

ST. CATHERINE, WHITESTONE

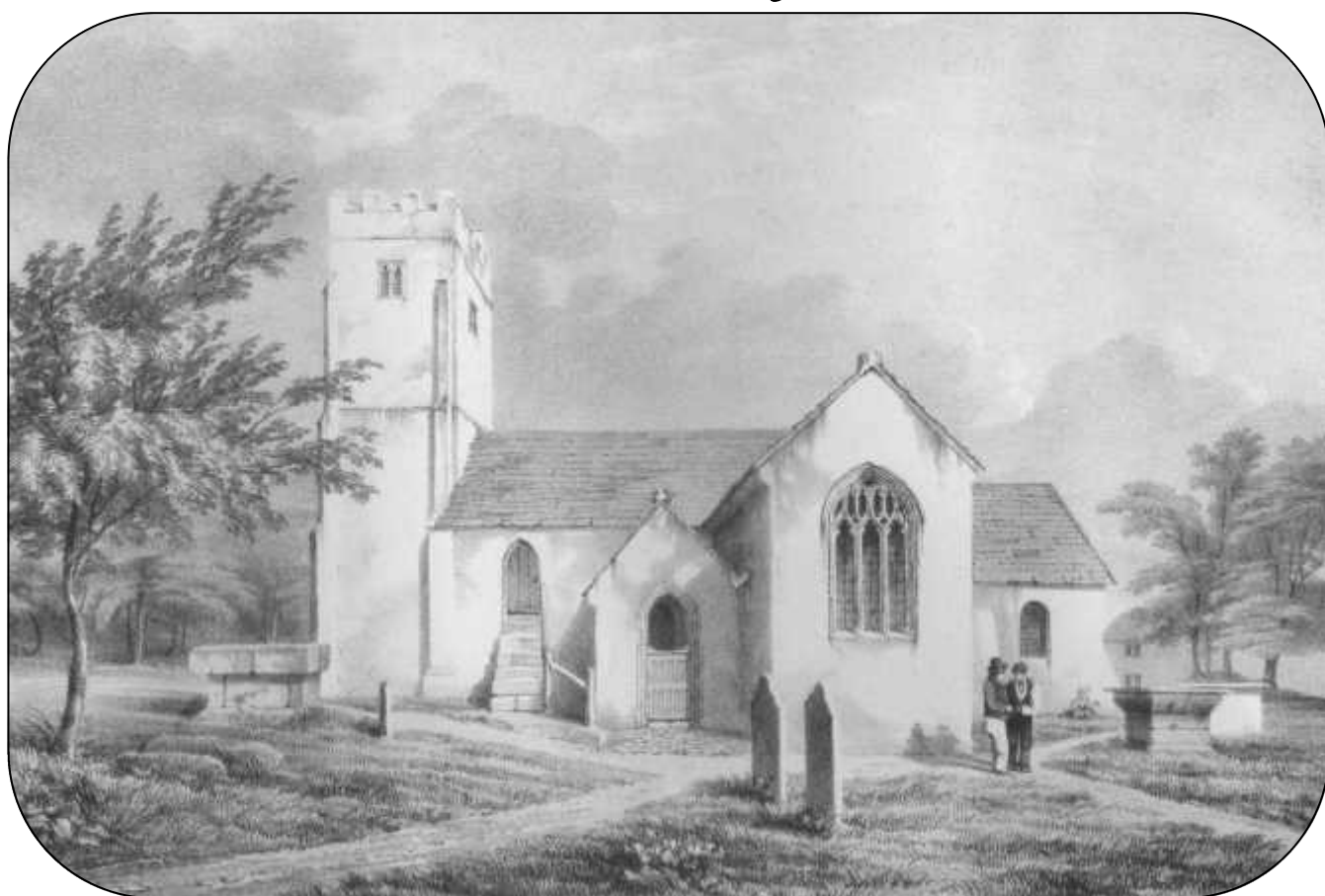
with

Pathfinder Village

and

ST. THOMAS, OLDRIDGE

Parish Magazine



*St. Catherine's Church, Whitestone 1841
(drawn from Nature and on Stone by W. Spreat)*

Rector

Reverend Martin Wood, The Rectory, Church Lane, Cheriton Bishop EX6 6HY 01647 24119

Whitestone and Oldridge Churchwarden

Dr. Jane Richards, Quarryfield House, Whitestone (01392 811492)

NORTH KENN MISSION COMMUNITY

SERVICES FOR APRIL 2014

Sunday April 6th

9.00 am Whitestone	Holy Communion	Canon John Tutton
9.30 am Holcombe Burnell	Holy Communion	Revd Tim Gorringe
11.00 am Tedburn St Mary	Family Service	Lay led
3.00 pm Pathfinder	Holy Communion	Canon Geoffrey Moore
6.00 pm Cheriton Bishop	Evening Prayer	Lay led

Sunday April 13th

9.30 am Whitestone	Parish Communion	Revd Tim Gorringe
9.30 pm Holcombe Burnell	Holy Communion	Revd Martin Wood
11.00 am Cheriton Bishop	Family Service	Revd Martin Wood
11.00 am Tedburn St Mary	United Service	
3.00 pm Pathfinder	Prayer and Fellowship	

Monday 14th April

8.00 pm Holcombe Burnell	Compline	Revd Martin Wood
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Tuesday 15th April

8.00 pm Cheriton Bishop	Compline	Revd Martin Wood
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Wednesday 16th April

8.00 pm Whitestone	Compline	Revd Martin Wood
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Maundy Thursday 17th April

7.30 pm Tedburn St Mary	Team Holy Communion	Revd Martin Wood
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Good Friday 18th April

2.00 pm Holcombe Burnell	1 hour at the Cross	Revd Tim Gorringe
2.00 pm Cheriton Bishop	1 hour at the Cross	Revd Martin Wood

Easter Sunday April 20th

9.30 am Whitestone	Parish Communion	Revd Martin Wood
9.30 am Holcombe Burnell	Holy Communion	Revd Tim Gorringe
11.00 am Cheriton Bishop	Parish Communion	Revd Martin Wood
11.00 am Tedburn St Mary	Holy Communion	Canon John Tutton
3.00 pm Oldridge	Holy Communion	Revd Martin Wood
3.00 pm Pathfinder	Holy Communion	Canon John Tutton

Sunday April 27th

8.00 am Cheriton Bishop	Holy Communion	Revd Martin Wood
9.30 am Tedburn St Mary	Parish Communion	Revd Tim Gorringe
11.00 am Holcombe Burnell	Family Service	Revd Martin Wood
3.00 pm Pathfinder	United Service	
6.00 pm Whitestone	Evening Prayer	Revd Martin Wood

Every Thursday 10.30.am Pathfinder

3rd, 17th and 24th
10th

Holy Communion (BCP)

Revd Martin Wood
Canon Geoffrey Moore

When is Easter?

