

ST. CATHERINE, WHITESTONE

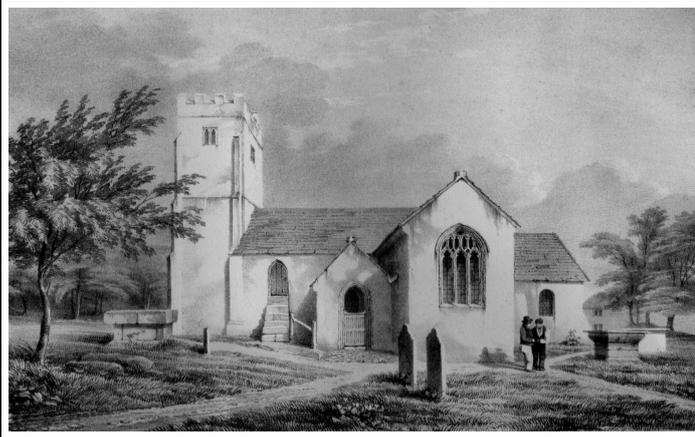
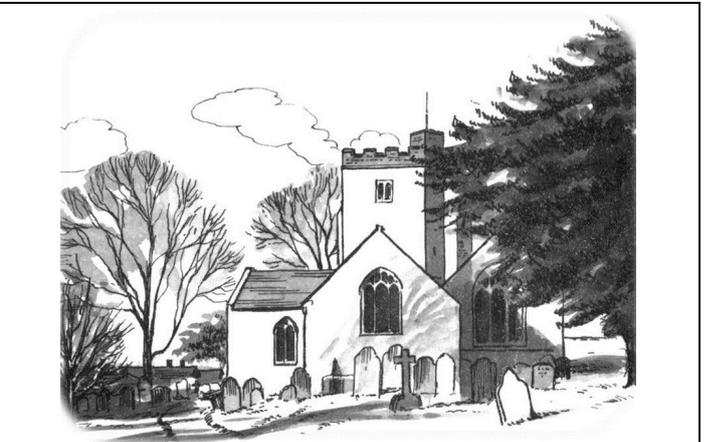
with

Pathfinder Village

and

ST. THOMAS, OLDRIDGE

Parish Magazine



Rector

Reverend Martin Wood, The Rectory, Church Lane, Cheriton Bishop EX6 6HY 01647 24119

Whitestone and Oldridge Churchwarden

Dr. Jane Richards, Quarryfield House, Whitestone (01392 811492)

NORTH KENN MISSION COMMUNITY

SERVICES FOR MARCH 2015

Sunday March 1st

9.00 am	Whitestone	Holy Communion	Revd Tim Gorringe
9.30 am	Holcombe Burnell	Holy Communion	Canon John Tutton
11.00 am	Tedburn St Mary	Family Service	Revd Martin Wood
3.00 pm	Pathfinder Village	Holy Communion	Revd Martin Wood
6.00 pm	Cheriton Bishop	Evening Prayer	Revd Martin Wood

Sunday March 8th

9.30 am	Whitestone	Parish Communion	Revd Martin Wood
9.30 am	Holcombe Burnell	Holy Communion	Revd Tim Gorringe
11.00 am	Cheriton Bishop	Family Service	Revd Martin Wood
3.00 pm	Pathfinder	Fellowship and Prayer	
3.00 pm	Tedburn St Mary	Evening Prayer	Revd Martin Wood

Sunday March 15th Mothering Sunday

9.30 am	Cheriton Bishop	Parish Communion	Revd Tim Gorringe
11.00 am	Whitestone	Family Service	Revd Martin Wood
3.00 pm	Tedburn St Mary	Mothering Sunday Service	Lay led
3.00 pm	Pathfinder	Evensong	Revd Martin Wood
4.00 pm	Holcombe Burnell	Evensong	Canon John Tutton

Sunday March 22nd

8.00 am	Cheriton Bishop	Holy Communion	Revd Martin Wood
9.30 am	Tedburn St Mary	Parish Communion	Revd Martin Wood
11.00 am	Holcombe Burnell	Family Service	Revd Martin Wood
3.00 pm	Whitestone	Evensong	Revd Martin Wood
3.00 pm	Pathfinder	United Service	

Sunday March 29th Palm Sunday

10.30 am	Tedburn St Mary	Team Communion	Revd Martin Wood
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Monday March 30th

8.00 pm	Holcombe Burnell	Compline	Revd Martin Wood
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Tuesday March 31st

8.00 pm	Cheriton Bishop	Compline	Revd Martin Wood
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Thursdays 10.30 am Pathfinder Holy Communion BCP
5th, 12th, 19th, and 26th Revd Martin Wood

Is Spring Here?

I was amused to see what comes after Christmas in the different shops in January. As the aisles were cleared of unwanted Christmas tinsel and baubles there was new stock waiting to take its place. In the supermarket the Christmas sweets were immediately replaced with Easter Eggs. It is hard to imagine people thinking in the first week in January, I must buy some Easter Eggs for April. In the pound shop the Christmas stock was replaced with gardening equipment and seeds. In the DIY shops it is the season of redecoration and paint. Most exciting of all, was the chemist in which Christmas gifts for him or her were replaced with aisles of sun cream. If I was given a choice in the first week of January it would not be Easter eggs or gardening or decorating, it would be somewhere hot where I would need plenty of sun cream!

The shops reflect what we might want or need as customers. In fairness to the shops they are gearing up for Spring although, by my timing, it is a little premature. It is always intriguing as to when Spring has sprung. However Spring refers both to the season of weather and time, and also to ideas of rebirth, rejuvenation, renewal, resurrection and regrowth. None of that long list, happen all on one day. Spring has sprung when you determine what you base it on. For most of us it is when it gets warmer and brighter which changes each year depending on which weather system is in control. Perhaps we need to rely on nature to tell us, when we see the bulbs appearing and blossom in the trees again, it is not an exact science.

