R** 6.00 - 6.45pm

-----  
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**S** "unchurchy church"  
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For information:

The next Saturday Surprise is on **17th May 2014**

## **COFFEE MORNING**

22nd March at 10.30 am  
Pathfinder Village Hall

Fund raising event for Pathfinder Village Church  
Many items for sale

## **Pathfinder Village Church**

Wednesday **5<sup>th</sup> March** - 10.30 am  
ASH WEDNESDAY service  
Refreshments afterwards

Thursday **6<sup>th</sup> March**  
PLEASE NOTE NO SERVICE

Friday **7<sup>th</sup> March** - 11.00 am  
Womens World Day of Prayer  
Theme is EGYPT  
Refreshments afterwards  
Everybody welcome

Wednesday **19<sup>th</sup> March** - 7.30 pm  
Lent Course - second week

Thursday **3<sup>rd</sup> April** - 10.30 am  
Holy Communion and Healing Service  
Refreshments afterwards  
Everybody welcome



**CHOCOLATE?  
ALCOHOL?**



Thinking of giving them up for Lent?  
Maybe, but how about coming to a 'Lent lunch'  
to meet up with others and give something at  
the same time? Members of St Catherine's  
church are planning to host 'Lent lunches' in the  
Parish Hall on Wednesday's during Lent,  
starting on Ash Wednesday 5th March. Soup,  
bread and an apple will be on offer  
(no chocolate or alcohol !!). In return we will be  
collecting donations to WaterAid and Devon Air  
Ambulance, and/or non-perishable in-date food  
items\* to take to the Exeter Food Bank.

**All are welcome** from 12.30 - 2.00 pm on Wed  
5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> March and 2<sup>nd</sup> & 9<sup>th</sup> April

\* Items needed include 1L UHT Semi skim milk,  
1L long-life fruit juice, noodle/pasta snacks,  
Instant Coffee, Pasta Sauce, Biscuits,  
Tins: sponge puddings, vegetables (peas/  
carrots/sweetcorn/potatoes), fish (tuna), custard.

For more information please call the Kellaghers  
on 01392 273864.

## JOYCE PIKE

We were sorry to hear of the passing of Joyce Pike on January 25th at Treelands. Joyce has been a member of St Catherine's Church since the early 1940's and, until being hampered by ill health, was a regular attender at services.

She contributed in many ways to church life with her practical approach from catering for the huge Harvest Suppers and Teas for the Church Fetes to flower arranging and Church cleaning. In later years when she was unable to help, she always provided her usual items of Easter lilies, Harvest bread and grapes and that welcome huge bunch of variegated holly for Christmas.

In the village, she helped with the pantomime wardrobe and the sports refreshments. In the days before most people had cars, Joyce joined all the mums pushing their toddler's prams to the Sports Day marquee to organise the catering for the annual Whitestone Childrens' Free Tea. This involved not only preparing and dispensing the food but also keeping control so that the locals did not pass out food to their non parish friends under the canvas tent flaps thereby creating a shortage of Escotts fancy cakes.

Joyce also quietly backed Leslie by organising the farm work and caring for the family while he was involved in his duties for the Parish and District Councils.

After a long and industrious life may she rest in peace.

Jeanne Thomas

### Lent Course 2014



### Exploring the creed

The Lent course will be led by Tim Gorringer who will be looking at what we can learn from our creed that we say each Sunday in our services. The course will run for five evenings on a Wednesday at 7.30pm. It will rotate around the villages.

Date and Time	Venue
Wednesday 12 <sup>th</sup> March 7.30pm	The Billiard Room, Whitestone Parish Hall
Wednesday 19 <sup>th</sup> March 7.30pm	Pathfinder Church
Wednesday 26 <sup>th</sup> March 7.30pm	The Lounge Longdown Village Hall
Wednesday 2 <sup>nd</sup> April 7.30pm	Tedburn Methodist Church Hall
Wednesday 9 <sup>th</sup> April 7.30pm	Spalding Hall Cheriton Bishop

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## ST. PETROCK'S

Most people know that St Petrock's helps homeless men and women with meals, clothes, laundry and health services. One less well-known aspect of their work is their work with prisons. The following is taken from their annual report.

"St Petrock's has been providing a Housing Advice Service at HMP Exeter since 2003 in response to the increasing numbers of prisoners released as NFA (No Fixed Abode). Releasing prisoners without accommodation means that they are far more likely to commit further offences, less likely to get a job and are likely to find it difficult to stay involved in drug rehabilitation and offending behaviour programmes. The Housing Advice Team focus their support on offenders who do not have a probation licence and are likely to be released NFA, and on those whose tenancies may be at risk while they are in custody. They also provide advice to colleagues in the prison and to other agencies who work with ex-offenders in the community.

"2012/13 has been an exceptionally busy year for the team. In spite of an increase in caseload and a decreasing range of local accommodation options, they have continually met or exceeded the key performance targets set by the government. Over the year, the team of two have worked with 1,021 cases; of these, they supported 630 clients into accommodation or helped them to maintain their existing tenancies. Of the remainder, over 300 were transferred to other prisons, where the team handed over on-going cases so that work could be continued prior to their release.