I was asked the other day “how is the date of Easter decided?” My initial response was with great difficulty, there is a repeating pattern that repeats every 5.7 million years! Then the simple answer is that it is linked to the full moon which would have been around at the time of Jesus’ death. Then the more complicated answer, Easter is set on the Sunday following the full moon after the spring equinox. That seems quite simple but when we try to put it into practice it is not quite so simple. The spring equinox can occur on 20th and 21st March. The full moon was set on 14th day of the lunar month. The church wanted to predict Easter so set the spring equinox on 21st March (sadly they picked in AD325 the least frequent day of the two!) and then worked out the date of Easter. So Easter is set on a predicted full moon not an observed full moon.

You might ask why are we so worried about the full moon? Jesus celebrated the Passover meal the night before he died. The Passover meal was celebrated by Jews on the first full moon of Spring. Hence the lunar connection to Easter. So what is the Passover? It remembers when Moses led God’s people out of slavery in Egypt across the parted waters of the Red Sea. That night was also a full moon which would have made an escape in the middle of the night much easier. The word Passover comes from when the angel of death ‘passed over’ the Jewish households but visited the Egyptian households killing every first born child and animal. This last disaster persuaded the Pharaoh to let God’s people go. The Passover remembers God setting his people free from slavery in Egypt.

Easter remembers Jesus’ resurrection on Easter Sunday. It marks a new chapter in human history where there is new evidence for life after death. A new and restored relationship with God is celebrated. Is it just coincidence that Jesus dies after the Passover feast? Is it coincidence that God’s first born son should die to set us free from death? Unsurprisingly I am more of a believer in God incidence than coincidence. God acts to bring about a remarkable change rather than it being random chance.

So back to Easter Day, Sunday 20th April 2014. The paschal full moon by the calculated method is Monday 14th April. The observed full moon will be 15th April at 8.45am. Hence at the beginning of Holy Week on Monday night / Tuesday morning, look out for the full moon if the sky is clear. The full moon reminded the Jewish people of their flight from slavery in Egypt. Jesus freely gives up his life at the full moon so that we might all share in his eternal life. Easter Day was the day after the Jewish Sabbath (Saturday). That is why Christians keep Sunday special because it reminds us of Easter Day.

Rev. Martin Wood. The Rectory, Church Lane, Cheriton Bishop EX6 6HY 01647 24119 (Tuesday to Sunday)

DAILY OFFICE (MATTINS AND EVENSONG)

Martin will be saying the Daily Office (Mattins and Evensong) in each of the churches once a week at 9.00 am and 3.00 pm as follows:

Tuesday:	Holcombe Burnell	Wednesday:	Tedburn St. Mary
Thursday:	Cheriton Bishop	Friday:	Whitstone

He will be very pleased to see anyone who wishes to join him or speak to him at these times as well.

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Pathfinder Village Church

Thursday 3rd April - 10.30 am
Holy Communion and Healing Service
Refreshments afterwards
Everybody welcome

Lent Course 2014

I Believe...
ONE GOD
the Father the Almighty
Maker of Earth
of all that is SEEN...
UNSEEN

Exploring the creed

The Lent course will be led by Tim Gorringer who will be looking at what we can learn from our creed that we say each Sunday in our services. The course will run for five evenings on a Wednesday at 7.30pm. It will rotate around the villages.

Date and Time	Venue
Wednesday 12 th March 7.30pm	The Billiard Room, Whitstone Parish Hall
Wednesday 19 th March 7.30pm	Pathfinder Church
Wednesday 26 th March 7.30pm	The Lounge Longdown Village Hall
Wednesday 2 nd April 7.30pm	Tedburn Methodist Church Hall
Wednesday 9 th April 7.30pm	Spalding Hall Cheriton Bishop

S A T U R D A Y
U
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!
NO "SURPRISE" IN
APRIL.
See notices of
Easter Services.
NEXT SURPRISE
MAY 17th.
HAPPY EASTER!

CAN YOU HELP AGAIN?

I am the chairperson on the PTFA at Ellen Tinkham Special School in Exeter and we are again collecting unwanted clothes, shoes, bags, belts, curtains, towels and bedding (not duvets and pillows).

Please give me a call and I will come and pick up your bags. The closing date for collection is **Friday 9th May** and all money raised will go towards the refurbishment of our hydrotherapy pool.

Thank you ,
Vicky Bryant
01392 811391

CHURCH DECORATION

Help and flowers is welcome for St. Catherine's decoration on Saturday 19th April from 9:15 am.

CHURCH HOUSE EDUCATIONAL FOUNDATION

Written applications for grants for students and those eligible should be made to the Hon. Secretary by Sunday 4th May 2014.

The Annual General Meeting will be held in the Billiard Room of the Parish Hall on Wednesday 7th May 2014 at 8:00 pm

Hon. Secretary: Mrs J. Thomas, 2 Barton Cottages,
Whitstone EX4 2LB

JUST FOR FUN

An Arab Sheik was admitted to Hospital for heart surgery. Prior to the surgery, the doctors needed to find and store his blood type should a transfusion be necessary. As the gentleman had a rare type of blood, it couldn't be found locally. So the call went out.

Finally, a Scotsman was located who had a similar blood type. The Scot willingly donated his blood for the Arab.

After the surgery, the Arab sent the Scotsman, as appreciation for freely giving his blood, a new BMW, some diamonds and a cheque for £50,000.

A couple of days later, once again, the Arab had to go through some corrective surgery.