As we move through March there will be events and dates that will tell us that Spring has finally come. From the point of resurrection we will not to have to wait much longer for Easter which is on Sunday 5th April. The last week of March starts us in Holy Week. It begins on Palm Sunday on 29th March. Palm Sunday is so called because as Jesus enters Jerusalem the capital city of Israel, the crowds lay down palm branches and their coats to make a special path for Jesus' entry to the city. It would be like the entrance of a King. There is great excitement and expectation that Jesus is going to do something special. For many they hoped that Jesus might liberate them from control by the Roman Empire. They pictured God working against the oppressors, in terms of power overcoming power. Those same crowds would later call for Jesus' death by crucifixion. Jesus came to show that love and forgiveness provide more hope than mortal or earthly power. March will end with the dark shadow of death hanging over Jesus. We have to wait for April to spring Jesus from the tomb. We will get a glimpse of God's amazing love.

Rev. Martin Wood. The Rectory, Church Lane, Cheriton Bishop EX6 6HY 01647 24119 (Tuesday to Sunday)

DAILY OFFICE (MATTINS AND EVENSONG)

Martin will be saying the Daily Office (Mattins and Evensong) in each of the churches once a week at 9.00 am and 3.00 pm as follows:

Tuesday: Holcombe Burnell

Wednesday: Tedburn St. Mary

Thursday: Cheriton Bishop

Friday: Whitestone

He will be very pleased to see anyone who wishes to join him or speak to him at these times as well.

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DAVID JOHN PROUSE

8th February 1955 – 1st February 2015

The Prouse Families of Woodbury, Tedburn St Mary and West Rowhorne Farm would like to thank everyone for their kind messages of support, flowers and cards following the sudden death of David.

David was born at West Rowhorne Farm where he grew up alongside his brother Robert, who both shared a passion for farming following in their parents' footsteps. David was well known around the village for his Bell Ringing, time served as a Parish Councillor and as Stage Manager for the Pantomime and occasionally treading the boards.

He died doing the job he loved and he will be greatly missed by his wife, Ruth and children, Philip, Alice and Sally, his parents, Bob and Olive, the rest of the Prouse family and everyone who knew him.

A TRIBUTE TO DAVE PROUSE

Everyone who knew him will have been shocked and saddened by the sudden death of David Prouse. He farmed at Hackworthy and lived there until moving to Woodbury, commuting daily to work the farm. He was instrumental in saving the peal of Whitestone Church bells about 10 years ago after the deaths of several experienced ringers and continued to ring the church bells when needed. His cheerful friendliness whenever he stopped the tractor to have a chat was always a tonic, and he will be much missed by his friends and neighbours.

Dave was cremated on the 17th February 2015 at the East Devon Crematorium. The service to celebrate his life was attended by over 250 people with many of them standing outside listening to the tributes and reflections on his life relayed over the loudspeakers. His sense of humour shone through the considerations; from his description of himself - "I'm a farmer - a man out standing in his field" to the choice of farewell music at the end of the ceremony - the theme from 'The Great Escape' by Elmer Bernstein.

He will truly be missed.

Jennifer Kellagher

A TRIBUTE TO DAVE PROUSE

I'd known David since childhood. He always had a smile and stopped for a chat when possible. I remember how he took me for rides on his tractor to pick up hay bales and in his little car to count the bullocks grazing in Big Bickham field. Over the years he made hay in our meadow and neatly trimmed the hedges for us. We shall really miss his happy personality

Ruth Charles

THANKS

The Prouse Family would like to thank the Bell Ringers for the Muffled Tribute Peal and kind address by James Bryant at St Catherine's Church, dedicated to David Prouse, on the 15th February 2015.



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CHURCH HOUSE EDUCATIONAL FOUNDATION

Written applications for grants for students and those eligible should be made to the Hon. Secretary by Thursday 7th May 2015.

The Annual General Meeting will be held in the Billiard Room of the Parish Hall on Tuesday 12th May 2015 at 8:15pm

Hon. Secretary: Mrs J. Thomas, 2 Barton Cottages, Whitestone EX4 2LB

Lent Course 2015

"Father, hallowed be your name, your kingdom come. Give us each day our daily bread. Forgive us our sins, for we are indebted to you, and lead us not into temptation." "Forgive everyone who is indebted to us."

The Lord's Prayer

The Lent course will follow the pilgrim course looking at the Lord's Prayer. The course will run for six evenings on a Wednesday at 7.30 pm and will rotate around the villages.

Date	Venue
4th March 2015	Pathfinder Church
11th March 2015	Longdown Village Hall
18th March 2015	Tedburn, Methodist Church Hall
25th March 2015	Spalding Hall, Cheriton Bishop
1st April 2015	Pathfinder Church

SERVICES FOR PASSIONTIDE and EASTER

Palm Sunday March 29th

10.30.am Team Communion Tedburn St Mary
Congregational reading of Passion
Gospel and distribution of Palm crosses

Monday and Tuesday in Holy Week

March 30th / 31st

8.00 pm Compline
Holcombe Burnell and Cheriton Bishop

Wednesday April 1st Pathfinder
Last session of Lent Course

Maundy Thursday April 2nd Tedburn St Mary
7.30.pm Holy Communion

Good Friday April 3rd
Cheriton Bishop and Holcombe Burnell
2.00 pm 1 hour at the Cross

EASTER SUNDAY April 5th
9.30.am St Catherine's Whitestone
Parish Communion

WHITESTONE PAROCHIAL CHURCH COUNCIL

The Annual General Meeting will be held in the Billiard Room of the Parish Hall on Tuesday 21st April 2015 at 7:30pm

Anyone not already on the Church Electoral Roll who wishes to be included should return the application form by 31st March.

Forms are available from the Church Table, Dr Richards, Mrs Halling or Mrs Thomas



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YES, IT REALLY IS A FREE LUNCH...!

Last year, members of St Catherine's church hosted Lent lunches in the Parish Hall on the Wednesdays during Lent for anyone who wanted to come. The free lunches started on Ash Wednesday, 18th February and will continue until 25th March. Soup, bread and an apple will be on offer (no chocolate or alcohol !!). As per last year, donations to WaterAid, Devon Air Ambulance, and/or non-perishable in-date food items* to take to the Exeter Food Bank would be welcome though there is **no obligation** for people to give anything.

Last year, we collected £115 for WaterAid, and £66 in the Devon Air Ambulance collection tin as well as taking approximately 21 kilos of food to the Exeter Food Bank.