"Key services provided by the Housing Advice Team include liaising with Housing Benefit Teams to try and keep claims in payment; advocating on behalf of clients; negotiating with landlords to resolve tenancy issues; making homeless applications to Local Authorities; making referrals to supported accommodation providers, hostels and recovery projects; helping clients to register on local housing lists; providing advice on accessing private rented accommodation and signposting clients to other support agencies on release. Working closely with other services is a crucial part of their work.

### CHURCH HOUSE EDUCATIONAL FOUNDATION

Written applications for grants for students and those eligible should be made to the Hon. Secretary by Sunday 4<sup>th</sup> May 2014.

The Annual General Meeting will be held in the Billiard Room of the Parish Hall on Wednesday 7<sup>th</sup> May 2014 at 8:00 pm

Hon. Secretary: Mrs J. Thomas, 2 Barton Cottages,  
Whitestone EX4 2LB

## JUST FOR FUN - BEING GREEN

Checking out at the supermarket, the young cashier suggested to the much older woman, that she should bring her own grocery bags because plastic bags weren't good for the environment.

The woman apologised and explained, "We didn't have this 'green thing' when I was your age"

The young cashier responded, "That's our problem today - your generation did not care enough to save our environment for future generations."

She was right -- our generation didn't have the 'green thing' in its day.

Back then, we returned milk bottles, lemonade bottles and beer bottles to the shop. The shop sent them back to the plant to be washed and sterilised and refilled, so it could use the same bottles over and over. So they really were recycled.

Grocery shops bagged our groceries in brown paper bags, that we re-used for numerous things, most memorable besides household bags for rubbish, was the use of brown paper bags as book covers for our school books.

Back then, we washed the baby's Terry Towel nappies because we didn't have the throwaway kind. We dried clothes on a line, not in an energy-gobbling machine burning up 3 kilowatts – wind and solar power really did dry our clothes back in our early days. Kids had hand-me-down clothes from their brothers or sisters, not always brand-new clothing.

Back then, we had one radio or TV in the house - not a TV in every room and the TV had a small screen the size of a big handkerchief (remember them?), not a screen the size of Scotland in the kitchen. We blended and stirred by hand because we didn't have electric machines to do everything for us. When we packaged a fragile item to send in the post, we used wadded up old newspapers to cushion it, not Styrofoam or plastic bubble wrap. Back then, we didn't fire up an engine and burn petrol just to cut the grass. We pushed the mower that ran on human power. We exercised by working so we didn't need to go to a health club to run on treadmills that operate on electricity.

We drank from a tap when we were thirsty instead of using a plastic bottle every time we had a drink of water. We refilled writing pens with ink instead of buying a new pen, and we replaced the razor blades in a razor instead of throwing away the whole razor just because the blade got a little blunt.

Back then, people took the bus and kids rode their bikes to school or walked instead of turning their Mums into a 24-hour taxi service in the family's £50,000 'People Carrier' which cost the same as a whole house did before the "green thing." We had one electrical outlet in a room, not an entire bank of sockets to power a dozen appliances and we didn't need a computerised gadget to receive a signal beamed from satellites 23,000 miles out in space in order to find the nearest pub!

But isn't it sad that the current generation laments how wasteful we old folks were just because we didn't have the "green thing" back then?



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## WHITESTONE PARISH COUNCIL - FEB 2014

**DRAFT** Minutes of Whitestone Parish Council meeting held at Whitestone Parish Hall at 7.30pm on Thursday, 13th February 2014 to be ratified on Thursday 13<sup>th</sup> March

Attendance:

Chairman – Councillor P Nierop  
Councillors Mrs M Belt, Mrs B Bramhall,  
Mrs P Fisher, S Heathcote,  
L Hickman, D Munro, R Phillips,  
A Reed.

County Councillor J Brook (for part of the meeting)  
Mrs P Vaughan, Clerk to the Council  
Mr D Friend, Mrs S Greenfield.

Apologies: Councillor M Quinn,  
District Councillor P Bromell.

The meeting was preceded by the February Draw for the 100 Club in support of the Parish Hall Development Fund. The lucky number was 77 belonging to Dr John Rutter.

The Chairman opened the meeting and the minutes of the Parish Council Meeting held on 9<sup>th</sup> January 2014 having been circulated were taken as read and signed as a true copy by the Chairman.

### PLANNING

#### Planning Applications

14/00144/FUL Single storey front extension at Pound View Farm. The Council discussed the application and there were no objections.

#### Grant of Conditional Planning Permission

13/01686/LBC Replacement windows at Chants Cottage, Heath Cross

13/03306/COU Change of use of land to self storage business and associated security fencing at White Horse Car Breakers, Tedburn Road

#### Stakeholder Workshop on Proposed Attwells Farm Development

It was reported that this Workshop which had been arranged by Taylor Wimpey and Summerfield had been postponed as they wish to review the Inspector's final report before deciding when to proceed with stakeholder and public consultation on an initial masterplan for this site.