His doctor telephoned the Scotsman who was more than happy to donate his blood again.

After the second surgery, the Arab sent the Scotsman a thank-you card and a box of Quality Street chocolates.

The Scotsman was surprised that the Arab did not reciprocate his kind gesture in the previous manner.

He phoned the Arab and queried why, last time, he thought it appropriate to sent a BMW, diamonds and money... but, this time, you only sent a thank-you card and a box of Quality Street."

To this the Arab replied: "Aye laddie, but noo I have Scottish blood in ma veins".

PUBLIC NOTICE

THE ANNUAL GENERAL MEETING

OF THE

WHITESTONE PARISH HALL
COMMITTEE OF MANAGEMENT
(Regd. Charity No 1134187)

WILL BE HELD ON

TUESDAY, 6th MAY 2014

IN THE PARISH HALL AT 7.00 pm

THIS IS A PUBLIC MEETING OPEN TO ALL
INHABITANTS OF WHITESTONE, OLDRIDGE
AND NADDERWATER

NOMINATIONS ARE INVITED FROM THE PUBLIC
FOR THE ELECTION OF UP TO FOUR MEMBERS
TO SERVE ON THE COMMITTEE FOR THE
FORTHCOMING YEAR

NOMINATION FORMS ARE AVAILABLE FROM
THE SECRETARY, DEREK FISHER

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MORE VOLUNTEERS NEEDED PALACE GATE COUNSELLING SERVICE

www.palacegatecounselling.org.uk

Since 1994, the Palace Gate Counselling Service (PGCS) has been providing high quality, affordable counselling / psychotherapy in Exeter. The majority of their clients are recommended by GPs but a referral by another is not necessary.

They have a team of 35 trained counsellors and offer safe and confidential help to clients experiencing difficulties with panic attacks, stress, anxiety, trauma, abuse, bereavement, redundancy, depression, addiction, etc.

They urgently need Volunteer receptionists to help with simple office and telephone duties to help the service run smoothly for the benefit of clients and counsellors.

- Previous office experience would be an advantage but is not essential
- An open and welcoming manner is important
- Confidentiality is essential
- No IT skills required

If you are interested or would like further information please phone 01392 205804 and ask for Susie or Lindsey

TIVERTON CANAL HORSE-DRAWN BARGE TRIP



Looking forward to the long, lazy days of summer ? How about joining the Social Club for a horse-drawn barge trip along the Tiverton Canal on Wednesday 28th May.

Boarding time is at 6.30 pm. We will then depart at 7.00 pm to enjoy a leisurely two and a half hour journey along the canal.

The cost is £11.20 for adults and £8.70 for children (it is half term week) Fully paid-up members of the Social Club will be subsidised.

There is a bar on board. Food can be ordered but must be paid for in advance or you can bring your own. The choices are :

Cod and chips	£7.35
Chicken and chips	£6.90
Veggie burger and chips	£6.75

Names and remittance must be given to Pauline Fisher (Tel : 01392 811979) by WEDNESDAY 23rd APRIL at the latest.

SUSTAINABLE WHITESTONE

Do you feel a nasty chill as you walk past that window where the curtains or blinds flutter gently on a cold and blustery winter's evening?

Maybe this is just the worst of a whole series of sneaky gaps you are not even aware of that allow cold draughts in to eat away at the warm air inside. If so, what does this mean for your fuel bill as the boiler works overtime to keep up - not to mention the waste of precious energy resources?

Whitestone and Crediton householders had the opportunity to face some home truths like these in February when Brian Harper of Malvern Hills Transition Group carried out thermographic surveys on their homes.

To get a fully comprehensive feedback on what you need to do to keep the draughts at bay, Brian asks you to turn your heating off and close all windows for an hour before his visit. He then installs a large fan set in a sealed plastic sheet over an outside door which sucks internal air outwards, allowing draughts in with a big rush wherever they can.

Brian tracks down the culprits in every corner of the building using portable thermal imaging equipment, accompanied by the householder holding an attached screen. The image on the screen highlights all cold areas in tell-tale black and the householder is encouraged to put a hand across these to feel the draughts, made unmistakable by the outward suction from the door. The imaging process also highlights cold walls and ceilings which give away poor insulation.

As he carries out the survey, Brian gives a running commentary on his findings so, at the end, the householder is presented with a CD providing a full visual and aural record of what needs to be done to make the house as draught proof and well-insulated as it can possibly be. The whole process takes about an hour, depending on the size of the house.

In my 1930s house, there were no big surprises, but it helped to have the uncomfortable facts recorded literally in black and white. A house this age falls into the one quarter of 22 million homes nationwide that are classed as "difficult to insulate". There is no cavity wall insulation for instance and the old fashioned latches on original windows do not secure the frames strongly enough to keep out the draughts. But the good news is that thick loft insulation kept the ceilings at the whiter end of the spectrum on the imaging screen.

Along with the CD, householders are lent a conveniently portable electricity monitoring system so they can get to grips with their consumption (see Green Corner) and thermometers to check room temperatures (useful if like mine your central heating thermostats don't specify temperatures).

Overall, the process gives the householder confidence that an energy-efficient home can be an achievable goal. Once any remedial work is carried out, there could even be a financial bonus for those thinking of selling their homes.

Surveys can only be carried out in winter, but now is the time to organise one for later in the year.

Annabelle Birchall



Sally White



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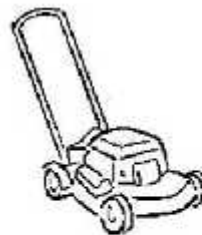
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WHITESTONE PARISH COUNCIL - MAR 2014

DRAFT Minutes of Whitestone Parish Council meeting held at Whitestone Parish Hall at 7.30pm on Thursday, 13th March 2014.

Attendance: Chairman – Councillor Mrs M Belt
Councillors L Hickman, D Munro, R Phillips, M Quinn,
A Reed. Mrs B Bramhall (left at 8.15pm),
S Heathcote (left at 8.30pm).

County Councillor J Brook (left at 8.15pm)
Mrs P Vaughan, Clerk to the Council
Mrs S Greenfield.