Everyone is welcome to join us in the Parish Hall
from 12.30-2.00 pm on
Wednesday 4th, 11th, 18th and 25th March

* Items needed include 1L UHT Semi skim milk, 1L long-life fruit juice, noodle/pasta snacks, curry /pasta sauces, coffee - instant, tea bags, biscuits, and tins (sponge puddings, vegetables –peas/carrots/ sweetcorn/ potatoes, fish - tuna), and custard (tins/cartons),

For more information please call the Kellaghers on
01392 273864.

CHURCH DECORATION

Help and flowers is welcome for St. Catherine's decoration on Saturday 4th April from 9:15 am.

PUBLIC NOTICE

THE ANNUAL GENERAL MEETING

OF THE

WHITESTONE PARISH HALL
COMMITTEE OF MANAGEMENT
(Regd. Charity No 1134187)

WILL BE HELD ON

MONDAY, 11th MAY 2015

IN THE PARISH HALL AT 7.00 pm

THIS IS A PUBLIC MEETING OPEN TO ALL
INHABITANTS OF WHITESTONE, OLDRIDGE
AND NADDERWATER

NOMINATIONS ARE INVITED FROM THE PUBLIC
FOR THE ELECTION OF UP TO FOUR MEMBERS
TO SERVE ON THE COMMITTEE FOR THE
FORTHCOMING YEAR

NOMINATION FORMS ARE AVAILABLE FROM
THE SECRETARY, DEREK FISHER
(Tel 01392 811979)

FOR RETURN BY SUNDAY, 3rd MAY 2015

WHITESTONE

GARDENING CLUB



VEGETABLES TREES & SHRUBS
 ADVICE SEEDS SPEAKERS
 GARDEN VISITS

Interested?
 Then join our friendly gardening club

We meet every third Monday of the month
 at 7:30pm in Whitestone Parish Hall
 Contact - Gill Oakey, 811585

MARCH TIPS FROM THE GARDEN CLUB

First signs of spring at last ! The garden is coming
 alive so enjoy the lovely colours appearing all
 around !

JOBS TO DO

1. If not done in September, this is the month for pruning bush and climbing roses.
2. Feed winter flowering heathers.
3. Prune Cornus and Willow back to ground level in order to produce straight coloured stems next winter.
4. Plant summer flowering bulbs.
5. Take cutting from dahlia tubers.
6. Plant early potatoes.
7. Start to mow lawns regularly.
8. Split polyanthus after flowering.
9. Lift and divide overgrown clumps of perennials.
10. Take winter netting off ponds and begin to feed fish.

Late in the month, the clocks go forward, lengthening daylight hours, so there's no excuse for not using that extra time in the garden !!

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 25th & 26th April

Crystal Foundation Course
 23rd & 24th May

Traditional Usui Reiki Degree two -
 Practitioner level

26th & 27th September

Crystal & Chakra Practitioner level
 24th & 25th October

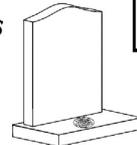
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PARISH COUNCIL MINUTES 12th Feb 2015

DRAFT Minutes of Whitestone Parish Council meeting held at Whitestone Parish Hall at 7.30pm on Thursday 12th February 2015 to be ratified on 12th March and subject to amendments.

Attendance: Chairman – Councillor L Hickman
Councillors Ms T Baird, Mrs M Belt, Mrs B Bramhall,
Mrs P Fisher, D Munro, P Nierop,
R Phillips, A Reed

District Councillor P Bromell.

County Councillor J Brook (to give his report)

Clerk to the Council Mrs P Vaughan,
Mrs B Netherway.

Apologies: Cllr M Quinn

The Chairman opened the meeting and the Minutes of the Parish Council Meeting held on 8th January 2015 having been circulated were taken as read and signed by Cllr Hickman.

REPORTS FROM COUNTY COUNCILLOR / DISTRICT COUNCILLOR

District Councillor Bromell noted that there was a planning application for Swan Lake on the agenda and said that he had been asked by both Tedburn St Mary and Holcombe Burnell Parish Councils to raise their concerns about this site. The Clerk gave information regarding complaints made to Teignbridge Planning as far back as 1997 regarding unauthorised change of use of buildings at the site and following a complaint by Whitestone in February 2014 gave details of the response received from the Planning Enforcement Officer which had noted that following inspection of the site there was nothing to suggest that the land and buildings are being used for residential purposes. A monitoring procedure was suggested but it had been decided at that time that no further action would be taken by the Whitestone Parish Council. After discussion it was decided that Whitestone Parish Council do not support further investigation due to the lack of any clear evidence to authenticate such action.

County Councillor Brook reported that consultations regarding the Devon County budget were still ongoing and spoke regarding the expected cuts in bus services in country areas. He advised that Parish Councils should contact him if they wished to make application for a grant from his Budget Fund.

PLANNING

Cllr Baird declared an interest in the application for Brooklands Mills, Nadderwater.

The following applications/plans were examined and discussion took place with the subsequent observations:

14/03594/FUL – Wood and agricultural machinery store at Swan Lake, Tedburn Road.

Six Councillors supported and three were against. To be requested that there are stipulations that this would not be converted for occupancy.

15/00097/FUL – Raising of roof to form first floor, two side extensions, new parking area and decking on rear (north) elevation at Cherrydown, Longdown. No objections

14/03718/FUL – First floor extension to existing dwelling to include annexe, ground floor extensions, rear dormers and first floor raised terrace at Alphin Springs. No objections but stipulation that it is for single family occupancy

15/00197/FUL – Alterations to convert office building to dwelling including rear dormer, three front roof windows and provision of parking/garden at Brooklands Mill, Nadderwater. No objections

15/00259/FUL – First floor rear extension at Haccadown, Longdown. No objections.

15/00250/FUL – Change of use of barn to holiday accommodation and provision of a holiday lodge at Rowhorne Farm, Nadderwater.

This application is not supported. Objections as development does not meet any of the eligibility criteria for new buildings in open countryside and will generate increased traffic in the area due to farm vehicles continuing to be used alongside the proposed change of use and erection of the holiday lodge.

Notification of Appeal

Appeal against refusal for change of use of a barn from agricultural use to a dwelling at Ham Farm, Tedburn Road

MATTERS FOR DISCUSSION

Parking at Merrymeet

A letter had been received from a resident voicing concerns regarding parking causing difficulty for utility vehicles accessing the properties and the potential for a more serious issue should emergency vehicles have to be called. Discussion took place and it was suggested that leaflets similar to those made for the same problem which is occurring at Crossways should be produced and distributed.