### MATTERS FOR DISCUSSION

#### School Houses

Cllr Reed reported that work had been carried out on extending rain water pipes, Dirigo valve, garden fencing at both houses and repair to inner front door glass at No 2. He has been advised by Devon Lettings that the Tenancy Agreements for both tenants will be completed next week. The Clerk reported an assessment on the fireplace at 1 School House had been arranged by Devon Lettings at a cost of £57 (includes £9.50 VAT).

### MATTERS RAISED BY THE CHAIRMAN

A request has been made by the Chairman of Teignbridge Highways and Traffic Orders Committee for a report regarding the status of gully cleaning within the Teignbridge area in view of recent severe weather and further risk of potential flooding. Cllr

Nierop requested Councillors to make inspections of their areas and report back to him by 27<sup>th</sup> February when a representative report could be presented to Teignbridge.

### FINANCE

#### Income

School Houses rents for February £1,425 – Letting Agency fees £136.80 (including £22.80 VAT) =  
£1,288.20

#### Expenditure

The following expenditure was proposed and seconded. All in favour.

Whitestone Parish Hall Management Committee (February)	£125
West Coast Windows	£50.40 (incl £8.40 VAT)
Clerk's expenses	£20.70
Chappell Maintenance	£250.00

#### Bank Statement as 31<sup>st</sup> January 2014

Current A/c	£200.00
Reserve A/c 1	£7,113.98
Reserve A/c 2	£3,398.66
	£10,712.64

### CORRESPONDENCE

Teignbridge District Council – Green Infrastructure Strategy Consultation documentation was passed to Councillors for distribution.

The Clerk reported receiving an unsigned complaint which had been sent to Teignbridge Planning Department and cc'd to the Parish Council alleging the setting up of a kennels/dog walking business in Merrymeet Whitestone. A response had been received from Carlo Josi, Planning Enforcement Officer for TDC, suggesting he thought that the complaint came from the Parish Council and indicating that it is considered that no breach of planning legislation has occurred. However, these types of businesses are regulated through the Environmental Health Department and he has therefore passed the information to that department for their attention. Further to this the Clerk received information that this Department will be advising the occupier of the need for a license to operate a boarding establishment. The meeting instructed the Clerk to send the residents concerned a copy of this correspondence and related minute.

Teignbridge District Council Planning Enforcement Officer reported inspecting the site at Swan Lake, Tedburn Road to investigate activities being carried out by the land owner following suggestions that there was residential use of the property. The Parish was asked to submit written evidence substantiating any claim that residential use is taking place. On the same subject District Councillor Bromell forwarded a letter of complaint regarding the parking of vehicles on the lay-by at this property. Cllr Reed reported that he had questioned the status of this lay-by with Highways in the past and had substantiated that it is not an official lay-by but the entrance to Swan Lake and therefore the property of the owner.

Electors Fund – Notification received that there are monies left in the Teignbridge budget for parishes to claim to "provide something new and of community



benefit". Parish organisations to be approached to see if they would like to apply through the Parish Council for a claim to be made on their behalf and this will be discussed at March meeting (13<sup>th</sup> March).

## REPORTS

County Councillor Brook reported on budgetary matters in particular the impact on nursing/care homes and non statutory services as expenditure is cut further over the next four years. He stated that he still has some monies left in his Locality Fund and offered to supply funding for the sign for Nadderwater. The Clerk to ascertain the exact cost as we were only given an approximate costing of £300 to £400 and to query if this included installation costs. After giving his report Cllr Brook left the meeting.

Cllr Fisher reported on items at Crossway Park and Cllr Phillips will meet with her to ascertain any repair work necessary. It was noted that the footpath sign by the Hall needed some attention and Cllr Munro will investigate this.

Bad potholes noted by Whitestone House and Pound View Farm – the Clerk to report.

## PUBLIC PARTICIPATION

Mr Friend commented on discussion regarding report required for gully cleaning and hoped this would include road sweeping as the collection of leaves on roads contributed to the problems of choked drains.

Mrs Greenfield suggested that whilst Councillors were completing their inspections for gully cleaning they could also include any potholes which were encountered.

Mrs Greenfield gave the following report on the Parish Plan Steering Group:- "We have continued work on the full questionnaire and, after a break for the Pantomime, have a further meeting planned for this month". In response to a question Mrs Greenfield confirmed that she hoped the questionnaire would be completed before the forthcoming Annual Parish Meeting.

The meeting closed at 8.50pm.

## LITTER PICK

**Saturday 29th March 2014 10.00 am**

Our first litter pick in 2014 has been organised for Saturday 29th March to give Whitestone a much needed pre Easter Spring-clean. No experience necessary! Teignbridge District Council will again be supporting our efforts. Gloves, protective vests and pickers will be provided.