Apologies: Councillors Mrs P Fisher, P Nierop

The meeting was preceded by the March Draw for the 100 Club in support of the Parish Hall Development Fund. The lucky number was 80 belonging to Paul Harvey .

The Chairman opened the meeting and the minutes of the Parish Council Meeting held on 13th February 2014 having been circulated were taken as read and signed as a true copy by the Chairman.

PLANNING

Grant of Conditional Planning Permission
13/01685/FUL Relocate access and associated new drive at Chants Cottage, Heath Cross.

Councillor Heathcote declared an interest in the following Notification of Appeal for Rebecca Springs.

Notification of Appeal against refusal of Outline Planning Permission for dwelling at Rebecca Springs, Nadderwater.

No comments were noted as these had been forwarded when the application was made in December 2013.

MATTERS FOR DISCUSSION

School Houses

Cllr Reed reported that Devon Sales and Lettings have now completed their Tenancy Agreements for the Houses and both he and Cllr Hickman had gone through them and all the Parish Council concerns have been noted and covered. It was resolved that these can now be presented to the tenants for signing. It was reported that the fan oven at No 1 has had to be replaced. It was noted that the electrical inspection for No 2 was now due and Devon Sales and Lettings would be obtaining prices for this and arrangements were being made for the Sweep to go back and check on the fireplace at No 1. Cllr Hickman raised some concerns and said that he hoped that the new tenancy agreements would clear up some minor issues that he had noted on a recent inspection. A vote of thanks was passed to Cllr Reed and Cllr Hickman for their contribution in this matter.

REPORT FROM COUNTY COUNCLLOR

County Councillor Brook gave his report as he wished to leave early. He reported on the Devon County budget and mentioned the consultations that were being held with regard to Youth Services and Old Peoples' Homes being passed to the private sector. Discussion took place regarding these issues and also with the situation regarding road repairs with Councillors passing on their views. Cllr Brook then left the meeting.

MATTERS FOR DISCUSSION

Electors Fund

Requests for applications for grants had been submitted by various organisations within the Parish and following discussion of these it was resolved, with one abstention, that an application from the Electors Fund be made for a Zoll AED Plus defibrillator at a cost of £900. This would be based at the Parish Hall and the Parish Hall Management Committee has expressed the intention of taking the lead and offering specific training in its use, together with general CPR, to persons/groups so interested for the benefit of the parish.

Proposed Public Path Diversion Order Bridleway No 14

Notification of this was discussed and it was agreed that it would be an improvement for riders.

Crossway Park

Cllr Phillips reported that he and Cllr Fisher had inspected the equipment and he had noted that the Trim Trail was unsafe and a notice and tape had been placed saying that it should not be used. It was resolved that Cllr Phillips obtain some quotes and arrange for the repair work to be done. It had been reported that the chains on the swings were a risk and this is being investigated. The gate going into the play area is not closing and Cllr Munro will investigate this.

Footpath sign Parish Hall

Cllr Munro reported that he had mended this and a vote of thanks was given to him.

Nadderwater signs

These signs are still under investigation.

Drainage Survey

This report has been sent to the relevant department and Cllr Nierop expressed his thanks to the Councillors and members of the public for their assistance in compiling this.

Cllr Nierop asked for volunteers for a "Litter Pick" organised for Saturday 29th March 10am at the Parish Hall.

Request from Whitestone Parish Hall Committee for Rural Aid Grant

The Committee are undertaking a combined project for a suspended ceiling and cavity wall insulation at a cost of £2,206.75 of which they would pay £1,106.75 together with additional costs of minor electrical work and woodworm treatment. They are asking for an application to Rural Aid for the sum of £1,100 and it was resolved that this request be put in place.

MATTERS RAISED BY THE CHAIRMAN

Cllr Belt reported receipt of notification of a meeting/ AGM of the Teignbridge Neighbourhood Watch Association to be held on 9th April 2014. At the present time there are no Neighbourhood Watch officers within the parish.

FINANCE

Income

School Houses rents for March £1,425 – Letting Agency fees £136.80 (including £22.80 VAT) = £1,288.20

Expenditure

Whitestone Parish Hall Management Committee (March)	£125
Whitestone Parish Hall Management Committee – hire of meeting room	£7.50
Mr Dicker – shrub cutting at Crossway Park	£64
Mr Joll - (previous cheque granted in January lost in post)	£33.99
Clerk's expenses/quarterly salary	£301.06

CORRESPONDENCE

- Information received from Teignbridge District Council that they will be arranging the Rural Skip Service for Saturday 10th May 2014 at Hill Lane Junction from 10am to 4pm.
- Mr P Bartley wrote to say he had incurred no costs in carrying out the repairs to the pump at Nadderwater and the Councillors again reiterated thanks for the work he had done.
- The resident at Merrymeet responded to a letter regarding the setting up of a dog walking/kennels business saying that owing to ill health she would not be carrying this venture forward and would be removing the website which had been set up to advertise this undertaking.
- Whitestone Parish Hall Committee of Management reported that their AGM will be held in the Parish Hall at 7pm on Tuesday 6th May 2014 and requested the name of the person nominated to represent the Parish Council on the Committee for the 2014/15 year. It was resolved that Cllr Belt's name should be put forward. It was noted that, subsequent to the resignation of Mrs Hanson, all booking enquiries for the Hall after 1st April should be made to Mrs P Fisher.

REPORTS

Potholes and subsidence were reported on the road to Oldridge (on the double bend), Church Cross to Trowbridge, Hill Lane (subsidence and potholes), Pound Lane (subsidence and potholes).

Cllr Hickman asked if the last bus which leaves Tedburn at 1853 could possibly stop to pick up within Whitestone Parish on way to Exeter – arriving at 1915. At the present time this bus does not stop but does pass through. The Clerk to contact Devon County.

Concerns were raised regarding the parking of vehicles in Merrymeet causing obstruction to residents.

PUBLIC PARTICIPATION

Mrs Sheila Greenfield gave a very comprehensive update on the progress of the Parish Plan Steering Group. She stated that developing the questionnaire [which will be circulated to all parishioners] is fundamental to the Parish Plan process and that it has been a very iterative process. It has been important to word the questions in a clear, fair and unambiguous manner and in a way that would allow a relatively easy analysis of responses. The responses will then be taken forward to produce statistics and outcomes for the Final Plan and Action Plan. During development of the questionnaire, the Group has had supportive assistance from the Community Council for Devon, Teignbridge District Council and individual members of

the Parish. Feedback from these parties has been very positive.