Hedge Cutting at Nadderwater

Cllr Baird reported that she had approached one of the residents concerned but had been unable to contact the second. Councillors noted that the overgrown hedges both at Nadderwater and in Church Lane were causing concern for motorists.

Gully Cleaning/Drainage Survey

A survey which had been carried out in February 2014 had been circulated to Councillors and Cllr Hickman asked that if they could use this to verify what areas are still in need of work and report back to the Council. This would give some indication of what the ultimate costing would be for the Parish Council. Cllr Phillips has obtained one quotation of £41.70 an hour plus VAT.

Asset Group Report

School Houses - Cllr Reed reported that a PAT test has been carried out in No 2 School Houses and the Letting Agents will be obtaining revised Energy Efficiency Certificates for both houses. It was reported that remedial works have been completed on the fireplace at 1 School House at a cost of £495.60 (including £82.60 VAT)

Crossway Park - Cllr Reed, as Chair of the Asset Group, had discussions with the Assets Group and Cllr Fisher and as a result it has been agreed that the faulty Monkey Frame will be removed as soon as possible. After discussion it was proposed that a replacement should be erected. It was also proposed that a notice should be erected requesting that children should be supervised at all times.

Storage facilities at Parish Hall

This issue is still under investigation as the Council is awaiting confirmation from the Sports and Social Club that they are willing to use the alternative storage facility. The question of rental for the storage usage will be discussed at a later date.

Parish Paths Partnership

Cllr Munro will be completing the P3 Summary necessary to enable the Parish Council to apply for a Grant. The Clerk informed the Council that at the present time there is a £4.36 overspend on these monies as we have not received a Grant since 2011/12.

Annual Audit – Financial Regulations

The Clerk informed the meeting that the annual internal audit will take place on 26th May 2015. The Financial Regulations as recommended by NALC 2014 were circulated to Councillors and it was noted that these rulings are used by the Clerk in the dealings of the Council and they were duly adopted.

Parish Council Elections

The Parish Clerk had received information that the necessary Nomination Packs will be sent during February for distribution to those wishing to apply to become Councillors. The publication of Notice of Election will be not later than 30th March and this is when the nomination process starts. The Polling date will be Thursday 7th May.

MATTERS RAISED BY THE CHAIRMAN

Cllr Hickman then reported on attending the Teignbridge Association of Local Councils meeting and passed on some of the information he had gleaned. The notes for this meeting together with a Police Crime Report had been circulated by the Clerk.

FINANCE

Income

School Houses rents for February £1,425 – Letting Agency fees £136.80 (including £22.80 VAT) =
£1,288.20

Expenditure

Whitestone Parish Hall Management Committee (February) £95.00
Devon Association of Local Councils – Preparing for Elections Training £24.00 (including £4 VAT)
Devon Association of Local Councils – New Councillor Training £30.00 (including £5 VAT)
Clerk's expenses £45.22
Sparks & Sons £495.60 (including £82.60 VAT)

CORRESPONDENCE

A response has been received from the Exeter Municipal Charity regarding the drainage issues in the field above Nadderwater and they state they will investigate the problem.

REPORTS

Cllr Belt reported attending a Hall Committee meeting and said that the storage issues were discussed and are being looked into.

Cllr Belt had delivered the notices to the residents at Crossways but some were still unhappy about the parking situation and suggested that the grass areas might be concreted over. It was agreed that this would probably be a decision for the Housing Authority to make.

A large pothole was reported in Pound Lane by Spring Gardens.

Cllr Phillips reported that a wall by the reservoir above Whitestone House had fallen into the road and requested that it be reported to Devon Highways although it has been temporarily replaced.

Cllr Nierop asked if there was a report on the progress of the Parish Plan Steering Group and Cllr Belt said that there had been no meetings since before Christmas. The Clerk was instructed to write to Mrs Greenfield.

The death of Mr David Prouse who was previously a resident was reported and condolences were expressed to his family.

The meeting closed at 9.50pm.

BOOKING THE PARISH HALL

Please contact the Booking Clerk, Pauline Fisher to arrange bookings for the Parish Hall.

Pauline Fisher

Tel: 01392 811979

email: kingfisher.dormers@gmail.com

The last date for contributions to the April 2015 Parish Magazine is Monday 16th March
Please send articles to Jock Kirkpatrick 2 Merrymeet, Whitestone kirkpatrick@eclipse.co.uk

If you have any comments to make on the content, layout or any other matters concerning this magazine, please contact the Editor: Mrs Jennifer Kellagher, East Rowhorne, Nadderwater, Exeter EX4 2LQ 01392 273864.

We always welcome any suggestions to improve the magazine.

If you wish to place an advertisement, please contact the editor for the current rates.

BARN DANCE AND CÈILIDH

Come and enjoy a great evening dancing in aid of Riding for the Disabled



The Willand band, **MORE THE MERRIER** have kindly donated their services.

Friday 20th March 2015

Whitestone Parish Hall

Licensed Bar

Tickets only £5 at the door

For further details, please contact Sue on 01392 218148

RED SQUIRREL IN WHITESTONE

A red squirrel has been visiting our garden on the outskirts of Whitestone almost every day for over two weeks and at time of writing is still here.



First seen on 22nd January we didn't spot him again until 31st January and since then he has been coming most days to chump on the nuts in the bird feeder, often staying for up to an hour. We also see him jumping and running around in the tops of nearby trees and one day running on to the lawn and sitting down to stare at me for a few seconds.

Devon Wildlife Trust are surprised as there are no wild squirrels in Devon, the only known group are in an enclosure at Escott Park. We have seen only one squirrel, no sign of a mate, so not sure what will happen to 'Sammy'.

However, for us it has been an enormous privilege to have this beautiful creature in our garden.

For reference, here is a picture of a grey squirrel: compare the ears. It's a pity that the russet colour of the red squirrel isn't highlighted in black & white!