Meet at the Parish Hall for 10.00 and finish by 12.00 It's fun and really satisfying. Make a difference! Come and join us. Bring a friend!

Philip Nierop  
01647 61419  
e-mail: Philip@thenierops.co.uk

**PS. If there are any litter hot spots that need attention please let me know before or on the day**

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## JUST FOR FUN QUIZ

(Pass mark is only 4 correct answers)

1. For how long did the Hundred Years' War last?
2. Which country makes Panama hats?
3. From which animal do we get cat gut?
4. In which month do Russians celebrate the October Revolution?
5. What is a camel's hair brush made of?
6. The Canary Islands in the Pacific are named after what animal?
7. What was King George VI's first name?
8. What is a Bombay Duck?
9. From where are Chinese gooseberries mainly imported?
10. What is the colour of the black box in a commercial aircraft?

## ANSWERS TO THE QUIZ

- 1) 116 years
- 2) Ecuador
- 3) Sheep and Horses
- 4) November
- 5) Squirrel hair
- 6) Dogs
- 7) Albert
- 8) A fish
- 9) New Zealand
- 10) Orange (of course)



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## THE GREEN CORNER

If you heat your house with a boiler and radiators, it's possible you could shave a fair bit off your heating bills quite easily. Most boilers have a programmer which switches the heating on for a time in the morning and a time in the evening, - or all day of course if it's very cold.

But are there any radiators which are on when not needed? For example if the heating is set to come on at say 4pm in the afternoon but you don't need it in the bedrooms till say a couple of hours before you go to bed. Or maybe you don't use the sitting room in the morning before you go off to work so that radiator could possibly be off till late afternoon. Then what about the weekend? You might want to have a lie-in so the bedroom radiators could come on a bit later and you might want the sitting room radiator on in the morning if it was off on weekday mornings.

The way to switch these radiators off and on at different times is to put a programmable thermostatic radiator valve on each of the radiators you want to control in this way. If you've already got a thermostatic radiator valve on the radiator you can usually just unscrew the thermostatic top and put the new one on without draining the system down.

If you've got access to the internet just google "programmable thermostatic valve" to see a selection of them. Claimed savings are up to 25% of your heating bill so you should easily see a rate of return way above anything you could get in a building society.

Peter Hanson

## SUSTAINABLE WHITESTONE AN INSURER'S VIEW OF FLOODING

No single person, company or government agency carries the blame for, or can solve, flooding. And we know that the threat is only going to increase, with scientists predicting greater flood frequency and extreme weather as a result of climate change. This will cost society more and we have to face up to this. Four points to consider are:

**1. We need significant flood defence investment – both capital and maintenance.**

**2. Listen to the experts about where to build**

In one decade, 200,000 homes in the UK were built in areas of significant flood risk. As a nation we need to build more homes, but the cost of development must include the cost of defences.

Simply: no defences, no development.

**3. Reform of house purchase process**

There is a question about the awareness of prospective house buyers of the risk of flooding. Better quality, more accessible data should be made available to house purchasers.

**4. A strong strategy for surface water flooding**

Although the current focus for us all is coastal and river flooding, surface water flooding is a major concern. More homes, our driveways and supermarket car parks all contribute to more water flowing into the system, and flowing quickly. And then there are the tough questions: how do we as a country balance the interests of those in flood-free zones with those in flooded areas? How do we as a country balance the interests of homeowners, businesses, farmers and the environment?

UK insurers have paid out over £5bn to householders and businesses affected by flooding since 2000. The public deserves and demands a sustainable and workable solution. That will only happen through a tangible commitment from everyone involved to play their part.

Mark Wilson Chief executive of Aviva

---

## WHITESTONE EMAIL CONTACT LIST

Almost a quarter of the parish is now on this list. For the most part, it lets other people know if one of us has something they are happy to give to someone else who might need it. If someone has a need for something they can also post out a notice. For example, just recently, someone wanted to borrow a camping stove while their kitchen was being re-fitted and received 7 offers. The same thing happened when someone wanted to borrow a DVD player.

So if you have anything you're not likely to use and would be happy for it to go to a good home, or there's something you need that you think someone might have spare, please give the details to Peter Hanson on 01392 811878 or email peterhanson4@gmail.com who will advertise it to people within the village (without giving your details) and will put you in touch if anyone would like it. If you'd like to be advised by email about these offers and also about occasional village events, please let Peter know.

PS Don't be afraid to think big. We recently found a home for two Shetland ponies!

# GOOD COMPANIONS

Meeting In Pathfinder Village Hall --- 2.30pm  
*Agenda for March*

**5th March.....Air Ambulance**  
**19th March.....Angela White....**  
**..Bed and Breakfast in the South West**

Another AGM has been and gone. Our thanks to the many members who turned out for the meeting which went very well and, surprise, surprise, the committee remain nearly the same as last year. We say "welcome" to Diane and Jenny as new members to the committee.