In answer to questions from Cllr Hickman, she stated that she was reluctant at this stage, to give a specific timetable for the completion of the each of the various stages leading up to publication of the Final Plan. She was, however, happy to explain that the Group will be shortly sending the final version of the questionnaire off to be 'converted' from a physical questionnaire into a format that would also be suitable for both operating over and being accessible via the internet. Both versions must preserve the respondent's anonymity. The aim will be to allow parishioners to respond either via return of a completed paper questionnaire or to send on-line response if they prefer. She assured the meeting that the Group is taking all reasonable precautions to ensure that the whole exercise is worthwhile.

The Chairman thanked Mrs Greenfield for her report and the meeting closed at 9.20pm



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VILLAGE VOICES

Village Voices have been together for eighteen months now and a lot of Whitestone folk will have been entertained by us on several occasions.

In March, we took another step forward and entered The Devon Performing Arts Festival which took place in Exeter. We were entered in the Community Choir section and, although we did not win, our two entries

were given good praise by the adjudicator. Her words, "... a brave choice of programme with our second song particularly impressive."

We are all now eager to achieve a much higher standard on the next occasion.

Our thanks to Liz Watkins who has inspired us all throughout our weekly sessions.

A Village Voice





Due to budget reductions, the Marsh Barton Recycling Centre opening times will be changing.

As of **1st April 2014**, the Centre will be open during the following hours:

Day	April - Sept	Oct - March
Mon to Fri	9am - 5pm	9am to 4.30pm
Sat & Sun	10am - 6pm	10am - 4.30pm

For more information, please call
0845 155 1010

THE GREEN CORNER

Those who had an infra-red survey of their houses carried out last month were also loaned a pack of useful things to help them save energy. One of the most useful of these was a hand-held electricity meter which monitors how much electricity your house is using at any one time. You can walk around the house switching things on and off and see how much electricity each is using.

What's surprising though is how hard it is to get the meter to read zero. Even with no fridges, freezers, lights, heating pumps or anything obvious at all on, our meter wouldn't go below about 45 to 50 watts. Given that every watt costs about £1.30 for a year, 50 watts would cost about £65.

After a bit of research we found out what was consuming these extra watts. Some things you wouldn't want to ever switch off anyway - things like the mains powered smoke alarm (5 watts), door bell transformer (4 watts), Broadband (5 watts), cordless phone charger (2 watts), infra-red detectors for security lights (4x5watts).

There were some surprises though - for example the electric oven used 10 watts, the food mixer (plugged in and switched on at the socket) used 4watts, the washing machine 2 watts, microwave 3 watts and even the toaster was using 2 watts! The TV and digibox together used 9 watts.

So it seems as though anything that has electronic controls is likely to be using power all the time but things like a kettle that just have an on/off switch shouldn't. So if you can switch something off at the wall socket without causing difficulties, it's a good habit to get into.

Last but not least, if you'd like to borrow one of these meters, please contact me on 811878.

Peter Hanson

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PUBLIC NOTICE

Please note that the **Whitestone Rural Skip Service** will take place at **Hill Lane Junction (near Crossway)** on **Saturday 10th May 2014**, from 10am to 4pm

This service is for bulky household waste only

Please do not deposit any waste at the site before the skip has arrived. For more information please contact your Parish Council or call the Free Recycling Helpline 0800 731 0323 or visit www.teignbridge.gov.uk/ruralskip

The following materials CANNOT be accepted:

Trade waste, plasterboard, asbestos, demolition & construction waste (in excess of 12 rubble sacks), soil, tyres, dead pets or animals, food waste, hazardous or toxic wastes, oils and other liquid wastes, tree branches in excess of 1.5 metres (5ft).

Please note that televisions, computers and computer monitors are accepted by the Rural Skip Service.

THE HEALTH CORNER STUDIES SHOW WALKS CAN DELAY BRAIN DECLINE

A recent report to the American Association for the Advancement of Science said that studies on men and woman aged 60 to 80 showed that taking a short walk three times a week increased the size of the parts of the brain concerned with planning and memory loss.

100 adults were recruited who confessed to taking little if any exercise in their daily lives. They were split into two groups- one doing 30 to 45 minutes of walking three days week and the other doing stretching exercises for the same amount of time over the period of a year.

The scientist in charge said "The pre-frontal cortex is involved in a lot of higher level cognitive functions and the hippocampus is involved in memory formation which, when it shrinks, leads to Alzheimer's disease and dementia." He said there's no cure yet for dementia but exercise could slow the rate of decline.

Another good reason for getting a dog!

GOOD COMPANIONS

Meeting In Pathfinder Village Hall --- 2.30pm

Agenda for April

2nd April.....Tony Burges.....City of Exeter

16th April.....Val Facey.....Mercy Ships

We are well underway again with our regular fortnightly meetings and it is great to see a good turnout of members as this makes such a difference to our speakers.

Jeff Merret MBE gave us an amusing account of the charity 'Dream-A-Ways' royal connections, and how proud he was that the charity itself was nominated in 2008 for a group Queens MBE award for voluntary service.

We had an excellent attendance for our talk given by Mike Saffin and helped by Brian working the computer. They gave us an up to date insight to the history and future plans to all the good work that the 'Devon Air Ambulance Trust' do in saving lives, from road accidents, to accidents (to many to list) happening in our rural and seaside communities. It is always reassuring to know when you see the red helicopter flying overhead the Air Ambulance and its crew are flying out to help someone in distress.



As mentioned in last month's write up we have a coach outing to The Swannery and Sub Tropical Gardens at Abbotsbury on Wednesday the

14th of May. This is open to anyone interested, so if you wish to book a seat please ring either Angela or John.

We look forward to seeing you all again in April
Angela Paddy, Chairman 01647 61934

BOWLS TASTER SESSION MORETONHAMPSTEAD

Ever thought of taking up lawn bowls?