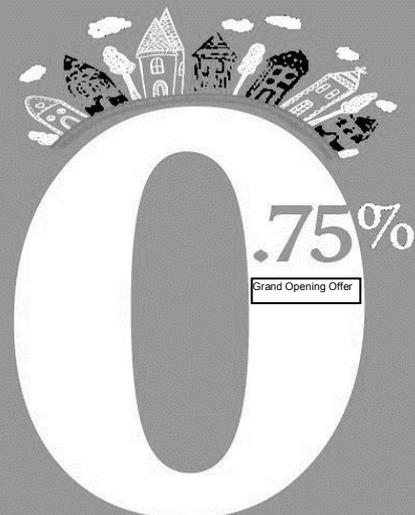
WHITESTONE PANTOMIME

The pantomime, Treasure Island, was a great success and all those who took part in it should feel very proud of themselves. It is amazing what talent can emerge from this not very big village, and all the hard work from those on and behind the stage resulted in a most entertaining show. It would be invidious to praise any particular performer as everyone spoke and sang so well. The costumes were as amazing as ever. Congratulations to everybody.

Jennifer Kellagher

Once again, many thanks to all concerned for another good old, traditional village pantomime. A special thanks and congratulations to Nikki, Sophie and Bexs for their time, patience and achievement with the younger members of the cast - as usual, superb results.

Belle Netherway



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1. Opening, closing and checking the hall after non-regular hirings
2. Setting heating controls, according to bookings and ordering fuel supplies as necessary
3. Checking security of building
4. Ensuring rubbish is made available for weekly Council collection
5. In accordance with a schedule of duties, ensuring the premises are kept clean and tidy at all times, that expendable items are replenished as necessary and new supplies are ordered.

The actual hours worked each month shall not exceed 40. Payment (monthly) will not be lower than the hourly Statutory Minimum Wage (currently £6.50) less tax if applicable.

If necessary the Committee will consider separate applications in respect of items 1-4 only (i.e. the Caretaker role at 10 hours per month) and item 5 only (i.e. the Cleaner role at 30 hours per month).

Applications, in writing by 1st May 2015 to:
The Secretary, Committee of Management, 14 Church Lane, Whitestone, from whom a Job Description may be obtained.

APPEAL

Grandparents or parents - have we lent you a travel cot? We have realised that we have a travel cot missing that we lent out to someone quite a few years ago. We can't remember who but would really appreciate it if we could have it back. It had brightly coloured trim around the top - turquoise, pink and yellow with white mesh sides. It came in a bag that was either turquoise or purple. If you can help please contact Vicky or James Bryant on 811391. Thank you.

**WHITESTONE FETE
27 JUNE 2015**

We are inviting teams of 6 to take part in a Tug-o-War event from 3:15 pm onwards. It's only £5 for each team to enter with a cup or prize for the winning team.

CLOSING DATE TO SUBMIT A TEAM IS THE END OF MAY 2015. Contact Jock Kirkpatrick on 811205, Mary Belt on 811374 or Tracey Baird at the Royal Oak on 01392 272352.

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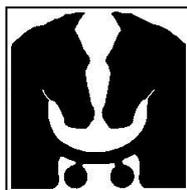


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WHITESTONE FETE 27 JUNE 2015

The draft timetable for the main events (which is subject to change) is:

2:30 pm Children Fancy Dress costumes

2:45 pm Maypole Dancing

3:15 pm Tug-o-War

4:00 pm Children's Races

4:45 pm Raffle

5:00 pm Great Egg Throwing Competition

While all this is going on, we will have:

Barbeque, Skittles, Crockery Smash, Bouncy Castle, Face Painting, Cake Stall, Ice Creams, Cream Teas, Stocks, Kick -a-Ball, Lollipop Island, Children's Plate Garden Competition, Slow Cycle Race, Flower Arrangement Competition, Bottle of Wine or Water game, 'Fluffy Tombola' and a Licenced Bar!

For further details. Please contact Jock Kirkpatrick on 811205, Mary Belt on 811374 or Tracey Baird at the Royal Oak on 01392 272352.

JUST FOR FUN COMPUTER PASSWORDS

Please enter your new password:

"cabbage"

Sorry, the password must be more than 8 characters.

"boiled cabbage"

Sorry, the password must contain 1 numerical character.

"1 boiled cabbage"

Sorry, the password cannot have blank spaces.

"50boiledcabbages"

Sorry, the password must contain at least one upper case character.

"50BOILEDcabbages"

Sorry, the password cannot use more than one upper case character consecutively.

"50BoiledCabbagesShovedDownYourThroatIfYouDon't GiveMeAccessNow!"

Sorry, the password cannot contain punctuation.

"GettingAngryNow50BoiledCabbagesShovedDownYour ThroatIfYouDon'tGiveMeAccessNow"

Sorry, that password is already in use.

THE GREEN CORNER (1)

If you've got a wood-burning stove, you'll know how great it is. There's something deeply satisfying about it in a primeval sort of way - and not just because you can sit by the flickering flames in the evening like our ancestors have done for thousands of years. Gathering and stacking the wood is satisfying in itself but, if your stove has a flat top, you can also cook food on it - like a slow cooked stew for example. And of course you can put a pan of water on it for the washing up. If your stove has a back-boiler as well, you can use it to help with your central heating and hot water.

So you can have warmth, hot water and a cooking stove and, even if you only use it as something nice to look at, it's good to know you have back-up in the case of electricity failure. And of course, if you pull dead wood out of the hedges when you're out walking the dog or just out for a stroll, you can content yourself that instead of the wood rotting away back to the CO₂ it was made from, you're getting useful heat out of it and preventing the burning of a certain amount of fossil fuel in the process.

THE GREEN CORNER (2)

Apparently not only do half of American Republicans think the US did find weapons of mass destruction in Iraq, but almost half do not believe in evolution and over half think global warming is a hoax!

THE HEALTH CORNER

Did you see that report from the Academy of Medical Royal Colleges saying that regular exercise is often more effective than taking pills?

Apparently regular exercise reduces the risk of dementia, type 2 diabetes, some cancers, depression, heart disease and other serious common illnesses by at least 30% - better than many drugs. The risk of breast cancer is reduced by 25%, bowel cancer by 45%, getting dementia or having a stroke by 30% and high blood pressure and type 2 diabetes by 50%. The report says that 70% of the NHS budget is spent on people with chronic conditions which could be avoided or alleviated by greater activity.

Time to get a dog? People who regularly walk a dog are 34% more likely to get sufficient exercise than others. But the exercise has to increase the heart rate at least slightly and get you a bit sweaty.