Considering the awful weather for our first full meeting of the year, there was a good turnout of members as we welcomed our speaker Paul Rendell who gave us an interesting insight to the making of the film 'War Horse' with some lovely pictures of Dartmoor. Sorry the meeting was a little late starting but Paul had put his pictures on a memory stick and, as he had not used a laptop with digital photo's and projector before, it was a case of the blind leading the blind sorting out how it all worked, but we got there in the end!!!

Our first coach outing has been booked for the 14th of May to The Swannery and Sub Tropical Gardens at Abbotsbury so we have a day out to look forward to. More information nearer the time.

We look forward to meeting you all again in March.  
Keep the wellies handy!

Angela Paddy, Chairman 01647 61934  
John Hunt, Secretary 01647 61958

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If you have any comments to make on the content, layout or any other matters concerning this magazine, please contact the Editor: Mrs Jennifer Kellagher, East Rowhorne, Nadderwater, Exeter EX4 2LQ 01392 273864.

We always welcome any suggestions to improve the magazine.

If you wish to place an advertisement, please contact the editor for the current rates.

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## FEBRUARY ON THE FARM

It was so exciting to see the first snowdrops peeping up last month. This time of year is tricky - the early winter was mild, no deep frost, just wild wind and rain. Will we be bitten by the arctic bear, who will drive the growing signs of approaching spring back underground? February can be 'fill the dykes' wet, or high pressure that keeps us shrouded in mist, or Siberian cold, or even warm and sunny. It matters to beast and birds and us. A long winter challenges the hibernating creatures, like the bumble bees I find tucked into heather plants in my garden. It's demanding for birds finding seeds, and the hunted and the hunters alike. It's demanding for us as we hope to relieve our silage stock with grazed grass, and our crops would like drier, less waterlogged roots. We haven't had the terrifying flooding of the Somerset levels, we look on with horror at what farmers there are going through. As farmers, we do what we can, and then we wait and trust in the weather and the hidden natural processes to work their magic to have the growth happen.



**CROPS** - It's a resting time for crops, everything waiting for the year to turn. The crops are looking wet, and would benefit from a cold blast to dry and open the soil, and kill the mildews and moulds that like wet and mild. Over the years, people have bred out resistance to disease in pursuit of yield - I was interested to hear that researchers are looking to put that primeval robustness back into crop plants.

We bought a little more silage from neighbours this year to top up our silage stocks, while we wait for the grass to grow. Last year's late spring meant we went into the winter with less than we ideally wanted to feed our animals.

**COWS** - This has been our first year of outwintering our dry cows and young stock. The trick is to get everything set up so the food and water is ready for them and you can move them every day to avoid too much damage in the deluges.

We grew fodder rape and kale, which went in a little late, has carried on growing, but was not the amount we hoped. Calves grazed it, moving across quite quickly. The paddocks greened up after a few days, so they weren't damaging the plants or the soil. This year we'll plant it after an earlier cut of whole crop silage, wheat or barley cut before it's ripe, to get longer growing time and a bigger crop.

The fodder beet grew really well, great towers of feed that the cows at first didn't quite know what to do with, tossing and kicking the roots around. They settled in, and we worked out they need more shelter and run back, and enough straw to balance the excessive sweetness of the beet. In the wet they were over their fetlocks in mud, but seemed contented enough, growing great shaggy coats, looking like hairy mountain cows. They'd gaze at you, too busy with negotiating the next beet plant to fuss about.



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**HEIFERS** - were also still out on clover grass, moving across paddocks daily. It's been impressive to see the paddocks recover even after torrential rain because they are there for such a short time.

**GRASS** - will we, won't we be able to turn the milking cows out early? Will the ground be dry enough, will hard frosts come and stop the grass growth. We watch the forecasts, the fields and the silage clamp to work out the best time to take the milking cows out.

The cows calve; we bring them back from their outwintering, woolly beasts now turning into dairy cows. It will be interesting to see if they lose their mountain look, and we aim to have them grazing as soon as they calve, for them to keep their outwintered robustness. Their calves will go out onto grass too, as soon as they are drinking reliable amounts of milk to look after themselves, hardy animals from birth onwards.

**CHEESE** - Even in February, grazed grass is that magic ingredient in the warm vats of milk, giving an extra layer of complexity to the cheese. We've just had the best grading ever - Keith Plowman, our external grader, takes a core from each vat of 3 month old cheese, assesses it and tastes it with us. The cheese from last autumn's grass was glorious and rich, benchmark cheese after benchmark cheese. We graded the year old cheese, from last year's winter cheese - lovely, balanced and complex too, and I just had that yearning for the grass richness.

We prepare the stores and the shelves for the onslaught of the spring cows' milk, to restore the stock, reduced by everyone's winter feasting. It's lovely to think of our cheese providing joy and pleasure on so many people's tables.

**FARM SHOP** - On 9th March we are holding a 'Sampling Sunday' from 11am-3pm, come and meet our fantastic local producers and sample the delicious Devon produce they make, including Fred's Kitchen, JB Preservers and Hunter's Brewery.