If so, why not come and try your hand at the Moretonhampstead Bowling Club.

Weather permitting, the club is holding a "taster" bowls session on **Tuesday 6th May** from 5pm which is open to anyone interested in learning about the sport.

Members of the friendly Moreton Club will be on hand to provide advice and instruction.

All you need is a pair of flat soled shoes; woods (bowls) will be provided.

No previous experience is required.

For further information please contact
Rob Irving on 01647 441348

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BOOKING THE PARISH HALL

Please contact the Booking Clerk, Pauline Fisher to arrange bookings for the Parish Hall.

Pauline Fisher

Tel: 01392 811979

email: kingfisher.dormers@gmail.com

If you have any comments to make on the content, layout or any other matters concerning this magazine, please contact the Editor: Mrs Jennifer Kellagher, East Rowhorne, Nadderwater, Exeter EX4 2LQ 01392 273864.

We always welcome any suggestions to improve the magazine.

If you wish to place an advertisement, please contact the editor for the current rates.

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MARCH ON THE FARM

The whole world has had exceptional weather - non-stop rain here and in Europe, deep freeze in North America, drought in California, Australia and Brazil, weather whipped into a frenzy by warmer oceans. Farmers around the world are reliant on the weather doing what it's always done, the seasons being in the right place, seed time and harvest at the right time. That was so important that our ancestors built Stonehenge to tell them the time of year so they would know when to do what to feed themselves. So what to do when the weather is so extreme?



Clear up the damage, for one. Our 30 year old eucalyptus fell, all 88 feet of it, roots ripped from wet soil, just glancing our fruit cage. Owls hoot less frequently - they hunt by sound, so wind and rain leave them hungry, maybe starving. We found a dead buzzard by a broken electricity line - did it break it, or kill itself chasing a leaping spark from the live wire. Spare a thought, and some cash, for those farmers on the Somerset levels, who spent a second winter under water, to help them recover. It's heartwarming to see how the whole country has leant in and supported them. If we were in that much trouble, we'd want the world to think of us. Our Farm Manager Adam informed me that our 10 year average for rainfall was 2.5 inches, last month alone we had 8 inches. I have attached a link at the end of my diary for anyone who wants to give to the Somerset appeal helping those affected by the flooding.

I can't help thinking when the weather turns, our wishes for dry and sun will be answered with a drought; weather reverts to the mean.

CROPS - It's been warm all winter, and the crops are growing, although their roots are waterlogged. March often gives brisk east winds and dry. The crops want gentle dry, to allow their roots to breathe and chase the water through the soil profile. We will feed the crops, which turns them from yellowing and straggly to green and thriving as if we've taken a paintbrush to them.

GRASS - We'll wave the same magic paintbrush over the grass, either with flood water (other people's nutrients), dilute slurry from our very full slurry lagoon (all the manure, whey, dairy washings and a lot of rain), or a bag. The cows went out later than usual 2nd March, waiting for the floodwater to subside. We had to buy extra silage to feed animals before the grass grew. Now we wait for 'magic day', when the grass growth is more than the cows can eat, we hope that comes by the end of March. Then we know spring is here.

COWS & YOUNGSTOCK - This was the first year we have out wintered the youngstock and dry cows. This is part of us working to get ways of keeping our animals that are stable against whatever shocks the weather throws at us. The simpler the system, the more leeway you have.

The calves thrived on kale and silage, out all winter.



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They are growing faster than last year's calves kept inside, and were noticeably healthier - no pneumonia. They grew long woolly coats, and looked happy. We move them every day, so no part of the field gets unduly damaged. That field will go into a spring crop, maize or spring barley later this month.

Their teenage sisters looked happy and equally woolly on our clovery grass. Again, they move on daily, and the grass has recovered - they will go back to the beginning and eat what they grazed in early winter

The dry cows and in-calf heifers were out on the fodder beet. They were nourished adequately by the beet, plus a few silage bales. Those cows are calving now in March, and their almost hibernation in the mud has created toned pelvic muscles and healthy calves. Again, those fields will go to a spring crop this month.

The new calves are thick on the ground, blarting after milk, out as soon as we know they are drinking well, starting on their outdoor lives that their breeding fits them for.

CHEESE - And the new grass-fed milk comes through, yellow and rich in flavour, steaming vats for the cheesemakers to transform in that daily miracle, taking milk, heritage starter, rennet and an age old recipe to make glorious flavours.

RECIPE - Stephen Willett's Quicke's cheese tart

There are 4 elements to this tart: the pastry, the soufflé, the cheese sauce (embedded in the base) and the salad accompaniment. Stephen has given links - look them up or go to www.quickes.co.uk. For best results, please view the videos on YouTube (www.youtube.co.uk).

1) A rough puff pastry base.

250 gm each of butter and flour, which is about the minimum quantity that works. You will then need only half of that pastry for the base. Use a dinner plate to cut out a round of pastry rolled to 3 mm, and flip it onto a baking sheet. For a tartlet, you will need to use a smaller plate to score the pastry half way through to make a lid - like a large vol-au-vent. Prick the pastry before baking at 180°C for 20 minutes until light golden.

2) "Raymond Blanc's Comte cheese souffle". Please see YouTube video. This sauce uses double cream, a handful of Quicke's Cheddar, an optional shot of kirsch, and light seasoning including cayenne pepper. Allow this to cool slightly before pouring and spreading into the pastry base and replacing the 2 halves of the lid.

3) The souffle mix: 300ml thick bechamel sauce seasoned with a good tea-spoon of Dijon mustard, enriched with 2 egg yolks. add to this a good handful of grated cheddar and stir over a low heat until the sauce is smooth. The consistency must be just readily dropping from a spoon. Pour out over the pastry case, there will be some left over, bake to a good dark brown...you need a good crust to support the soufflé.

4) The vegetable accompaniment (pan seared chicory and chinese lettuce, with oven roasted baby plum tomatoes, a few basil leaves all dressed with olive oil and balsamic vinegar or vincotta) is served at room temperature, and can be prepared while cooling your cooked pastry base.