Peter Hanson

A SLICE OF PI

Most people know that pi (π) is the ratio of the circumference of any circle divided by its diameter. It is commonly given the value of 22 divided by 7. However, it is one of these numbers that actually goes indefinitely. Peter Hanson is issuing a challenge to help readers stave off Alzheimer's by seeing who can be the first to memorise Pi to 100 places.

Here it is:

3.14159265358979323846264338327950288419716939937
5105820974944592307816406286208998628034825342117
0679.....

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FEBRUARY ON THE FARM

Already the days are noticeably longer, the dark pushed back each morning and each evening. We wait for the forecast cold weather, great to dampen down pests and diseases, and we'd rather everything just carried on growing. I saw a little badger running down the road, plump and healthy. This winter has been much easier than the last two, and I'm hopeful the setts are dry and warm and the badgers will fight off infection, to save our animals from harm. Everything starts to feel hopeful, and the signs of spring are getting louder and clearer in every warm spell.



I cultivate my garden, which now provides the Kitchen with salads, herbs and flowers. That was a challenge with short days and frost on the ground. Each warmer day brings more growth, and I'm nursing the plants through the cold snaps. The primroses and pansies are the core flowers now, with some rocket, mustard and broccoli flowers giving bright yellow.

FARM KITCHEN - I love Quicke's Farm Kitchen, our cafe on the farm. I love it that people enjoy coming again and again. I love how people really seem to enjoy themselves, the food and the sense of eating food in view of the source of it, the grass and the cattle. We can tell the story of what we do here, and the wildlife and landscape we support, and how eating the food supports that wildlife and landscape. Although it's in a safari tent, we've kept it warm through the cold weather, thank you to everyone who has supported it so whole heartedly.

CROPS - The crops start their growth. They've come through the winter well, with our care of the soil, the easy winter and the even drilling from our GPS-guided tractor. Fewer deer mean less bare patches. We've still got the deer here, and it's lovely to see them, it's just you can have too much of a good thing. Enough make very good eating in the Farm Kitchen. We can enjoy seeing them on the woodland edges, and enjoy eating them - a good balance. In our crowded island, on our crowded planet, we need to keep the balance right between people and the natural world.

GRASS - The grass has had its annual holiday from grazing. Now we see what the winter has left us to graze - some grass held over from the warm autumn, and a very little grown over winter, and just starting to grow now as it warms up, all looking healthy. We watch, and walk, and measure to see the crucial time to send the cows out for the first time, that most joyous of events in the farming year. Then even the most matronly of the cows lets it all swing as they skip, dance, buck and butt to greet the grassland. The soil needs to be firm enough to suffer minimum damage from their grass-fuelled bacchanal. We hosted a farmers' meeting last month on Free Range Dairy, to highlight the benefits of grass fed cows, www.freerangedairy.org. It's great to see this movement gaining pace, with all the health, environmental and cow welfare benefits of grass fed.

COWS - The spring calving cows are just starting to calve, that great expression of hope and gorgeousness as the cows deliver their calves, the girls our future dairy herd. Our crossbreed cow, a mix of Kiwi Friesian,



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Swedish Red, Montbeliard and now a little touch of Jersey, calve easily with vital life-seeking little calves. Any cow takes a little time to recover and look her best (as those of us who've done it can attest), and our ladies are up and going soon. We aren't expecting huge yields of them, although the physiological demands of suddenly starting milking are tiring even if yields are modest. We tend them, send them out to grass, and everyone is soon shiny and happy.

The autumn calved cows are milking well, and happy to go out on grass. The stored sunshine in the silage pit has done them well over the winter, and nothing beats grass.

HEIFERS - The heifers follow their older sisters out as soon as possible. Some have spent the winter outside, behind wildlife-proof fencing. It's harder on the ground, and better for their health and growth - we'll have to work out the best balance, as always in farming.

CALVES - As soon as the calves are feeding themselves securely, they go outside, and we take the milk to them. It's lovely to see how quickly bemused little calves, unsure of what to do and where their mum is as newborns, become alert (about a day) and then confident, sassy and friendly (about a week).

MILK - Then the spring milk comes in, the glory of grass fed, that extra layer of flavour arising from the magic green stuff. Milk volumes rise as more cows calve, giving the dairy team more milk to turn into junket then curd, then to cheddar by blocking and turning the curd, then milling and salting. All the more cheese to mould up, press up, to dress and to turn, all in pursuit of lovely flavour.

CHEESE - Our mature cheddar is tasting particularly gorgeous at present, and it's lovely to think of all that yum finding its way across the globe. People are enjoying it from Australia and New Zealand right the way to California. I love that we get to create and be absorbed by making the most lovely flavours we can that people can enjoy right here on the farm in our Kitchen, around the country and across the ocean. Thank you for enjoying it!

RECIPE - Janine Watkins www.webakelove.com gave me this Cauliflower cheese soup. It's a lovely winter standby, along the lines of Cauliflower and parmesan soup. I like it with cheddar as well.

1 big cauliflower roughly chopped, keep some of the outer leaves too.

2 onions chopped

1 garlic clove

1 large potato, peeled and chopped

1-2 litre of stock

100ml double cream

100g of Quicks Hard goat or ewe cheese, grated

1-2 sprigs of fresh thyme picked off stem.

Seasoning

Add all the roughly chopped vegetables and garlic to a pan and sweat in oil on a medium heat.

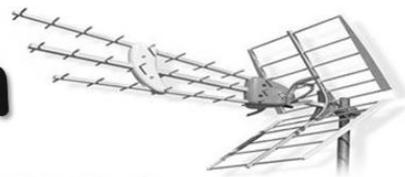
Add the stock, cook for 30 minutes until all veg is soft.

Add cheese cream and thyme, take off heat, whiz with a blender until smooth, add seasoning to taste.

Serve with crusty bread and an extra curl of cheese.

Mary Quicke

Kevin Osborne



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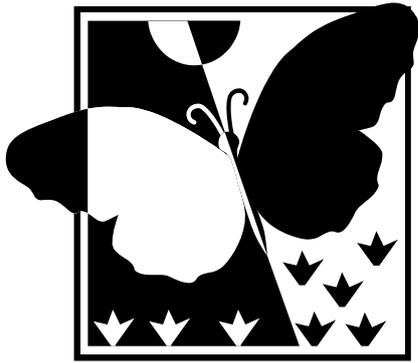
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Cuban Airwaves Whitestone's own Salsa Band

Every month "Cuban Airwaves" meet to play a set playlist in the parish hall. Everyone is welcome, especially any budding acoustic musicians, singers or percussion players.