**RECIPE** - Now it's the time for nourishing and warming food, winter vegetables made rich and sumptuous. Our Whey Butter was nominated as a 'Forgotten Food' part of the Slow Food Global Ark of Taste campaign, celebrating small scale produce whilst preserving edible biodiversity around the world. This recipe is part of a series featuring our whey butter courtesy of Slow Food chefs.

#### **Whey Butter Aioli with Winter Vegetables and Gnocchi**

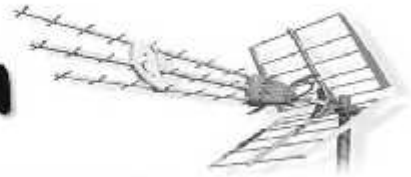
Ingredients:

1 egg yolk	20g Anchovy
250g Whey Butter	7g English Mustard
7g Capers	5g Parsley, chopped
1 Shallot, chopped	1 clove Garlic, chopped
75g White Wine	Seasoning to taste

Method: Combine the shallot, garlic and wine in a small pan and bring the mixture to the boil. Continue to heat until the liquid has reduced by half. Transfer the mixture to a blender and combine with the egg yolk, capers, anchovies (if using) and mustard. Blend to a smooth paste. With the motor still running, slowly add the butter to form a smooth emulsion. Fold in the chopped parsley. Serve with cooked seasonal vegetables and gnocchi.

Mary Quicke

# Kevin Osborne



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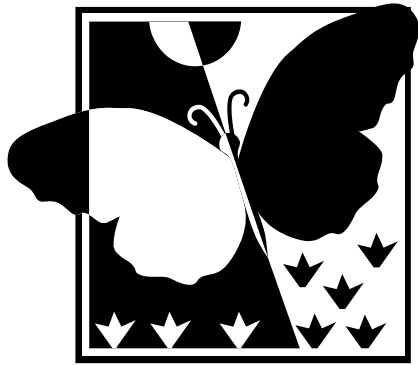
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## Cuban Airwaves Whitestone's own Salsa Band

Every month "Cuban Airwaves" meet to play a set playlist in the parish hall. Everyone is welcome, especially any budding acoustic musicians, singers or percussion players.



We play popular Cuban and other Latin music and sheet music is available if required. We meet on a Friday evening at 7:30 pm so please ring if you are interested to find out details of this month's session.

The next date for our meeting is:

**14th March** (Main Hall)

Please make a note in your diary.

Call Dave Lee on 01392-811579 / [dave.lee1071@gmail.com](mailto:dave.lee1071@gmail.com).

There is a small charge of £1.50 to cover hire of hall.

Dave Lee

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Next meeting: 18th March

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## WHITESTONE BABY & TODDLER GROUP

SESSION DATES - Tuesday 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> & 25<sup>th</sup>



Does it feel like this year is going fast already!! March which is supposed to echo the coming of Spring is already here!

We have lots planned for the month including Pancakes, St Patricks Day, and Mother's Day towards the end. We will also be looking forward to playing again in the Park if the weather changes and starts to warm up or we could need swimsuits for the Whitestone Toddlers and Babies first swim-a-thon!!

Looking ahead we will be celebrating our 1st year as Whitestone Baby & Toddler Group in April and we hope to plan something special for the occasion. We will of course keep you updated of all of our events via our newsletters and Facebook page.

We look forward to welcoming you to our cheerful and fun group, just pop along for a coffee and a chat while your little ones play in a safe and friendly environment.

***Thank you to everyone who supports our group as it is really appreciated.***





VEGETABLES TREES & SHRUBS  
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GARDEN VISITS

Interested?  
Then join our friendly gardening club

We meet every third Monday of the month  
at 7:30pm in Whitestone Parish Hall  
Contact - Gill Oakey, 811585

### MARCH GARDEN TIPS

What to do this month

Time to sow Tomatoes for outside. Sow in trays and cover with thin layer of compost. Place in heated propagator (60°F/16°C). Once germinated, uncover and keep in light and frost free. The rhubarb that was covered in January should be flourishing well now - pull stems away carefully and use for stewing or freezing.

#### RHUBARD AND ORANGE CREAM

500g Rhubarb cut into 1 inch pieces  
175g caster sugar  
Finely grated rind and juice of 1 orange  
4 Tablespoons water  
1 envelope gelatine dissolved in 4 tablespoons water  
150ml double cream

Put rhubarb in bowl cover with sugar. Leave for 1 hour. Then add to saucepan with orange rind / juice/water & boil, simmer, cover till soft. Mix to break up, then stir in gelatine solution over low heat. Cool, fold in whipped cream, pour into a mould or individual glasses and chill 1 hour. Well recommended !!

### BOOKING THE PARISH HALL

Please contact the Booking Clerk, Ros Hanson to arrange bookings for the Parish Hall.