Kevin Osborne



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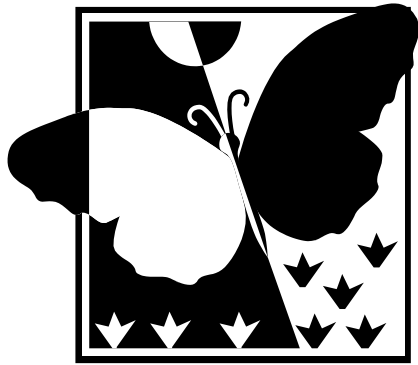
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Cuban Airwaves Whitestone's own Salsa Band

Every month "Cuban Airwaves" meet to play a set playlist in the parish hall. Everyone is welcome, especially any budding acoustic musicians, singers or percussion players.



We play popular Cuban and other Latin music and sheet music is available if required. We meet on a Friday evening at 7:30 pm so please ring if you are interested to find out details of this month's session.

The next date for our meeting is:

25th April (Main Hall)

Please make a note in your diary.

Call Dave Lee on 01392-811579 or email at dave.lee1071@gmail.com

There is a small charge of £1.50 to cover hire of hall.

FOLK at the OAK

Folk songs and instrumental music
Come and join in - Free entry
Every 3rd Tuesday 8pm

Next meeting: 15th April

Royal Oak

Nadderwater

LITTER PICK

Saturday 29th March 2014 10.00 am

Our first litter pick in 2014 has been organised for Saturday 29th March to give Whitestone a much needed pre Easter Spring-clean. No experience necessary! Teignbridge District Council will again be supporting our efforts. Gloves, protective vests and pickers will be provided.

Meet at the Parish Hall for 10.00 and finish by 12.00
It's fun and really satisfying. Make a difference!
Come and join us. Bring a friend!

Philip Nierop
01647 61419

e-mail: Philip@thenierops.co.uk

PS. If there are any litter hot spots that need attention please let me know before or on the day

WHITESTONE GARDENING CLUB



VEGETABLES TREES & SHRUBS
ADVICE SEEDS SPEAKERS
GARDEN VISITS

Interested?
Then join our friendly gardening club

We meet every third Monday of the month
at 7:30pm in Whitestone Parish Hall
Contact - Gill Oakey, 811585

The Garden in April

We should be well and truly into spring, perhaps the most exciting month as the garden begins to look green and the bright spring flowers are making a good display.

Jobs to do.

1. Spray roses for black spot.
2. Tie new shoots of climbers.
3. Divide perennials.
4. Stake tall growing perennials.
5. Dead head daffodils.
6. Continue sowing and planting vegetables outdoors.
7. Prepare trench for runner beans.
8. Sow sweet peas outside around a wigwam of canes.
9. Plant gladioli corms for summer flowering.
10. Take shoots from chrysanthemums to use as cuttings.

Take a walk around the garden on a warm day taking in the sights and smells this will really lift the spirits!
But it's not time to be complacent --- there's work to be done!

**The last date for contributions to the
May 2014 Parish Magazine is
Wednesday 16th April**
Please send articles to Jock Kirkpatrick
2 Merrymeet, Whitestone
kirkpatrick@eclipse.co.uk

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TABLE TENNIS

Regular Table Tennis takes place in the Parish Hall on Monday evenings 7:30 to 10 pm except when the Social Club is meeting on a Monday or it's a Bank Holiday. This means, for **April**, we will be meeting on the **7th & 14th**. Everybody is welcome for an evening's fun, entertainment and fitness workout for only £1.50. Up to four tables available.

Just remember that children under 16 must be accompanied by a responsible adult.

WHITESTONE WALKERS

Next Walk - **6th April 2014**.

Meet at Whitestone Parish Hall car park .

The circular walk starts at Whitestone and goes via Hill Lane (downhill!), across the Old Tedburn Road and then uphill (three fields) to the Longdown Road. The walk then takes in Longdown, Pocombe Bridge, Twisted Oak, Barley Lane, Nadderwater on its return to Whitestone. Distance approximately 8 miles.

CHURCH BELL RINGING

We practise most Thursday evenings at St Catherine's Church from 7:30 to 9:00 pm with the first 30 minutes reserved for beginners.

If you would like to learn, find out more, or are a visiting ringer, we would be very pleased to see you. To confirm that we are practising on a particular Thursday, please telephone James Bryant on 01392 811391.

WHITESTONE ARTS & CRAFTS MORNING

(Co-ordinator Sandy Oxford on 078669 20719)

There are just three more mornings, booked at Whitestone Parish Hall, before our summer break! So do make time to bring your project and materials along and focus on work you WANT to do.

Arts & Crafts mornings are from 9:30 to 12:30 and the £2 charge covers the room hire costs and tea/coffee and biscuits. Dates are:

Thursday: **April 3rd**
April 24th
May 15th

Do come along - everyone is very welcome. For more information, please contact Sandy Oxford.

WHITESTONE BABY & TODDLER GROUP

For all children aged 0-5yrs. Tuesday - 10:00am to noon.

A place to play, make friends and have a chat! £2.00 first child and 50p for each additional child.

To see the full list of activities and fun, please contact us at:

- whitestonebabyandtoddlergroup@live.co.uk
- our Facebook page, or
- our whitestone-devon.org.uk page

Session dates - April 1st, 8th, 15th, 22nd & 29th

BOOK CLUB

(Co-ordinator Sandy Oxford on 078669 20719)

Our next Book Club meeting at Whitestone Parish Hall is from 2 to 4 pm on Monday **14th April**. For that meeting, we have been sent a book with a local connection - Jane Austen's "Sense and Sensibility". It is based near Exeter and the key characters honeymoon in Dawlish! The Andrew Davies adaptation of this novel was filmed at Hartland Abbey, North Devon, in 2007.

At our meeting, we will also be talking about the books of our own choice read during the month.

The cost of £1.50 is to cover room-hire and refreshments.

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WHITESTONE SOCIAL CLUB

(Coordinator Pauline Fisher, tel. 01392 811979)

Forthcoming Events are usually on Monday:

22nd Mar Anniversary Meal (** SATURDAY **)

28th Apr Wildlife in your Garden. Dave Smallshire

28th May Horse Drawn Barge Trip (**WEDNESDAY**)

23rd June Music Evening

All 'Bring & Share' food & drink evenings are a great way to meet other people in the village. In particular newcomers to the village can get to know people, make new friends and find out what is going on. There's also a book swap club. Most meetings are in Parish hall and start at 7:30 pm but please note the exceptions.