We play popular Cuban and other Latin music and sheet music is available if required. We meet on a Friday evening at 7:30 pm so please ring if you are interested to find out details of this month's session.

The next date for our meeting is:

13th March(Main Hall)

Please make a note in your diary.

Call Dave Lee on 01392 811579 or email at dave.lee1071@gmail.com

There is a small charge of £2.00 to cover hall hire.

FOLK at the OAK

Folk songs and instrumental music
Come and join in - Free entry
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Next meeting: 17th March

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WHITESTONE FETE 27 JUNE 2015

Tables for the sale of your own goods will be available for hire at the Fete for £10. Please contact Jock Kirkpatrick on 811205, Mary Belt on 811374 or Tracey Baird at the Royal Oak on 01392 272352.

CONCERTS IN THE CHURCH

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The room was full of pregnant women with their husbands.

The instructor said, "Ladies, remember that exercise is good for you. Walking is especially beneficial. It strengthens the pelvic muscles and will make delivery that much easier.

Just pace yourself, make plenty of stops and try to stay, on a soft surface. like grass".

"Gentlemen, remember - you're in this together. It wouldn't hurt you, to go walking with her.

In fact, that shared experience would be good for you both".

The room suddenly became very quiet as the men absorbed this information.

After a few moments a man, name unknown, at the back of the room, slowly raised his hand.

"Yes?" said the Instructor.

"I was just wondering if it would be all right, if she carries a golf bag while we walk"?

EARRINGS

Did you ever wonder why earrings became so popular with men?

A man is at work one day when he notices that his co-worker is wearing an earring. The man knows his co-worker to be a normally conservative person and is curious about his sudden change in "fashion sense." The man walks up to him and says, "I didn't know you were into earrings."

"Don't make such a big deal, it's only an earring," he replies sheepishly.

His friend falls silent for a few minutes, but then his curiosity prods him to ask, "So, how long have you been wearing one?"

"Ever since my wife found it in my car".

MARRIAGE

The mother-in-law stopped by her daughter's house after shopping to find her son-in-law boiling angry and hurriedly packing his suitcase.

"What happened?" she asked anxiously.

"What happened? I'll tell you what happened. I sent an email to my wife --- your daughter --- telling her I was coming home a day early from my fishing trip. I got home... and guess what I found? Your daughter in bed with a naked man! This is unforgivable, the end of our marriage. I'm done. I'm leaving forever!"

"Calm down, calm down!" said his mother-in-law. "There's something very odd about that. She would never do such a thing. There must be a simple explanation. I'll go speak to her and find out what happened."

A few minutes later, the mother-in-law came back with a big smile and said, "I told you there must be a simple explanation --- she didn't get your email."

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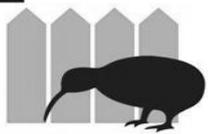
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TABLE TENNIS

Table Tennis usually takes place in the Parish Hall on Monday evenings 7:30 to 10 pm (except when the Social Club is meeting or it's a Bank Holiday). For March, all but one Monday is available giving Table Tennis on:

2nd, 9th, 16th & 30th March.

Everybody will be welcome for an evening's fun, entertainment and fitness workout for only £1.50. Up to four tables will be available. Just remember that children under 16 must be accompanied by a responsible adult.

WHITESTONE WALKERS

Next Walk - **1st March 2015**

The walk will be led by Herb Piper and will be in and around the Skaigh valley.

Meet at Whitestone Village Hall at 09.30 for car sharing or in the National Trust car park at the Finch Foundry, Sticklepath at 10.00.

Directions - Set satnav to EX20 2NW or take the A30 towards Okehampton. At Whiddon Down, take the A382 to the west to Sticklepath (about 3 miles). The car park at Finch Foundry is through a narrow arch on your left.

CHURCH BELL RINGING

We practise most Thursday evenings at St Catherine's Church from 7:30 to 9:00 pm with the first 30 minutes reserved for beginners.

If you would like to learn, find out more, or are a visiting ringer, we would be very pleased to see you. To confirm that we are practising on a particular Thursday, please telephone James Bryant on 01392 811391.

WHITESTONE ARTS & CRAFTS MORNING

(Co-ordinator Sandy Oxford on 078669 20719)

Arts & Crafts mornings are open to everyone. If you would like to be "doing things" then bring your projects and materials to Whitestone Parish Hall, 9:30 am to noon on Thursday, **5th March.**

Future dates already booked are 9th April and 14th May but then a break for summer until 10th September. Cost is £2 to cover room hire & tea/coffee & biscuits.

On 5th March, one of our group is going to teach beginners basic crochet. If you would like to learn, please call to book a place.

To find out more, please contact Sandy Oxford.

SHORT MAT BOWLS

There are people to help and guide you and we try to make it a fun time if not a little serious at times!!

For March, short mat bowls will take place on:

Tuesday evening **3rd, 10th, 17th, 24th & 31st**
7.30 pm to 9.30 pm

Wednesday morning **4th, 11th, 18th & 25th**
10 am to noon

Friday evening **6th & 27th**
7.30 pm to 9.30 pm

Details always available from Gill and David 811585 or Sue and Jock 811205

BOOK CLUB

(Co-ordinator Sandy Oxford on 078669 20719)

Whitestone Parish Hall from 2 to 4 pm.

For our next meeting, on Monday **9th March**, we are reading George Elliot's, "The Mill on the Floss".

If you would like to join the Book Club, please let me know and I will add your name to the waiting list.

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WHITESTONE SOCIAL CLUB

(Coordinator Pauline Fisher, tel. 01392 811979)

Forthcoming Events are usually on Monday:

23rd Feb The history of the Old Forge, Whitestone
(Nick Thom)

21st March Members' Anniversary Meal (Note: SAT)

27th April Bowls at the ISCA Centre 6.45 pm

27th May Talk " Women Who Murder" (Note: WED)

Remember you are also very welcome to join us on an occasional basis for £2 a time.

All 'Bring & Share' food & drink evenings are a great way to meet other people in the village. In particular newcomers to the village can get to know people, make new friends and find out what is going on.

Most meetings are in Parish hall and start at 7:30 pm but please note the exceptions.