Ros Hanson  
Tel: 01392 811878  
email: ros4hanson@gmail.com

**The last date for contributions to the April 2014 Parish Magazine is Sunday 16th March**  
**Please send articles to Jock Kirkpatrick 2 Merrymeet, Whitestone kirkpatrick@eclipse.co.uk**

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## TABLE TENNIS

Regular Table Tennis takes place in the Parish Hall on Monday evenings 7:30 to 10 pm except when the Social Club is meeting on a Monday. This means, for **March**, we will be meeting on the **3rd, 10th, 17th, 24th and 31st**. Everybody is welcome for an evening's fun, entertainment and fitness workout for only £1.50. Up to four tables available.

Just remember that children under 16 must be accompanied by a responsible adult.

## WHITESTONE WALKERS

Next Walk - **2nd March 2014**.

Meet at Whitestone Parish Hall car park to share cars for a prompt departure at 9:30 am to drive to Castle Drogo, Drewsteignton EX6 6PB

Flooding permitting, the circular walk will start at 10.00 am taking in Fingle Bridge and the Fisherman's Path along the river Teign. Distance approximately 5 miles

## WHITESTONE HANDBELL RINGERS

(for information, contact Mrs Chris Piper 01392 811365)

If anyone would like to join us, we welcome both experienced and learners alike. At present we practice every Wednesday afternoon between 2 and 3 p.m.

## WHITESTONE ARTS & CRAFTS MORNING

(Co-ordinator Sandy Oxford on 078669 20719)

On February, 12 people enjoyed a morning of learning about creating keyfobs, earrings, pendants and pictures with cut glass. These have now gone with the tutor to be fired at 800°C in her kiln! Can't wait to get them back to see the final products!

There are mornings booked at Whitestone Parish Hall for people to pursue arts and crafts of their choice on:

Thursday: **March 13th**  
**April 3rd**  
**April 24th**  
**May 15th**

Bring your project and materials and make time for yourself. Charge is £2 to cover room hire & tea/coffee and biscuits.

Everyone is very welcome so do come and join us.

## WHITESTONE BABY & TODDLER GROUP

For all children aged 0-5yrs. Tuesday - 10:00am to noon.

A place to play, make friends and have a chat! £2.00 first child and 50p for each additional child.

To see the full list of activities and fun, please contact us at:

- [whitestonebabyandtoddlergroup@live.co.uk](mailto:whitestonebabyandtoddlergroup@live.co.uk)
- our Facebook page, or
- our [whitestone-devon.org.uk](http://whitestone-devon.org.uk) page

Why not pop in to one of our sessions and pick up a leaflet.

## BOOK CLUB

(Co-ordinator Sandy Oxford on 078669 20719)

The book we have been sent to read for our March meeting was the winner of the 2012 Costa biography award. It is "Dotter of her Father's Eyes" by Mary & Bryan Talbot. It is, for many of us, a first work read in graphic form so it will be interesting to hear what everyone makes of it!

Our next meeting, in the Whitestone Parish Hall Rooms is on Monday **10th March**. The cost of £1.50 is to cover room-hire and refreshments.

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### **WHITESTONE SOCIAL CLUB**

(Coordinator Pauline Fisher, tel. 01392 811979)

Forthcoming Events are usually on Monday:

**24th Feb** Trekking in Nepal

**22nd Mar** Anniversary Meal (\*\* SATURDAY \*\*)

**28th Apr** Wildlife in your Garden. Dave Smallshire

**28th May** Horse Drawn Barge Trip (\*\*WEDNESDAY\*\*)

All 'Bring & Share' food & drink evenings are a great way to meet other people in the village. In particular newcomers to the village can get to know people, make new friends and find out what is going on. There's also a book swap club. Most meetings are in Parish hall and start at 7:30 pm but please note the exceptions.

### **CHURCH BELL RINGING**

We practise most Thursday evenings at St Catherine's Church from 7:00 to 9:00 pm with the first 30 minutes reserved for beginners.

If you would like to learn, find out more, or are a visiting ringer, we would be very pleased to see you. To confirm that we are practising on a particular Thursday, please telephone James Bryant on 01392 811391.

### **GARDENING CLUB**

(Secretary: Derek Fisher, tel. 01392 811979)

The next meeting is on Monday, **March 17th** and involves a practical demonstration on making hanging baskets, given by Brian Carlson. Brian has a simple but individual method of construction which I tried this year with much more success than ever before. If it is not too early, he should also have a selection of plants available for sale suitable for containers.

Usual £1 entrance for draw and teas/biscuits. This months competition is for 3 Spring flowers in a vase. All you have to do is pick three flowers (from your own garden, Nigel!) and stick 'em in a jam jar, so could be a large entry this time.

Subs are due, so please pay David Gibson but non-members welcome at £2 entrance fee.

### **PILATES IN THE PARISH HALL**

Please join us for Pilates with an expert instructor.

Thursdays 6.45pm

Classes cost £6.50 or £30 for 6

### **BENEFICE CHOIR**

Anyone who would like to join the choir and sing please contact Jackie Lightband (811527). New recruits always welcome.