WHITESTONE HANDBELL RINGERS

(for information, contact Mrs Chris Piper 01392 811365)

If anyone would like to join us, we welcome both experienced and learners alike. At present we practice every Wednesday afternoon between 2 and 3 p.m.

GARDENING CLUB

(Secretary: Derek Fisher, tel. 01392 811979)

The next meeting on Monday, **14th April** sees John Rippon, the Head Gardener at Castle Drogo joining us to outline the history and future plans concerning the gardens at Drogo. With all the restoration work going on at Drogo, it will be interesting to hear about things from the gardening perspective. The April competition is for a single spray from a flowering tree or shrub. This is the last indoor meeting before we go outside for the Summer so please ensure subs are paid to ensure that the Treasurer doesn't have to spend time chasing dues. Usual £1 entrance fee for draw and teas/biscuits. Non members welcome at additional £2.

PILATES IN THE PARISH HALL

Please join us for Pilates with an expert instructor. Thursdays 6.45pm. Classes cost £6.50 or £30 for 6.

BENEFICE CHOIR

Anyone who would like to join the choir and sing please contact Jackie Lightband (811527). New recruits always welcome.

SHORT MAT BOWLS

(Contact David Oakey tel. 01392 811585)

With over 20 regular Whitestone bowlers now attending the 2 sessions at the Parish hall, it has been decided to start a 3rd session on a Tuesday evening. Talk to anyone who has played and they will confirm what fun everyone is having. So if you have not played short mat bowls come along and give it a try! £1.50 per session Flat soled shoes with no heels or socks please.

Tuesday 7.30 to 9.30 pm

Wednesday 10.00 to noon

Friday 7.30 to 9.30 pm (Not 25th April)

PARISH COUNCIL MEETING

The Whitestone Parish Council meeting will be on: Thursday **10th April** at 7.30pm. Additionally, the Annual Parish Meeting will be on the **24th April** at 7:30 pm. Members of the Public and Press are invited to attend.

VILLAGE VOICES

(Liz Watkins tel.01392 811285)

This month, rehearsals and performances are booked for the following : **April 3rd & 24th**

Same times as usual: - Thursday at 7.45 - 9.30 pm

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DATES FOR YOUR DIARY		
Sat	29 March 2014	Litter Pick - Whitestone Parish Hall - 10.00 am
Wed	02 April 2014	Pathfinder Good Companions - "City of Exeter" - Tony Burgess Pathfinder Village Hall - 2:30 pm
Thu	03 April 2014	Arts & Crafts Morning - Parish Hall - 9:30 am to 12:30 pm
Sun	06 April 2014	Whitestone Walkers - Meet at Parish Hall car park - 09:30 am
Thu	10 April 2014	Parish Council Meeting - Billiard Room - Parish Hall - 7:30 pm
Mon	14 April 2014	Book Club - Parish Hall - 2.00pm
Mon	14 April 2014	Gardening Club - John Rippon, Head Gardener, Castle Drogo Whitestone Parish Hall 7:30 pm
Tue	15 April 2014	Folk at the Oak - Royal Oak - 8pm
Sun	16 April 2014	LAST DATE FOR SUBMISSION OF ARTICLES FOR MAY MAGAZINE
Wed	19 April 2014	Pathfinder Good Companions - "Mercy Ships" - Val Facey Pathfinder Village Hall - 2:30 pm
Thu	24 April 2014	Annual Parish Meeting - Billiard Room - Parish Hall - 7:30 pm
Thu	24 April 2014	Arts & Crafts Morning - Parish Hall - 9:30 am to 12:30 pm
Fri	25 April 2014	Cuban Airwaves - 7:30 to 9:30 pm
Mon	28 April 2014	Social Club - Wildlife in your Garden - Whitestone Parish Hall 7:30 pm
Sun	01 May 2014	Whitestone Parish Hall Committee of Management - LAST DATE FOR RETURN OF NOMINATION FORMS
Sun	04 May 2014	Church House Educational Foundation - LAST DATE FOR APPLICATION FOR EDUCATIONAL GRANTS
Tue	06 May 2014	Moretonhampstead Bowling Club - Outdoor bowls "taster" - 5 pm
Tue	06 May 2014	AGM Whitestone Parish Hall - Parish Hall - 7 pm
Wed	07 May 2014	AGM of Church House Educational Foundation - Billiard Room - 7:30 pm
Fri	09 May 2014	Last date for clothing, towels, bedding, etc. collection - Vicky Bryant
Sat	10 May 2014	Whitestone Rural Skip Collection - Near Crossways - 10am to 4pm
Sat	17 May 2014	Saturday Surprise - Whitestone Parish Hall - 6:00 to 6:45 pm
Thu	15 May 2014	Arts & Crafts Morning - Parish Hall - 9:30 am to 12:30 pm
Wed	28 May 2014	Social Club - Horse Drawn Barge Trip

WEEKLY EVENTS IN APRIL 2014		
	Dates	Event
Mon	7th, 14th	Table Tennis - Whitestone Parish Hall - 7:30 to 10:00 pm
Tues	1st, 8th, 15th, 22nd, 29th	Baby & Toddler Group - Whitestone Parish Hall - 10 am to noon
Tues	1st, 8th, 15th, 22nd, 29th	Short Mat Bowls - Whitestone Parish Hall - 7:30 to 9:30 pm
Wed	2nd, 9th, 16th, 23rd, 30th	Short Mat Bowls - Whitestone Parish Hall - 10:00 am to noon
Wed	2nd, 9th	Lent Course - Exploring the Creed - Various venues - 7:30 pm
Thu	3rd, 10th, 17th, 24th	Pilates - Whitestone Parish Hall - 6:45 to 7:45 pm
Thu	3rd, 24th	Village Voices - Whitestone Parish Hall - 7:45 to 9:30 pm
Fri	4th, 11th, 18th	Short Mat Bowls - Whitestone Parish Hall - 7:30 to 9:30 pm