GARDENING CLUB

(Secretary: Derek Fisher, tel. 01392 811979)

If you've ever wondered what goes on in the bonsai nursery on the Cheriton Bishop road now is the time to find out. Neil Hutchings will be joining us at 7.30pm on Monday, 16th March, to explain all , answer questions on the art of bonsai and hopefully bringing along a few samples.

It is also the first month of our annual competition. The subject this time, one that everyone can enter is - "A posy of Spring flowers". Don't forget your £1 for draw ticket and tea/coffee. Non members always welcome but additional £2 on the door please.

WHITESTONE HANDBELL RINGERS

(for information, contact Mrs Chris Piper 01392 811365)

If anyone would like to join us, we welcome both experienced and learners alike. At present we practice every Thursday afternoon between 2 and 3 p.m.

PARISH COUNCIL MEETING

The next meeting will be on:

Thursday **12th March** at 7.30pm.

Members of the Public and Press are invited to attend.

BABY & TODDLER GROUP

(Please contact us at:

whitestonebabyandtoddlergroup@live.co.uk)

Whitestone Baby & Toddlers usually meet every Tuesday morning in Whitestone Parish Hall from 10 am to noon.

We look forward to seeing you there!!

BENEFICE CHOIR

Anyone who would like to join the choir and sing please contact Jackie Lightband (811527). New recruits always welcome.

PILATES IN THE PARISH HALL

Please join us for Pilates with an expert instructor on Thursdays **March 5th, 12th, 19th & 26th** at 6.45pm.

Classes cost £6.50 or £30 for 6.

VILLAGE VOICES

(Liz Watkins tel.01392 811285)

Rehearsals every Thursday from 8.00pm to 9.30 pm on **5th, 12th, 19th & 26th March.**

Do come to our concert at the Devon Performing Arts Festival, Baptist Church, South Street at 4.55 pm on Saturday, March 14th.

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°Groceries °Meat °Frozen food °Vegetable °Fresh bread and cakes (daily delivery) °Dairy products °Newspapers °Magazines °Cards °Stamps °Confectionery °Crisps °Tobacco ° Wines and Spirits °Light bulbs °Batteries + many other items

Our shop in Tedburn is open till 9pm every night 7 days a week including bank holidays. We open at 6am Monday to Saturday and 8am on a Sunday



SRS Maintenance
Steve Spencer

Interior and Exterior Decorating



*Guttering
Brickwork
Patios
Fencing*

Tel: 01392 851281 Mob: 07855980536

GRAHAM CHERITON

Electrical Contractor

Exhibition & Show Specialist

**Public Address System available for
weddings, funerals and other occasions**



Oldridge Barton

Whitestone, Exeter, Devon, EX4 2HU

Tel. 01647 61234

Mobile. 07971 274271

DATES FOR YOUR DIARY		
Mon	23 February 2015	Social Club - Talks by Nick Thom - "History of the Old Forge" - 7:30 pm
Sat	28 February 2015	Chagford Singers Singing Day - Chagford Primary School
Sun	01 March 2015	Whitestone Walkers - Meet at Parish Hall - 09:30 am
Wed	04 March 2015	Lent Course - Pathfinder Church - 7:30 pm
Thu	05 March 2015	Arts & Crafts morning - Whitestone Parish Hall - 9:30 am to noon
Mon	09 March 2015	Book Club - Whitestone Parish Hall - 2:00 pm to 4:00 pm
Wed	11 March 2015	Lent Course - Longdown Village Hall - 7:30 pm
Thu	12 March 2015	Whitestone Parish Council Meeting - Billiard Room - Parish Hall - 7:30 pm
Fri	13 March 2015	Cuban Airwaves - Whitestone Parish Hall - 7:30 pm
Sat	14 March 2015	Village Voices - Devon Performing Arts Festival , Exeter - 4:55 pm
Mon	16 March 2015	LAST DATE FOR SUBMISSION OF ARTICLES FOR APRIL 2015 MAGAZINE
Mon	16 March 2015	Gardening Club - Neil Hutchings on Bonsai - 7:30pm
Tue	17 March 2015	Folk at the Oak - Royal Oak, Nadderwater - 8.00 pm
Wed	18 March 2015	Lent Course - Tedburn Methodist Church Hall - 7:30 pm
Sat	21 March 2015	Social Club - Members Anniversary Meal - Whitestone Parish Hall - 7:30 pm
Wed	25 March 2015	Lent Course - Spalding Hall, Cheriton Bishop - 7:30 pm
Tue	31 March 2015	Whitestone Parochial Church Council - Last day for entry on to Church Electoral Roll
Sat	04 April 2015	Decoration of St. Catherine's Church for Easter - from 9:15 am
Thu	09 April 2015	Arts & Crafts morning - Whitestone Parish Hall - 9:30 am to noon
Thu	16 April 2015	Concert in the Church - Holcombe Burnell - 7:30 pm
Tue	21 April 2015	Whitestone Parochial Church Council AGM - Billiard Room, Parish Hall -7:30pm

WEEKLY EVENTS IN FEBRUARY 2015		
	Dates	Event
Mon	2nd, 9th, 16th, 30th	Table Tennis - Whitestone Parish Hall - 7:30 to 10:00 pm
Tue	3rd, 10th, 17th, 24th	Baby & Toddler Group - Whitestone Parish Hall - 10:00 am to Noon
Tue	3rd, 10th, 17th, 24th	Short Mat Bowls - Whitestone Parish Hall - 7:30 to 9:30 pm
Wed	4th, 11th, 18th, 25th	Short Mat Bowls - Whitestone Parish Hall - 10:00 am to Noon
Wed	4th, 11th, 18th, 25th	Lent Lunch - Whitestone Parish Hall - 12:30 pm to 2.00 pm
Thu	5th, 12th, 19th, 26th	Whitestone Handbell Ringers - 2:00 to 3:00 pm
Thu	5th, 12th, 19th, 26th	Tedburn Art Group - Whitestone Parish Hall - 1:45 pm to 4:45 pm
Thu	5th, 12th, 19th, 26th	Pilates - Whitestone Parish Hall - 6:45 to 7:45 pm
Thu	5th, 12th, 19th, 26th	Village Voices - Whitestone Parish Hall - 8.00 pm to 9.30 pm
Fri	6th, 27th	Short Mat Bowls - Whitestone Parish Hall - 7:30 to 9:30 pm