### **SHORT MAT BOWLS**

(Contact David Oakey tel. 01392 811585)

Enjoy Short Mat Bowls twice a week in the Parish Hall

Wed 10 am to noon

**March 5th, 12th, 19th & 26th**

Fri 7:30 to 9:30 pm

**March 7th, 21st & 28th**

Cost is only £1.50 and everything is provided.

### **PARISH COUNCIL MEETING**

The Whitestone Parish Council meeting will be on:

Thursday **13th March** at 7.30pm.

Members of the Public and Press are invited to attend.

### **VILLAGE VOICES**

(Liz Watkins tel.01392 811285)

This month, rehearsals and performances are booked for the following :

**March 6th, 13th, 20th and the 27th**

Same times as usual: Thursday at 7.45 - 9.30 pm

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House clearance service

Removal service

Free scrap metal collection including  
washing machines, cookers, etc.

Free quotations

Fully insured



Phone Tim at any time:

Business line: 01392 427415

Mobile: 07887694873

# ACS

## ELECTRICAL SERVICES

### DOMESTIC • INDUSTRIAL COMMERCIAL

- **Rewires**
- **New Installations**
- **Testing & Inspecting**
- **Maintenance**
- **Emergency Lighting**



Tel: **01392 811733**  
Mob: **07971 843720**

25 Merrymeet, Whitestone, Exeter, Devon EX4 2JP

<b>DATES FOR YOUR DIARY</b>		
Sun	02 March 2014	Whitestone Walkers - Meet at Parish Hall car park - 09:30 am
Wed	05 March 2014	Pathfinder Good Companions - Air Ambulance - Pathfinder Village Hall - 2:30 pm
Mon	10 March 2014	Book Club - Parish Hall - 2.00pm
Thu	13 March 2014	Arts & Crafts Morning - Parish Hall - 9:30 am to 12:30 pm
Thu	13 March 2014	Parish Council Meeting - Billiard Room - Parish Hall - 7:30 pm
Fri	14 March 2014	Cuban Airwaves - 7:30 to 9:30 pm
Sat	15 March 2014	Saturday Surprise - Whitestone Parish Hall - 6:00 to 6:45 pm
<b>Sun</b>	<b>16 March 2014</b>	<b>LAST DATE FOR SUBMISSION OF ARTICLES FOR APRIL MAGAZINE</b>
Mon	17 March 2014	Gardening Club - Making Hanging Baskets - Brian Carlson Whitestone Parish Hall 7:30 pm
Tue	18 March 2014	Folk at the Oak - Royal Oak - 8pm
Wed	19 March 2014	Pathfinder Good Companions - Angela White - Bed & Breakfast in the South West - Pathfinder Village Hall - 2:30 pm
Thu	20 March 2014	Concert - DALLA - Holcombe Burnell Church - 7:30pm
Sat	22 March 2014	Coffee Morning - Pathfinder Village Hall - 10:30 am
Sat	22 March 2014	Social Club - Anniversary Meal - Whitestone Parish Hall 7:30 pm
Sat	22 March 2014	Tedburn St Mary Community Choir - Spring Concert- Church of the Holy Cross, Crediton - 7:30 pm
Sat	29 March 2014	Litter Pick - Whitestone Parish Hall - 10.00 am
Thu	03 April 2014	Arts & Crafts Morning - Parish Hall - 9:30 am to 12:30 pm
Thu	24 April 2014	Arts & Crafts Morning - Parish Hall - 9:30 am to 12:30 pm
Mon	28 April 2014	Social Club - Wildlife in your Garden - Whitestone Parish Hall 7:30 pm
Sun	04 May 2014	Church House Educational Foundation - LAST DATE FOR APPLICATION FOR EDUCATIONAL GRANTS
Wed	07 May 2014	AGM of Church House Educational Foundation - Billiard Room - 7:30 pm
Sat	17 May 2014	Saturday Surprise - Whitestone Parish Hall - 6:00 to 6:45 pm
Thu	15 May 2014	Arts & Crafts Morning - Parish Hall - 9:30 am to 12:30 pm
Wed	28 May 2014	Social Club - Horse Drawn Barge Trip

<b>WEEKLY EVENTS IN MARCH 2014</b>		
	Dates	Event
Mon	3rd, 10th, 17th, 24th, 31st	Table Tennis - Whitestone Parish Hall - 7:30 to 10:00 pm
Tues	4th, 11th, 18th, 25th	Baby & Toddler Group - Whitestone Parish Hall - 10 am to noon
Wed	5th, 12th, 19th, 26th	Short Mat Bowls - Whitestone Parish Hall - 10:00 am to noon
Wed	12th, 19th, 26th	Lent Course - Exploring the Creed - Various venues - 7:30 pm
Thu	6th, 13th, 20th, 27th	Pilates - Whitestone Parish Hall - 6:45 to 7:45 pm
Thu	6th, 13th, 20th, 27th	Village Voices - Whitestone Parish Hall - 7:45 to 9:30 pm
Fri	7th, 21st, 28th	Short Mat Bowls - Whitestone Parish Hall - 7:30 to 9:30 pm